

MISSISSIPPI OPEN

APRIL 14, 2007

MEET INFORMATION

Date: April 14th

Site: The track is located off of Hill Drive, located south of Vaught-Hemingway Football Stadium.

Directions & Parking: Exit Coliseum Drive off of Highway 6 (the Gillom Women's Complex will be on your left). At the four way stop, veer right onto Hill Drive, take the 3rd right, which is about 600 meters and you will see the track office building on the right. Track is East of the office building. BUSES WILL PARK ACROSS THE STREET FROM THE TRACK OFFICE IN A LOT DOWN THE HILL.

Schedule: See attached.

Facility: The track is nine 48" lanes. The track surface, long jump, high jump, pole vault and javelin runways are Mondo Super X. **One quarter inch cone PYRAMID spikes are MANDATORY**; and are the ONLY spikes allowed. Needle spikes are **NOT** allowed. The throwing circles are brushed concrete. (SPIKES WILL BE SOLD AT MEET) We have 2 shot put areas, 2 discus areas, 2 hammer areas, and a large "D" area. There are 8 possible Pole Vault areas to take advantage of the wind. Long Jump and Triple Jump runways go both directions.

Entry Fee: \$100.00 per team, Men and Women teams will be separate or \$10.00 per individual per event. Checks should be made payable to The University of Mississippi. You may also pay when you arrive on Saturday.

Entry Deadline: All entries are on-line -
www.cfpitiming.com
Meet Deadline is Thursday, April 12th at
3:00 p.m.
There will be no scratches and
declarations. What you enter on the
internet site will be final. Enter what
you plan to run. **THERE WILL BE NO
ADDITIONS OR CHANGES THE DAY OF THE MEET.**

****** 'UNATTACHED' athletes must e-mail Sally
Worsham (sally@olemiss.edu) to get
permission to run; list events & times.
NO HIGH SCHOOL ATHLETES WILL BE ALLOWED
TO PARTICIPATE.

Meet Format: In running events, sections by time will
be run with each event to be a final. In
field events the top 9 will advance to
final. In high jump, starting heights
will be determined after review of
entries.

Scoring: Meet will **NOT** be scored.

Timing: Timing will be via Lynx System.

Rules: All NCAA rules apply.

Check In: The Clerk of the Course will hand out hip
numbers at check in (near the start of
each race) 15 minutes prior to race.
Athletes are responsible for their
section/race. There will be no
hesitations to run the section/race.
Heat sheets will be posted. Field events
check in with their flight.

Heat Sheets/Results: Heat sheets will be in each team's packet, which will be available at 9:30 a.m. Results will be posted after each event is final. Ole Miss Media Relations will provide a packet with results for each team. Results may also be obtained via www.cfpitiming.com.

Implement Weigh In: All implements will be certified and weighed in at the shed during the following times. Shed is located on the Northwest corner of track.

Women's Hammer / Men's Javelin

8:45-9:30

a.m.

Men's Hammer / Women's Javelin

9:30-11:00

a.m.

Discus

10:30-

12:00 a.m.

Shot Put

10:35-12:00

a.m.

Implements will be impounded and taken to the site of competition one-half hour prior to the start of the competition.

Training Area: Trainers please contact Anna Burns at 662/915-1930.

More Information: For more information or answers to any questions, please call Sally Worsham at the Ole Miss Track Office (662/915-7538).

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Schedule of Events

11:00 a.m.	Men's Hammer Women's Javelin
12:00 p.m.	Women's Long Jump Men's Long Jump
12:30 a.m.	Women's Hammer Men's Javelin
1:00 noon	Women's 5000 Women's Pole Vault
1:30 p.m.	Men's 5000
2:00 p.m.	Women's 4 x 100 Relay
2:10 p.m.	Men's 4 x 100 Relay Women's Shot Put Men's Discus
2:20 p.m.	Women's 1500
2:30 p.m.	Men's 1500 Women's High Jump
2:45 p.m.	Women's 100 Hurdles
3:05 p.m.	Men's 110 Hurdles
3:20 p.m.	Women's 400
3:30 p.m.	Men's Pole Vault
3:35 p.m.	Men's 400
3:50 p.m.	Women's 100
4:00 p.m.	Men's Shot Women's Discus
4:05 p.m.	Men's 100
4:20 p.m.	Women's 800
4:30 p.m.	Men's and Women's Triple Jump Men's High Jump
4:40 p.m.	Men's 800
5:00 p.m.	Women's 400H
5:15 p.m.	Men's 400H
5:30 p.m.	Women's 200
5:50 p.m.	Men's 200
6:10 p.m.	Women's Steeple
6:25 p.m.	Men's Steeple
6:35 p.m.	Women's 4 x 400
6:45 p.m.	Men's 4 x 400