

**HAWKEYE OPEN
INDOOR TRACK AND FIELD
JANUARY 14, 2006**

Field Events:

10:30 a.m.	Long Jump	m (2 flights) then w (1 flight)
	Weight Throw	w (1 flight) then m (1 flight)
	Pole Vault	w (10 athletes) then m (20 athletes)
12:15 p.m.	High Jump	w (8 athletes) then m (9 athletes)
	Triple Jump	m (1 flight) then w (1 flight)
	Shot Put	w (1 flight) then m (2 flights)

Running times listed are approximate:

12:00 p.m.	National Anthem	
12:05	3000m	w (1 heat)
12:20	60m Hurdles	w (1 heat) m (2 heat)
12:35	60m	w (2 heats) m (4 heats)
1:00	Mile	w (2 heats) m (2 heats)
1:30	60m Hurdles	m Final (top 8) w Final (top 8)
1:40	400m	w (2 heats) m (3 heats)
1:55	600m	w (2 heats) m (3 heats)
2:15	60m	w Final (top 8) m Final (top 8)
2:20	800m	w (1 heat) m (2 heats)
2:35	200m	w (4 heats) m (7 heats)
2:15	2 Mile	m (1 heat)
3:30	4x400m Relay	w (1 heat) m (2 heats)

*Please note that coaches and athletes are not allowed on the in-field at any point during the meet. Only Pole Vault coaches with a Pole Vault credential, athletes participating in field events, and meet officials are allowed on the in-field.