

3rd Annual

Luxapalila XC Invitational

October 17, 2009

Hosted by Winfield City High School Cross Country

Located in Winfield, Alabama on the grounds of Winfield City High School, this challenging course is run on grass, forest trail, and some asphalt. Race begins behind the softball field and winds thru approximately 1/4 mile of beautiful shaded forest trail. Course encompasses the high school grounds with an Olympic style finish on the high school track.

Awards program will follow finish of last race

Top 2 teams per division and Top 15 individuals will receive awards

Varsity Girls - 9:00

Varsity Boys - 9:30

Open Division 5K - 8:00

T-shirts & Concessions on site

Coach Dawn Guin

For race schedule and registration information contact:

Dawn Guin

Preferred contact: E-mail dguin@winfieldal.org or (205) 495-1202

Visit our webpage at www.winfieldal.org - click on Athletics, then Cross Country for more information

High School Teams:

\$45 for 1 team, \$10 for individuals

Registration at www.cfpitiming.com

Open Division: \$15 registration (includes a t-shirt)

Registration – email dguin@winfieldal.org

WCHS Cross Country
Home of the PIRATES

