

Syracuse University Indoor Invitational - 2/7/2004 to 2/8/2004

Results at www.cfpitiming.com

Manley Field House @Syracuse University

Women 60 Meter Dash

Section 1: 1, Richards, Deb, Suny Oswego, 8.13. 2, Zukowski, Karolina, Waterloo/ Canada, 8.32. 3, Hong, Patricia, Binghamton, 8.34. 4, Beatty, Ebony, Mohawk Valley C.C., 8.76. 5, Klaiich, Patricia, Erie C. C., 9.06. 6, Joseph, Crystal, Mohawk Valley C.C., 9.37.

Section 2: 1, Watkins, Aprelle, Unattached, 7.83. 2, Tassler, Heather, Binghamton, 7.98. 3, Bickle, Kate, Waterloo/ Canada, 8.09. 4, Gordon, Tyanna, Central TC Oshawa, 8.24. 5, Vitillo, Andrea, Erie C. C., 8.36. 6, Fields, Fetima, Buffalo, 8.39.

Section 3: 1, Culley, Alison, Unattached, 7.72. 2, Pessoa, Elan, Central TC Oshawa, 7.79. 3, Akinsulie, Esther, Ottawa Lions, 7.82. 4, Tucker, Christen, Syracuse Univ., 8.03. 5, Ventrone, Dana, Buffalo, 8.04. 6, Downer, Stacy, Buffalo, 8.11. 7, Mark, Sheron, Syracuse Univ., 8.18. 8, Boling, Valerie, Syracuse Univ., 8.26.

Women 200 Meter Dash

Section 1: 1, Culley, Alison, Unattached, 24.99. 2, Akinsulie, Esther, Ottawa Lions, 25.59. 3, Tassler, Heather, Binghamton, 25.94. 4, Downer, Stacy, Buffalo, 26.08. 5, Lewis, Bailey, Ottawa Lions, 26.10. 6, Coney, Patrice, Buffalo, 26.29.

Section 2: 1, Dickerson, Pauletta, Buffalo, 25.86. 2, Tucker, Christen, Syracuse Univ., 26.60. 3, Richards, Deb, Suny Oswego, 27.02. 4, Bickle, Kate, Waterloo/ Canada, 27.05. 5, Conner, Courtney, Ottawa Lions, 27.61. 6, Vitillo, Andrea, Erie C. C., 28.32.

Section 3: 1, Williams, Cassie, Delhi College, 26.95. 2, Snable, Sarah, Waterloo/ Canada, 26.98. 3, Ventrone, Dana, Buffalo, 27.57. 4, Zukowski, Karolina, Waterloo/ Canada, 27.72. 5, Klaiich, Patricia, Erie C. C., 30.08.

Section 4: 1, Willits, Cindy, Waterloo/ Canada, 28.13. 2, Cubero, Nicole, Delhi College, 28.18. 3, McCollum, Elizabeth, Morrisville, 29.00. 4, Joseph, Crystal, Mohawk Valley C.C., 32.69.

Women 400 Meter Dash

Section 1: 1, Lewis, Bailey, Ottawa Lions, 57.78. 2, Seiling, Krystal, Buffalo, 58.06. 3, Coney, Celestine, Buffalo, 58.63. 4, Wallace, Vashone, Buffalo, 58.72. 5, Walker, LaNae, Syracuse Univ., 59.14. 6, Vitillo, Andrea, Erie C. C., 65.72.

Section 2: 1, Least, Larisa, Unattached, 59.65. 2, Rogers, Meagan, Buffalo, 60.42. 3, Cianfarano, Jackie, Buffalo, 60.77. 4, White, Andrea, Ottawa Lions, 60.95. 5, Heisler, Kari, Binghamton, 61.96.

Section 3: 1, Romulus, Joy, Binghamton, 60.78. 2, Robertson, Elly, Ottawa Lions, 60.95. 3, Fox, Helen, Syracuse Univ., 62.43. 4, Partington, Amy, Buffalo, 63.26. 5, Denton, Dorraine, Delhi College, 63.90. 6, Conway, Stephanie, Buffalo, 67.63.

Section 4: 1, Willits, Cindy, Waterloo/ Canada, 63.78. 2, Tremblay, Stefanie, Mohawk Valley C.C., 64.64. 3, Pierce, Joanna, Syracuse Univ., 64.89. 4, Jackson, Gina, Waterloo/ Canada, 64.96. 5, Preston, Cassie, Syracuse Univ., 65.57. 6, St. Vil, Melissa, Mohawk Valley C.C., 67.39.

