

## MUSCO TWILIGHT IX TRACK AND FIELD MEET <br> SATURDAY, APRIL 21st, 2007

SCHEDULE OF EVENTS-SATURDAY APRIL $21{ }^{\text {st }}$ (final)

## Field Events:

| 2:00 p.m. | Discus Men (Women to follow) <br> Hammer Women (Men to follow) |
| :--- | :--- |
| 3:00 p.m. | Long Jump Men (Women to follow) <br> 4igh Jump Men (Women to follow) |
| 4:30 p.m. | Pole Vault Women (Men to follow) <br> Triple Jump Men (Women to follow) |
| 6:00 p.m. | Shot Put Men (Women to follow) <br> Javelin Women (Men to follow) |
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## B SECTIONS/PRELIMS

| 3:00 p.m. | 400 m Hurdles | 2 M |
| :--- | :--- | :--- |
| 3:30 p.m. | 800 m | $2 \mathrm{M} / 1 \mathrm{~W}$ |
| 3:45 p.m. | 200 m | $2 \mathrm{M} / 1 \mathrm{~W}$ |
| 4:05 p.m. | $1,500 \mathrm{~m}$ | 1 W |
| 4:20 p.m. | 400 m | 1 M |
|  |  |  |
| 5:00 p.m. | National Anthem/Senior Acknowledgements |  |
| 5:10 p.m. | $110 / 100 \mathrm{~m}$ Hurdles Prelims (men then women)---TOP 8 ADVANCE |  |
| 5:30 p.m. | 100 m Prelims (men then women)---TOP 8 ADVANCE |  |
| 5:45 p.m. | Elementary 4x100m |  |

Running Events (men then women) SECTIONS PER GENDER

| 6:00 p.m. | $3,000 \mathrm{~m}$ Steeple | 1 |
| :--- | :--- | :--- |
| 6:30 p.m. | $4 \times 100 \mathrm{~m}$ | 1 |
| 6:40 p.m. | $100 / 110 \mathrm{~m}$ Hurdles | FINAL |
| 6:50 p.m. | 400 m | 2 |
| $7: 05 \mathrm{p} . \mathrm{m}$. | 100 m | FINAL |
| $7: 15 \mathrm{p} . \mathrm{m}$. | Elementary 800 m | 1 |
| $7: 25 \mathrm{p} . \mathrm{m}$. | 800 m | 2 MEN/1WOMEN |
| $7: 45 \mathrm{p} . \mathrm{m}$. | 400 m Hurdles | 1 |
| $8: 00 \mathrm{p} . \mathrm{m}$. | 200 m | 2 |
| $8: 20 \mathrm{p} . \mathrm{m}$. | $1,500 \mathrm{~m}$ | 1 |
| $8: 40 \mathrm{p} . \mathrm{m}$. | $3,000 \mathrm{~m}$ Women | 1 |
| $9: 00 \mathrm{p} . \mathrm{m}$. | $4 \times 400 \mathrm{~m}$ Relay | 2 |
| $9: 15 \mathrm{p} . \mathrm{m}$. | $3,000 \mathrm{~m}$ Men | 1 |

