

**CARIFTA GAMES SCHEDULE  
DAY 1: SATURDAY 26<sup>th</sup> MARCH 2005**

**SESSION 1 - 9:00 am – 12:30 pm**

<b>Track Events</b>			<b>Field Events</b>		
9:00 am	100mH	Open G Pent.	9:00 am	High Jump	U-17 B Final
9:15 am	110m H	Open B Hept.			
9:30 am	1500m	U – 17 G Semi Final			
9:45 am	1500m	U – 17 B Semi Final			
10:00 am	1500m	U – 20 G Semi Final	10:00 am	Shot Putt	Open G Pent.
10:15 am	1500m	U – 20 B Semi Final		Long Jump	Open B Hept.
10:30 am	100m	U – 17 G Heats	10:30 am	Discus	U – 20 B Final
10:45 am	100m	U – 17 B Heats			
11:00 am	100m	U – 20 G Heats	11:00 am	Shot Putt	U – 17 G Final
11:15 am	100m	U – 20 B Heats			
11:30 am	400m	U – 17 G Semi Final	11:30 am	High Jump	Open G Pent.
11:45 am	400m	U – 17 B Semi Final		Javelin	Open B Hept.
12:00 pm	400m	U – 20 G Semi Final			
12:15 pm	400m	U – 20 B Semi Final			

**SESSION 2 - 4:00 pm – 9:05 pm**

**4:00 pm – 5:00 pm      Opening Ceremony**

*(Athletes must assemble in the Warm-up Area no later than 3:45 pm)*

5:30 pm	100m	U – 17 G Semi Final	5:30 pm	High Jump	U – 20 B Final
5:40 pm	100m	U – 17 B Semi Final	5:40 pm	Shot Putt	U – 17 B Final
5:50 pm	100m	U – 20 G Semi Final			
6:00 pm	100m	U – 20 B Semi Final			
6:10 pm	1500m	U – 17 G Final			
6:25 pm	1500m	U – 17 B Final	6.25 pm	Long Jump	U – 20 G Final
6:35 pm	1500m	U – 20 G Final			
6:45 pm	1500m	U – 20 B Final			

**6:50 pm – 7:05 pm      Medal Presentation**

7:10 pm	200m	Open B Hept.
7:20 pm	400m	U – 17 G Final
7:30 pm	400m	U – 17 B Final
7:40 pm	400m	U – 20 G Final
7:50 pm	400m	U – 20 B Final

**8:00 pm – 8:25 pm      Medal Presentation**

8:30 pm	100m	U – 17 G Final
8:40 pm	100m	U – 17 B Final
8:50 pm	100m	U – 20 G Final
9:00 pm	100m	U – 20 B Final

**CARIFTA GAMES SCHEDULE**  
**DAY 2: SUNDAY 27<sup>th</sup> MARCH 2005**

**SESSION 3 – 9:00 am – 12:50 pm**

<b>Track Events</b>			<b>Field Events</b>		
10:00 am	200m	U – 17 G Heat	10:00 am	Long Jump	Open G Pent.
10:15 am	200m	U – 17 B Heats		High Jump	Open B Hept.
10:30 am	200m	U – 20 G Heats		Javelin	U – 17 B Final
10:45 am	200m	U – 20 B Heats		Shot Putt	U – 20 G Final
11:00 am	800m	U – 17 G Heats			
11:15 am	800m	U – 17 B Heats			
11:30 am	800m	U – 20 G Heats			
11:45 am	800m	U – 20 B Heats			
12:00 pm	300mH	U – 17 G Semi Final			
12:15 pm	400mH	U – 20 G Semi Final			
12:30 pm	400mH	U – 17 B Semi Final			
12:45 pm	400mH	U – 20 B Semi Final			

**SESSION 4 - 3:00 pm – 8:30 pm**

			3:00 pm	Discus	U – 17 G Final
				Triple Jump	U – 17 B Final
				Pole Vault	U – 20 B Final
				Javelin	U – 20 B Final
3:30 pm	4 x 100m	U – 17 G Semi Final			
3:45 pm	4 x 100m	U – 17 B Semi Final			
4:00 pm	4 x 100m	U – 20 G Semi Final			
4:15 pm	4 x 100m	U – 20 B Semi Final			
4:30 pm	200m	U – 17 G Final	4:30 pm	Triple Jump	U – 20 G Final
4:45 pm	200m	U – 17 B Final		High Jump	U – 17 G Final
5:00 pm	200m	U – 20 G Final			
5:15 pm	200m	U – 20 B Final	5:15 pm	Discus	Open B Hept.
5:30 pm	300mH	U – 17 G Final			
5:45 pm	400m H	U – 17 B Final			
6:00 pm	400mH	U – 20 G Final			
6:15 pm	400m H	U – 20 B Final	6:15pm	Long Jump	U – 20 B Final
				Discus	U – 20 G Final

**6:30 pm– 6:40 pm Medal Presentation**

6:45 pm	800m	Open G Pent.
6:55 pm	3000m	Open G
7:15 pm	1500m	Open B Hept.
7:25 pm	3000m	U – 17 B Final
7:40 pm	4 x 100m	U – 17 G Final
7:50 pm	4 x 100m	U – 17 B Final
8:00 pm	4 x 100m	U – 20 G Final
8:10 pm	4 x 100m	U – 20 B Final

**8:15 pm Medal Presentation**

**CARIFTA GAMES SCHEDULE  
DAY 3: MONDAY 28<sup>th</sup> MARCH 2005**

**SESSION 5 – 9:00 am – 12:15 pm**

<b>Track Events</b>			<b>Field Events</b>		
			9:00 am	Discus	U – 17 B Final
				Long Jump	U – 17 G Final
10:00 am	100mH	U – 17 G Semi Final			
10:20 am	100mH	U – 20 G Semi Final			
10:40 am	100mH	U – 17 B Semi Final	10:30	Triple Jump	U – 17 G Final
11:00 am	100mH	U – 20 B Semi Final		Javelin	U – 20 G Final
11:15 pm	4 x 400m	U – 17 G Heats		Long Jump	U – 17 B Final
11:30 pm	4 x 400m	U – 17 B Heats			
11:45 pm	4 x 400m	U – 20 G Heats			
12:00 pm	4 x 400m	U – 20 B Heats			

**SESSION 6 - 3:00 pm – 8:15 pm**

3:00 pm	800m	U – 17 G Final	3:00 pm	Shot Putt	U – 20 B Final
3:10 pm	800m	U – 17 B Final		High Jump	U – 20 G Final
3:20 pm	800m	U – 20 G Final		Javelin	U – 17 G Final
3:30 pm	800m	U – 20 B Final			

**3:30 pm – 4:00 pm Medal Presentation**

4:05 pm	100mH	U – 17 G Final	4:05 pm	Triple Jump	U – 20 B Final
4:15 pm	100mH	U – 20 G Final			
4:25 pm	100mH	U – 17 B Final			
4:35 pm	110mH	U – 20 B Final			
4:45 pm	5000m	U – 20 B Final			
5:15 pm	200m	U – 17 G Final			
5:20 pm	200m	U – 17 B Final			
5:25 pm	200m	U – 20 G Final			
5:30 pm	200m	U – 20 B Final			

**5:35 pm -- 6:15 pm Medal Presentation**

6:20 pm	4 x 400m	U – 17 G Final
6:30 pm	4 x 400m	U – 17 B Final
6:40 pm	4 x 400m	U – 20 G Final
6:50 pm	4 x 400m	U – 20 B Final

**7:00 pm Final Medal Presentation**

**7:15 pm Closing Ceremony**