Women 1 Mile Run

Section 1: 1, Engel, Katie, Ottawa Lions, 4:58.38. 2, Cormier, Michelle, Ottawa Lions, 5:01.23. 3, McWilliams, Susan, Suny Oswego, 5:09.66. 4, Koepfel, Jennifer, Buffalo, 5:11.45. 5, Kramer, Stacy, Binghamton, 5:18.02. 6, Hicks, Amanda, Syracuse Univ., 5:28.56. 7, Yai chuk, Erin, Binghamton, 5:45.23. 8, Stellrecht, Maureen, Suny Oswego, 5:55.62.

Section 2: 1, Perkins, Shelby, Syracuse Univ., 5:30.02. 2, Mitton, Ericka,

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Syracuse Uni v. , 5:31.47. 3, Tai aki na, Valenti na, Waterloo/ Canada, 5:33.03. 4, Everding, Emily, Syracuse Uni v. , 5:34.21. 5, Ford, Patti, Syracuse Chargers, 5:38.78. 6, Tiller, Dana, McMaster, 5:50.61. 7, Cronmiller, Susanna, Buffalo, 5:52.52. 8, Matulewicz, Laura, McMaster, 5:59.64. 9, Vandewater, Lindsay, Mohawk Valley C. C. , 6:13.64.

Women 1000 Meter Run

Section 1: 1, Laske, Allison, Buffalo, 2:57.99. 2, Jezorski, Jennifer, Buffalo, 3:00.67. 3, Ince, Candace, Syracuse Uni v. , 3:02.54. 4, Tursi, Mary, Binghamton, 3:03.48. 5, Cornelius, Ashley, Binghamton, 3:05.06. 6, McWilliams, Susan, Suny Oswego, 3:06.12. 7, Hayes-Falls, Murphee, Syracuse Chargers, 3:08.56. 8, Pimm, Kelly, Syracuse Uni v. , 3:15.46.

Section 2: 1, Woods, Danelle, Ottawa Lions, 3:09.32. 2, Vi socchi, Adrienne, McMaster, 3:11.70. 3, Mulligan, Kristy, McMaster, 3:11.82. 4, Menard, Taryn, Binghamton, 3:13.76. 5, Sardone, Laura, Waterloo/ Canada, 3:20.50. 6, Forbes, Julie, McMaster, 3:23.37. 7, Page, Carly, Buffalo, 3:24.67. 8, Rui z, Ki sa, Syracuse Uni v. , 3:25.69. 9, Ambruso, Amara, Mohawk Valley C. C. , 3:38.89. 10, Gregory, Jen, Delhi College, 3:42.34.

Women 3000 Meter Run

Section 1: 1, Mullins, Rosalind, McMaster, 10:00.53. 2, Murnane, Kathryn, Binghamton, 10:19.52. 3, Ramsey, Chrissie, Syracuse Uni v. , 10:25.55. 4, Angell, Erica, Binghamton, 10:26.42. 5, Bohrer-Yardley, Lindsey, Binghamton, 10:31.43. 6, Seling, Amy, Unattached, 10:35.49. 7, Housel, Megan, Buffalo, 10:37.34. 8, Folmsbee, Leah, Syracuse Uni v. , 10:37.60. 9, Charbonneau, Gabby, Syracuse Uni v. , 10:54.72. 10, Watson, Karen, McMaster, 11:06.85.

Section 2: 1, Carew, Stephanie, Waterloo/ Canada, 10:47.55. 2, Fedy, Joanna, Waterloo/ Canada, 10:49.48. 3, Donofrio, Jennie, Buffalo, 10:51.74. 4, Gardner, Trudy, Waterloo/ Canada, 10:54.59. 5, Wendl and, Jodi, Waterloo/ Canada, 10:58.08. 6, Simon, Katie, Syracuse Uni v. , 10:59.89. 7, Donnelly, Leann, Suny Oswego, 11:04.01. 8, Furey, Allison, Binghamton, 11:04.53. 9, Kemmerer, Lisa, Binghamton, 11:08.60. 10, Byrnes, Laura, Morrisville, 12:18.87. 11, Oddy, Kelly, Syracuse Uni v. , 12:24.02. 12, Murray, Colleen, Mohawk Valley C. C. , 12:53.30.

Women 60 Meter Hurdles

Section 1: 1, Conway, Stephanie, Buffalo, 9.36. 2, Tremblay, Stefanie, Mohawk Valley C. C. , 9.56. 3, St. Vil, Melissa, Mohawk Valley C. C. , 9.58. 4, Snable, Sarah, Waterloo/ Canada, 9.75. 5, Gordon, Tyanna, Central TC Oshawa, 9.86. 6, McCollum, Elizabeth, Morrisville, 10.33. 7, Holman, Margery, Delhi College, 10.65.

Section 2: 1, Jones, Opal, Unattached, 8.54. 2, Rogers, Meagan, Buffalo, 9.03. 3, Dickerson, Pauletta, Buffalo, 9.11. 4, Brown, Perry, Delhi College, 9.17. 5, Coney, Patrice, Buffalo, 9.21. 6, Coney, Celestine, Buffalo, 9.51. 7, White, Andrea, Ottawa Lions, 9.84. 8, Conner, Courtney, Ottawa Lions, 9.85.

