

Pan American Junior Championships 2009 - 7/31/2009 to 8/2/2009Results at www.cfpitiming.com**Hasely Crawford Stadium in Port of Spain Trin****Results - Heptathlon****Women Heptathlon**

	Points	100H	HJ	SP	200	Day1	LJ	JT	800
1 Spinola, Vanessa Brazil 90	5574	14.15 w: 1.4 (957)	1.61m (747)	13.60m (767)	24.32 w: 0.7 (950)	3421	5.46m w: -1.3 (688)	41.76m (701)	2:24.49 (764)
2 Kraiss, Ryann United States OF Am 90	5454	13.93 w: 1.4 (988)	1.76m (928)	10.39m (555)	25.43 w: 0.5 (848)	3319	5.68m w: -1.8 (753)	33.30m (539)	2:18.56 (843)
3 Alves, Cynthia Brazil 91	5164	14.40 w: 1.4 (923)	1.61m (747)	12.59m (700)	25.73 w: 0.5 (821)	3191	5.34m w: -1.4 (654)	37.82m (626)	2:30.03 (693)
4 Rivera, Nahomi Puerto Rico 90	4998	15.44 w: 1.4 (784)	1.58m (712)	13.56m (765)	26.77 w: 0.5 (731)	2992	5.36m w: -0.6 (660)	43.19m (729)	2:36.18 (617)
5 MC Intosh, Rachael Canada 91	4744	14.96 w: 1.4 (847)	1.73m (891)	9.73m (512)	26.09 w: 0.5 (789)	3039	4.67m w: -1.0 (472)	28.15m (442)	2:22.40 (791)
6 Neville, Rebecca United States OF Am 91	4627	14.62 w: 1.4 (892)	1.58m (712)	9.49m (496)	25.71 w: 0.7 (823)	2923	5.64m w: -1.2 (741)	19.09m (272)	2:30.12 (691)
7 Castillo, Carolina Chile 90	4531	14.99 w: 1.4 (843)	1.64m (783)	8.98m (463)	25.94 w: 0.7 (802)	2891	5.19m w: -1.5 (612)	24.44m (372)	2:33.02 (656)
8 Debia, Maria Venezuela 91	4394	16.49 w: 1.4 (655)	1.58m (712)	10.98m (594)	26.81 w: 0.7 (728)	2689	5.05m w: -1.3 (573)	36.90m (608)	2:44.39 (524)
DNF Montes DE Oca, Mila Dominican Republic 92		16.14 w: 1.4 (697)	1.55m (678)	9.30m (484)	28.34 w: 0.5 (604)		4.69m w: -1.7 (477)	43.44m (733)	DNS (0)