

2008 Big South Outdoor Track and Field Championship Schedule

Thursday, April 17, 2008

12:30pm	Coaches Technical Meeting		
2:00pm	Decathlon	100 meter dash	
2:20pm	Heptathlon	100 meter hurdles	
2:35pm	Decathlon	Long Jump	
3:00pm	Men	Hammer Throw	Trials and Finals
3:00pm	Heptathlon	High Jump	
3:40pm	Decathlon	Shot Put	
4:00pm	Women	Long Jump	Trials and Finals
4:45pm	Heptathlon	Shot Put	
4:45pm	Decathlon	High Jump	
5:30pm	Women	Hammer Throw	Trials and Finals
6:00pm	Men	Long Jump	Trials and Finals
6:00pm	Heptathlon	200 meter dash	
6:30pm	Decathlon	400 meter dash	
7:15pm	Women	10,000 meter run	Final
8:00pm	Men	10,000 meter run	Final

Friday, April 18, 2008

11:30am	Decathlon	110meter hurdles	
11:30am	Heptathlon	Long Jump	
12:10pm	Decathlon	Discus	
12:30pm	Heptathlon	Javelin	
1:00pm	Women	Shot Put	Trials and Finals
1:30pm	Heptathlon	800 Meter Run	
1:40pm	Decathlon	Pole Vault	
2:30pm	Women	High Jump	Final
3:00pm	Women	1500m	Trials <i>(if needed)</i>
3:20pm	Men	1500m	Trials <i>(if needed)</i>
3:30pm	Men	Shot Put	Trials and Finals
3:40pm	Decathlon	Javelin	
3:45pm	Women	100meter hurdles	Trials
4:10pm	Men	110meter hurdles	Trials
4:25pm	Women	400 Meter Dash	Trials
4:40pm	Men	400 Meter Dash	Trials
4:50pm	Decathlon	1500 Meter Run	
5:00pm	Women	100 Meter Dash	Trials
5:20pm	Men	100 Meter Dash	Trials
5:30pm	Women	Pole Vault	Final
5:40pm	Women	800 Meter Run	Trials
5:55pm	Men	800 Meter Run	Trials
6:15pm	Women	400 Meter Hurdles	Trials
6:30pm	Men	400 Meter Hurdles	Trials
6:50pm	Women	200 Meter Dash	Trials
7:10pm	Men	200 Meter Dash	Trials
7:30pm	Women	3000 Meter Steeplechase	Final
7:45pm	Men	3000 Meter Steeplechase	Final

Saturday, April 19, 2008

<u>Start</u>	<u>Event</u>		
10:00am	Women	Javelin Throw	Trials and Finals
11:00am	Men	Discus Throw	Trials and Finals
12:00pm	Men	High Jump	Final
12:00pm	Women	400 Meter Relay	Final
12:10pm	Men	400 Meter Relay	Final
12:20pm	Women	1500 Meter Run	Final
12:30pm	Men	Pole Vault	Final
12:40pm	Men	1500 Meter Run	Final
1:05pm	Women	100 Meter Hurdles	Final
1:15pm	Men	110 Meter Hurdles	Final
1:25pm	Women	400 Meter Dash	Final
1:30pm	Women	Triple Jump	Trials and Finals
1:30pm	Men	Triple Jump	Trials and Finals
1:30pm	Women	Discus Throw	Trials and Finals
1:35pm	Men	400 Meter Dash	Final
1:45pm	Women	100 Meter Dash	Final
1:50pm	Men	100 Meter Dash	Final
1:55pm	Women	800 Meter Run	Final
2:00pm	Men	Javelin Throw	Final
2:05pm	Men	800 Meter Run	Final
2:30pm	Women	400 Meter Hurdles	Final
2:40pm	Men	400 Meter Hurdles	Final
2:50pm	Women	200 Meter Dash	Final
2:55pm	Men	200 Meter Dash	Final
3:00pm	Women	5,000 Meter Run	Final
3:20pm	Men	5,000 Meter Run	Final
3:45pm	Women	1,600 Meter Relay	Final
3:55pm	Men	1,600 Meter Relay	Final
4:05pm	AWARDS CEREMONY *		

*Awards for individual events to be given out during the course of the meet. The 5,000 and 1,600 meter relay awards will be given out after the meet.