Women 4x400 Meter Relay

Section 1: 2, Delhi College 'A' 4:05.64. 3, Waterloo/ Canada 'A' 4:12.71. --, Buffalo 'B' x3:58.11.

Women Distance Medley

Section 1: 1, Binghamton 'A' 12:25.84. 2, Buffalo 'A' 12:31.55. 3, Syracuse Uni v. 'A' 12:41.78. 4, McMaster 'A' 12:55.83. 7, Waterloo/ Canada 'A' 13:16.05. --, Syracuse Uni v. 'B' x13:11.24. --, Syracuse Uni v. 'C' x13:15.83.

Women High Jump

Section 1: 1, Grimaldi, Jenna, Syracuse Uni v. , 1.65m, (5-05). 2, Rogers, Meagan, Buffalo, 1.60m, (5-03). 2, Mark, Sheron, Syracuse Uni v. , 1.60m, (5-03). 2, Kooken, Jennifer, Syracuse Uni v. , 1.60m, (5-03). 5, Hong, Patricia, Binghamton, 1.55m, (5-01). 5, Myers, Shannon, Suny Oswego, 1.55m, (5-01). 7, Ball, Jessica, Buffalo, 1.50m, (4-11). 7, Coney, Patrice, Buffalo, 1.50m,

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(4-11). 7, Jenkins, Nicole, Waterloo/ Canada, 1.50m, (4-11). 10, Keilty, Stephanie, Binghamton, 1.40m, (4-07). --, Bell, Jennifer, Waterloo/ Canada, NH.

Women Pole Vault

Section 1: 1, Olson, Laura, Buffalo, 3.97m, (13-00.25). 2, Stitt, Jaime, Binghamton, 3.35m, (10-11.75). 2, Fister, Deven, Buffalo, 3.35m, (10-11.75). 4, Warren, Lindsay, Binghamton, 3.20m, (10-06). 5, Goldstein, Rebecca, Binghamton, 3.05m, (10-00). 5, Lister, Jessica, Buffalo, 3.05m, (10-00). 5, Jackson, Jessyca, Syracuse Univ., 3.05m, (10-00). 5, Hoffman, Sara, Binghamton, 3.05m, (10-00). 5, Williams, Kate, Binghamton, 3.05m, (10-00). 10, Fudella, Kristin, Erie C. C., 2.90m, (9-06.25). 11, Berg, Erlynn, Binghamton, 2.75m, (9-00.25). 11, MacArthur, Andrea, Buffalo, 2.75m, (9-00.25). 13, Winters, Kellie, Suny Oswego, 2.30m, (7-06.50). --, Baxter, Letitia, Syracuse Univ., NH. --, Ricardi, Alisha, Syracuse Univ., NH. --, Oliver, Abby, Suny Oswego, NH. --, Tuthill, Kristin, Suny Oswego, NH.

Women Long Jump

Section 1: 1, Conway, Stephanie, Buffalo, 5.26m, (17-03.25). 2, Fields, Fetima, Buffalo, 5.25m, (17-02.75). 3, Cianfarano, Jackie, Buffalo, 5.11m, (16-09.25). 4, Tremblay, Stefanie, Mohawk Valley C. C., 5.04m, (16-06.50). 5, Nye, Jessica, Binghamton, 4.75m, (15-07). 6, Richards, Deb, Suny Oswego, 4.74m, (15-06.75). 7, Kooken, Jennifer, Syracuse Univ., 4.51m, (14-09.75). 8, Crawford, Angela, Binghamton, 4.48m, (14-08.50). 9, Bell, Jennifer, Waterloo/ Canada, 4.46m, (14-07.75). 10, Holman, Margery, Delhi College, 4.45m, (14-07.25). --, Rogers, Meagan, Buffalo, ND.

Section 2: 1, Pessoa, Elan, Central TC Oshawa, 5.84m, (19-02). 2, Watkins, Aprelle, Unattached, 5.74m, (18-10). 3, Egbert, Stacey, Mohawk Valley C. C., 5.69m, (18-08). 4, Coney, Celestine, Buffalo, 5.37m, (17-07.50). 5, Williams, Cassie, Delhi College, 5.20m, (17-00.75). 6, Ventrone, Dana, Buffalo, 5.17m, (16-11.50). 6, Gordon, Tyanna, Central TC Oshawa, 5.17m, (16-11.50). 8, Mealing, Monisha, Binghamton, 4.82m, (15-09.75). 9, St. Vil, Melissa, Mohawk Valley C. C., 4.50m, (14-09.25). --, Coney, Patrice, Buffalo, ND.

Women Triple Jump

Section 1: 1, Owens, Antonikka, Syracuse Chargers, 12.44m, (40-09.75). 2, Watkins, Aprelle, Unattached, 12.32m, (40-05). 3, Pessoa, Elan, Central TC Oshawa, 11.56m, (37-11.25). 4, Anderson, Jennifer, Buffalo, 11.22m, (36-09.75). 5, Mealing, Monisha, Binghamton, 11.04m, (36-02.75). 6, Nye, Jessica, Binghamton, 10.92m, (35-10). 7, Grimaldi, Jenna, Syracuse Univ., 10.71m, (35-01.75). 8, Fields, Fetima, Buffalo, 10.70m, (35-01.25). 9, Crawford, Angela, Binghamton, 10.45m, (34-03.50). 10, Myers, Shannon, Suny Oswego, 9.96m, (32-08.25). 11, Bell, Jennifer, Waterloo/ Canada, 9.56m, (31-04.50).

Women Shot Put

Section 1: 1, Karow, Brienne, Syracuse Univ., 10.98m, (36-00.25). 2, Canali, Laura, Syracuse Univ., 10.49m, (34-05). 3, Pearson, Laura, Waterloo/ Canada, 10.25m, (33-07.50). 4, Holman, Margery, Delhi College, 9.55m, (31-04). 5, Bell, Jennifer, Waterloo/ Canada, 9.03m, (29-07.50). 6, McMullen, Emily, Delhi College, 8.92m, (29-03.25).

Section 2: 1, Thompson, Faith, Unattached, 15.26m, (50-00.75). 2, Vance, Sarah, Buffalo, 13.70m, (44-11.50). 3, McCombs, Brittany, Syracuse Univ., 12.31m, (40-04.75). 4, Weyer, Beverly, Buffalo, 12.19m, (40-00). 5, James, Kyra, Syracuse Univ., 11.84m, (38-10.25). 6, Mowell, Melissa, Buffalo, 11.80m, (38-08.75). 7, Stanley, Leanne, Waterloo/ Canada, 11.68m, (38-04). --, Adam, Jessica, Suny Oswego, FOUL.

Women Weight Throw

Section 1: 1, Thompson, Faith, Unattached, 19.22m, (63-00.75). 2, Michalski,

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Kristen, Syracuse Univ., 16.76m, (55-00). 3, Vance, Sarah, Buffalo, 15.63m, (51-03.50). 4, Weyer, Beverly, Buffalo, 14.71m, (48-03.25). 5, James, Kyra, Syracuse Univ., 14.57m, (47-09.75). 6, Mowell, Melissa, Buffalo, 13.64m, (44-09). 7, Parry, Kelly, Binghamton, 12.98m, (42-07). 8, Karow, Brienne, Syracuse Univ., 12.79m, (41-11.50). 9, Adam, Jessica, Suny Oswego, 11.85m, (38-10.50). 9, Canali, Laura, Syracuse Univ., 11.85m, (38-10.50). 11, McMullen, Emily, Delhi College, 8.94m, (29-04).

Men 60 Meter Dash

Section 1: 1, Reed, Jaman, Erie C. C., 7.18. 2, Hall, Steve, Morrisville, 7.30. 3, Williams, Jason, Unattached, 7.34. 3, Suarez, Ramon, Suny Oswego, 7.34. 5, Perez, Jorge, Morrisville, 7.64. 6, Funamizu, Rocky, Mohawk Valley C.C., 7.68. --, Wilkes, Rich, Mohawk Valley C.C., FS.

Section 2: 1, Frenney, Derrick, Buffalo, 7.14. 2, Joki, Todd, Buffalo, 7.22. 3, Blair, Adrian, Waterloo/ Canada, 7.23. 4, Williams, Carlos, Buffalo, 7.31. 5, Ukwuoma, Nnaemeka, Waterloo/ Canada, 7.32. 6, Ferth, Shane, Waterloo/ Canada, 7.33. --, Semenowitz, Martin, Syracuse Univ., FS.

Section 3: 1, Abreu, Juan, Ottawa Lions, 7.10. 2, Browne, David, Waterloo/ Canada, 7.18. 3, Rucker, Reggie, Buffalo, 7.20. 4, Abass, Tanko, Ottawa Lions, 7.25. 5, Vine, Zac, Central TC Oshawa, 7.28. 6, Clarke, Chris, Central TC Oshawa, 7.52.

Section 4: 1, Law, James, Unattached, 6.80. 2, Kohn, Aulton, Syracuse Univ., 6.97. 3, Ferreira, Nigel, Erie C. C., 7.02. 4, Adu-Bobie, Richard, Ottawa Lions, 7.03. 5, Weinstein, Bryan, Buffalo, 7.09. 6, Richards, Roy, Buffalo, 7.13. 7, Fagan, Jon, Delhi College, 7.40.

Men 200 Meter Dash

Section 1: 1, Law, James, Unattached, 21.66. 2, Weinstein, Bryan, Buffalo, 22.13. 3, Woodley, Adrian, Unattached, 22.18. 4, Ferreira, Nigel, Erie C. C., 22.55.

Section 2: 1, Kohn, Aulton, Syracuse Univ., 22.42. 2, Blair, Adrian, Waterloo/ Canada, 22.72. 3, Semenowitz, Martin, Syracuse Univ., 22.90. 4, Richards, Roy, Buffalo, 22.91. 5, Flucus, Joseph, Binghamton, 23.25.

Section 3: 1, Frenney, Derrick, Buffalo, 22.56. 2, Ukwuoma, Nnaemeka, Waterloo/ Canada, 22.73. 3, Brown, Joe, Waterloo/ Canada, 23.30. 4, Saunders, Gary, Central TC Oshawa, 23.38.

Section 4: 1, Cummings, Brian, Ottawa Lions, 23.02. 2, Browne, David, Waterloo/ Canada, 23.25. 3, Stewart, Mike, Unattached, 23.36. 4, Reed, Jaman, Erie C. C., 23.43. 5, Frazier, Justin, Syracuse Univ., 23.63.

Section 5: 1, Adu-Bobie, Richard, Ottawa Lions, 22.77. 2, Kotylak, Dan, Ottawa Lions, 22.96. 3, Clarke, Chris, Central TC Oshawa, 23.41. 4, Higgins, Rayshon, Buffalo, 23.60. 5, Vine, Zac, Central TC Oshawa, 24.09. 6, Goldberg, Adam, Binghamton, 24.84.

Section 6: 1, Rucker, Reggie, Buffalo, 22.61. 2, Williams, Jason, Unattached, 23.09. 3, Greer, Kennan, Central TC Oshawa, 23.41. 4, Lawless, Jim, Binghamton, 23.83. --, Hampden, Hasani, Unattached, DNF.

Section 7: 1, Dupree, Toussaint, Delhi College, 23.77. 2, DePuy, Sean, Delhi College, 24.17. 3, Friedman, Mike, Erie C. C., 24.59. 4, Salavec, RJ, Delhi College, 24.66. 5, Priestley, Ian, Suny Oswego, 25.61.

Section 8: 1, Hall, Steve, Morrisville, 23.78. 2, Winn, Samuel, Suny Oswego, 24.61. 3, Funamizu, Rocky, Mohawk Valley C.C., 25.29. 4, Perez, Jorge, Morrisville, 25.68. 5, Lawrence, Sean, Morrisville, 26.07. 6, Somerville, Greg, Suny Oswego, 26.32.

Men 400 Meter Dash

Section 1: 1, Chauvin, Paul, Ottawa Lions, 49.82. 2, Ferreira, Nigel, Erie C. C., 50.60. 3, Telesford, Chris, Syracuse Univ., 50.71. 4, Joki, Todd, Buffalo, 50.93. 5, van Almelo, Justin, Suny Oswego, 55.05. 6, Friedman, Mike, Erie C.

C., 56.79.

Section 2: 1, Heim, Brian, Buffalo, 51.08. 2, Saunders, Gary, Central TC Oshawa, 51.59. 3, Williams, Lawrence, Ottawa Lions, 52.68. 4, Winn, Samuel, Suny Oswego, 53.67. 5, Bream, Eric, Buffalo, 54.39. 6, Cook, Brian, Morrisville, 56.86.

Section 3: 1, Greer, Kennan, Central TC Oshawa, 49.78. 2, Hampden, Hasani, Unattached, 50.34. 3, Termanini, Sam, Syracuse Univ., 50.85. 4, Wood, Justin, Delhi College, 51.11. 5, Raymer, Adam, Syracuse Univ., 52.72. 6, Tindal, Patrick, Buffalo, 53.79.

Section 4: 1, Kotylak, Dan, Ottawa Lions, 51.42. 2, Stewart, Mike, Unattached, 51.68. 3, Wood, Julius, Suny Oswego, 53.17.

Section 5: 1, Ferth, Shane, Waterloo/ Canada, 51.38. 2, Dowhaniuk, Davis, Waterloo/ Canada, 51.71. 3, Flucus, Joseph, Binghamton, 52.42. 4, Reed, Jaman, Erie C. C., 52.87. 5, Kristensen, Steven, Waterloo/ Canada, 53.11. 6, Winston, Gregory, Waterloo/ Canada, 53.25.

Section 6: 1, Lawless, Jim, Binghamton, 52.31. 2, Stumpf, Sean, Syracuse Univ., 53.01. 3, Padula, Mike, Delhi College, 53.50. 4, Smithson, Erich, Buffalo, 55.48. --, Lalonde, Adam, Waterloo/ Canada, DQ.

Men 1 Mile Run

Section 1: 1, Weeks, Scott, Syracuse Chargers, 4:17.41. 2, McNeil, Brian, Syracuse Univ., 4:18.63. 3, Streeter, Rick, Syracuse Chargers, 4:20.00. 4, Lawson, Matt, Syracuse Univ., 4:21.69. 5, Wigton, Andrew, Buffalo, 4:26.48. 6, Strellick, Steven, Unattached, 4:27.88. 7, Catalano, Dominic, Binghamton, 4:31.73. 8, Volpi, Matthew, Ottawa Lions, 4:32.91.

Section 2: 1, Forma, Andy, Erie C. C., 4:31.51. 2, Haggerty, Dan, Delhi College, 4:33.38. 3, Lalonde, Adam, Waterloo/ Canada, 4:34.16. 4, Genung, Prahlad, Binghamton, 4:35.15. 5, Horvath, Kevin, Mohawk Valley C. C., 4:35.56. 6, Fischetti, Joe, Buffalo, 4:35.91. 7, Werder, Matt, Syracuse Univ., 4:39.69. 8, Wojcik, Daniel, McMaster, 4:40.18. 9, Wong, Kevin, Syracuse Univ., 4:42.55. 10, Larson, Corey, Erie C. C., 4:43.40. 11, Williams, Tom, Binghamton, 4:44.14. 12, Korby, Ryan, Syracuse Univ., 4:46.25. 13, Roth, Ryan, Mohawk Valley C. C., 4:52.73. 14, Slagton, Chris, Erie C. C., 5:05.82.

Men 1000 Meter Run

Section 1: 1, Petrulovich, Valerij, Syracuse Univ., 2:29.03. 2, Switzer, Robert, McMaster, 2:29.56. 3, Riley, Paul, Buffalo, 2:30.37. 4, Gibbons, Will, Waterloo/ Canada, 2:30.44. 5, Lawrence, Colin, Waterloo/ Canada, 2:31.01. 6, Juszkiwicz, Rich, Buffalo, 2:31.67. 7, McClure, Chris, Buffalo, 2:32.16. 8, Jarrett, Adam, McMaster, 2:32.17. 9, Keating, Mike, Mohawk Valley C. C., 2:36.01.

Section 2: 1, Wlodarski, Mike, Binghamton, 2:34.25. 2, Reiter, Nathan, Unattached, 2:34.77. 3, Abraham, John, Buffalo, 2:36.53. 4, Doan, Dustin, Waterloo/ Canada, 2:37.43. 5, Capano, Collin, Syracuse Univ., 2:37.86. 6, DePoint, Brad, Suny Oswego, 2:38.07. 7, Forma, Andy, Erie C. C., 2:38.94. 8, Little, Jon, McMaster, 2:40.13. 9, Kahn, Chris, Unattached, 2:51.82. --, Jezik, Andrew, Binghamton, DNF.

Section 3: 1, Larson, Corey, Erie C. C., 2:36.77. 2, Brett, Allan, Ottawa Lions, 2:37.46. 3, Markiewicz, Jonathan, Waterloo/ Canada, 2:40.77. 4, Holtz, Mike, Suny Oswego, 2:42.74. 5, Eibert, Erik, Binghamton, 2:43.12. 6, Agnello, Mike, Delhi College, 2:44.19. 7, Black, James, Suny Oswego, 2:44.36. 8, Holmes, Travis, Ottawa Lions, 2:45.35. 9, Millar, Scott, Ottawa Lions, 2:47.34. 10, Caprotti, Jesse, Delhi College, 2:48.04. 11, Purdy, Brandon, Mohawk Valley C. C., 2:51.39. 12, Canfield, Erik, Delhi College, 2:52.89. 13, Slagton, Chris, Erie C. C., 3:02.20.

Men 3000 Meter Run

Section 1: 1, Muldoon, Chris, Syracuse Univ., 8:27.84. 2, Woods, Mike, Ottawa

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Lions, 8:29.84. 3, Arnald, Scott, Waterloo/ Canada, 8:31.67. 4, Ludden, Todd, Buffalo, 8:32.17. 5, Logue, Michael, Waterloo/ Canada, 8:32.98. 6, McKenna, Dan, Buffalo, 8:36.90. 7, Drew, Steve, Ottawa Lions, 8:40.04. 8, Wahl, Jim, Unattached, 8:46.55. 9, Lockett, Nathan, Buffalo, 8:51.41. 10, Rath, Nathan, Syracuse Univ., 8:56.06. 11, Cady, Ben, Buffalo, 8:57.29. 12, Ziminsky, Joey, Syracuse Univ., 9:12.34.

Section 2: 1, Rizzon, Nick, Morrisville, 9:01.77. 2, Beyer, John, Unattached, 9:05.47. 3, Edwards, Rusty, Syracuse Chargers, 9:05.49. 4, Brych, Mike, Syracuse Chargers, 9:06.24. 5, Flor, John, Unattached, 9:09.96. 6, Walter, Ryan, Delhi College, 9:14.96. 7, Beatty, Joel, Buffalo, 9:16.81. 8, Herbert, Jeff, Binghamton, 9:18.51. 9, Smith, Brian, Buffalo, 9:29.46. 10, Mederios, Matt, Mohawk Valley C.C., 9:37.71. 11, Brosnan, Kurt, Delhi College, 9:51.93. 12, Pruckno, Andy, Mohawk Valley C.C., 10:03.74. 13, Cortright, Justin, Delhi College, 10:06.41. 14, O'Hanlon, Brad, Suny Oswego, 10:31.31.

Men 5000 Meter Run

Section 1: 1, Lopez, Dusty, Unattached, 15:06.76. 2, Graham, John, Syracuse Univ., 15:17.88. 3, Wishart, David, Syracuse Univ., 15:26.21. 4, Scarpinato, Tim, Syracuse Univ., 15:48.77. 5, Fellows, Weston, Suny Oswego, 15:49.07. 6, Williams, Tom, Binghamton, 16:16.52. 7, Shteyn, Sergey, Binghamton, 16:17.94. 8, Genung, Prahlad, Binghamton, 16:23.31. 9, McDonald, Chris, Syracuse Univ., 16:23.89. 10, Reynolds, Shane, Delhi College, 16:32.14. 11, Ellis, Ade, Suny Oswego, 16:37.07. --, Clements, John, Suny Oswego, DNF.

Men 60 Meter Hurdles

Section 1: 1, Barown, Matt, Morrisville, 9.42. 2, Somerville, Greg, Suny Oswego, 9.60. 3, Priestley, Ian, Suny Oswego, 10.09. 4, Lawrence, Sean, Morrisville, 10.29.

Section 2: 1, Case, Neil, Binghamton, 8.52. 2, Dumond, Josh, Delhi College, 8.76. 3, DePuy, Sean, Delhi College, 8.99. 4, Padula, Mike, Delhi College, 9.06. 5, Sepic, Andrew, Waterloo/ Canada, 9.19.

Section 3: 1, Woodley, Adrian, Unattached, 8.00. 2, Williams, Jason, Unattached, 8.26. 3, Smithson, Erich, Buffalo, 8.52. 4, Goldberg, Adam, Binghamton, 8.62.

Men 4x400 Meter Relay

Section 1: 1, Buffalo 'A' 3:23.14. 2, Waterloo/ Canada 'A' 3:24.39. 3, Delhi College 'A' 3:35.34. 4, Suny Oswego 'A' 3:36.42. 5, McMaster 'A' 3:37.22. 6, Morrisville 'A' 3:44.86.

Men Distance Medley

Section 1: 1, Delhi College 'A' 10:21.90. 2, Waterloo/ Canada 'A' 10:23.48. 3, Syracuse Univ. 'A' 10:28.17. 4, Buffalo 'A' 10:31.59. 7, Mohawk Valley C.C. 'A' 11:14.69. 8, Erie C.C. 'A' 11:18.02. --, Syracuse Univ. 'B' x10:41.69. --, Buffalo 'B' x10:58.05. --, Syracuse Univ. 'C' x11:18.03.

Men High Jump

Section 1: 1, Goldberg, Adam, Binghamton, 1.93m, (6-04). 1, Joki, Todd, Buffalo, 1.93m, (6-04). 1, Shafer, Luke, Binghamton, 1.93m, (6-04). 4, Flewelling, Brian, Syracuse Univ., 1.88m, (6-02). 4, Brown, Joe, Waterloo/ Canada, 1.88m, (6-02). 4, Lagasse, Jonathan, Suny Oswego, 1.88m, (6-02). 7, Winn, Samuel, Suny Oswego, 1.83m, (6-00). 8, Sepic, Andrew, Waterloo/ Canada, 1.73m, (5-08). 9, Dumond, Josh, Delhi College, 1.68m, (5-06). --, Allen, Brian, Syracuse Univ., NH. --, Tillman, Nick, Binghamton, NH.

Men Pole Vault

Section 1: 1, Quiller, Rory, Binghamton, 4.85m, (15-11). 2, Simpson, Dan, Buffalo, 4.70m, (15-05). 3, VanHalle, Ryan, Buffalo, 4.55m, (14-11). 3, Ksi onzyk, Mike, Binghamton, 4.55m, (14-11). 5, Kirsch, Andy, Unattached, 4.40m, (14-05.25). 5, Eckert, David, Buffalo, 4.40m, (14-05.25). 7, Matson, Dan, Binghamton, 4.10m, (13-05.25). 8, Reed, Jonathon, Syracuse Univ., 3.95m,

(12-11.50). 9, Bruno, Matt, Morrisville, 3.65m, (11-11.75).

Men Long Jump

Section 1: 1, Reed, Jaman, Erie C. C., 6.51m, (21-04.25). 2, Brissenden, Dann, Suny Oswego, 6.15m, (20-02.25). 3, Joseph, Michael, Binghamton, 5.91m, (19-04.75). 4, Bellew, James, Binghamton, 5.85m, (19-02.50). 5, Sharp, Evan, Waterloo/Canada, 5.77m, (18-11.25). 6, DiCampi, Nick, Morrisville, 5.46m, (17-11). 7, DePuy, Sean, Delhi College, 5.36m, (17-07).

Section 2: 1, Asbach, Gary, Buffalo, 6.97m, (22-10.50). 2, Higgins, Rayshon, Buffalo, 6.64m, (21-09.50). 3, Williams, Carlos, Buffalo, 6.45m, (21-02). 4, Dumond, Josh, Delhi College, 6.19m, (20-03.75). 5, Flewelling, Brien, Syracuse Univ., 6.05m, (19-10.25). 6, Allen, Brian, Syracuse Univ., 5.96m, (19-06.75). --, Friedman, Mike, Erie C. C., ND.

Men Triple Jump

Section 1: 1, Higgins, Rayshon, Buffalo, 13.93m, (45-08.50). 2, Asbach, Gary, Buffalo, 13.57m, (44-06.25). 3, Umar, Rafiq, Binghamton, 13.36m, (43-10). 4, Bellew, James, Binghamton, 12.88m, (42-03.25). 5, Green, Will, Delhi College, 12.81m, (42-00.50). 6, Allen, Brian, Syracuse Univ., 12.73m, (41-09.25). 7, Suarez, Ramon, Suny Oswego, 12.68m, (41-07.25). 8, Brissenden, Dann, Suny Oswego, 12.18m, (39-11.50). 9, Sharp, Evan, Waterloo/Canada, 12.17m, (39-11.25). 10, Friedman, Mike, Erie C. C., 11.30m, (37-01). 11, DiCampi, Nick, Morrisville, 11.21m, (36-09.50). --, Joseph, Michael, Binghamton, ND.

Men Shot Put

Section 1: 1, Williams, Carlos, Buffalo, 13.50m, (44-03.50). 2, McGrath, Kevin, Suny Oswego, 11.56m, (37-11.25). 3, Randall, Justin, Suny Oswego, 11.18m, (36-08.25). 4, Dumond, Josh, Delhi College, 10.17m, (33-04.50). 5, Field, Sean, Morrisville, 10.14m, (33-03.25).

Section 2: 1, Bedard, Steve, Syracuse Univ., 16.03m, (52-07.25). 2, Pribul, Daniel, Syracuse Univ., 15.24m, (50-00). 3, Glowacki, Matthew, Syracuse Univ., 14.99m, (49-02.25). 4, Fetchko, George, Unattached, 14.17m, (46-06). 5, Fletcher, Gabe, Binghamton, 14.09m, (46-02.75). 6, Ketchuck, Jared, Binghamton, 13.77m, (45-02.25). 7, Hall, Kevin, Binghamton, 13.74m, (45-01). 8, Wassinger, Todd, Binghamton, 13.44m, (44-01.25). 9, Hennessy, Paddy, Binghamton, 12.57m, (41-03).

Men Weight Throw

Section 1: 1, Fetchko, George, Unattached, 13.38m, (43-10.75). 2, Hall, Kevin, Binghamton, 12.18m, (39-11.50). 3, Randall, Justin, Suny Oswego, 11.96m, (39-03). 4, McGrath, Kevin, Suny Oswego, 11.70m, (38-04.75).

Section 2: 1, Cloud, Andrew, Binghamton, 16.51m, (54-02). 2, Bedard, Steve, Syracuse Univ., 16.40m, (53-09.75). 3, Fletcher, Gabe, Binghamton, 15.66m, (51-04.50). 4, Hennessy, Paddy, Binghamton, 15.60m, (51-02.25). 5, Wassinger, Todd, Binghamton, 15.29m, (50-02). 6, Glowacki, Matthew, Syracuse Univ., 14.76m, (48-05.25). 7, Ketchuck, Jared, Binghamton, 14.69m, (48-02.50). 8, Pribul, Daniel, Syracuse Univ., 14.20m, (46-07.25). 9, Rodriguez, Santos, Syracuse Univ., 14.06m, (46-01.50).

Men Heptathlon

1, Finney, Brian, Unattached, 5065. 2, Stivala, Craig, Syracuse Univ., 4867. 3, Ksionzyk, Mike, Binghamton, 4244. 4, Palas, Jake, Syracuse Univ., 4075.