

## Northeast Conference Indoor Championship 2009 - 2/20/2009 to 2/21/2009

Results at www.cfpitiming.com

Prince George's S&amp;LComplex in Landover, MD

## Meet Program

**Event 1 Women 60 Meter Dash**

Saturday 2/21/2009 - 1:40 PM

8 advance to Final by time and place

World:	6.92	2/11/1993	Irina Privalova
American:	6.95	3/12/1993	Devers/ Jones
Collegiate:	7.09	3/11/2001	Angela Williams
NCAA Auto:	7.26		
NCAA Prov.:	7.44		
Conference:	7.65	2/12/2006	Aisha Thomas
ECAC Qual.:	7.71		

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	149	Saunders, Torrie	FR Long Island 7.84 _____
2	201	Losey, Michelle	JR Monmouth 7.84 _____
3	113	Vasquez, Altagracia	FR Fairleigh Dickin 7.76 _____
4	483	Johnson, Angelica	SO Sacred Heart 7.69 _____
5	141	Gaines, Jessie	FR Long Island 7.58 _____
6	299	DeCruise, Ashley	SO Mount St. Mary' 7.71 _____
7	300	DeCruise, Ashlynn	SO Mount St. Mary' 7.78 _____
8	134	Atagwe, Joyce	JR Long Island 7.85 _____

**Event 5 Women 200 Meter Dash**

Saturday 2/21/2009 - 2:20 PM

Prelims to Final, Fastest 9 time advance

Qualifiers 1-4 times are in section 2 of finals,

Qualifiers 5-9 times are in section 1 of finals

Use lanes 2-6 in Prelims

World:	21.87	2/13/1993	Merlene Ottey
American:	22.18	3/15/2003	Michelle Collins
Collegiate:	22.43	3/12/2004	Veronica Campbell
NCAA Auto:	23.40		
NCAA Prov.:	24.10		
Conference:	24.65	1999	Fateen Adel-Baath
ECAC Qual.:	25.12		

Lane Name	Yr	School	Prelims
<b>Section 1 of 2 Finals</b>			
2	134	Atagwe, Joyce	JR Long Island 26.16 _____
3	483	Johnson, Angelica	SO Sacred Heart 26.02 _____
4	151	Veney, Ashley	JR Long Island 26.00 _____
5	184	Dotday, Ajda	FR Monmouth 25.98 _____
6	473	Dean, Karlie	FR Sacred Heart 26.00 _____

<b>Section 2 of 2 Finals</b>			
3	149	Saunders, Torrie	FR Long Island 25.83 _____
4	201	Losey, Michelle	JR Monmouth 25.66 _____
5	300	DeCruise, Ashlynn	SO Mount St. Mary' 25.44 _____
6	299	DeCruise, Ashley	SO Mount St. Mary' 25.60 _____

**Event 7 Women 400 Meter Dash**

Saturday 2/21/2009 - 1:00 PM

Prelims to Final, Fastest 9 time advance

Fastest 4 heat winners in Section 2 final

Qualifiers 5-9 in section 1 final

Use lanes 2-6 in prelims, 2 turn stager and break

World:	49.59	3/7/1982	Jamila Kratochvilova
American:	50.64	3/10/1991	Diane Dixon
Collegiate:	50.80	3/10/2007	Natasha Hastings
NCAA Auto:	52.70		
NCAA Prov.:	54.70		
Conference:	55.9h	1992	Sharlene Milwood
ECAC Qual.:	57.04		

Lane Name	Yr	School	Prelims
<b>Section 1 of 2 Finals</b>			
2	477	Edwards, Amber	FR Sacred Heart 1:00.50 _____
3	153	Williams, Aniecia	JR Long Island 1:00.33 _____
4	110	Sanders, Jessica	SR Fairleigh Dickin 1:00.23 _____
5	190	Gibbs, Brittany	JR Monmouth 59.88 _____
6	473	Dean, Karlie	FR Sacred Heart 1:00.16 _____

**Section 2 of 2 Finals**

3	144	Jones, Christine	SO Long Island 59.63 _____
4	151	Veney, Ashley	JR Long Island 59.47 _____
5	201	Losey, Michelle	JR Monmouth 56.92 _____
6	177	Blackshear, Illiana	SR Monmouth 59.08 _____

**Event 9 Women 500 Meter Dash**

Saturday 2/21/2009 - 1:20 PM

Prelims to Final, Fastest 9 time advance

4 heat winners in the second final

Time qualifiers in section one final

2 turn stager and break

Conference:	1:12.14	2001	Genita Dickey
ECAC Qual.:	1:16.00		

Lane Name	Yr	School	Prelims
<b>Section 1 of 2 Finals</b>			
2	434	Simile, Samantha	SO Robert Morris 1:21.86 _____
3	143	Hillian, Aisha	SR Long Island 1:21.43 _____
4	64	McGuire, Kate	FR Central Connecti 1:21.21 _____
5	154	Williams, Veronique	FR Long Island 1:20.52 _____
6	6	Douvadjian, Justine	SR Bryant 1:20.88 _____

<b>Section 2 of 2 Finals</b>			
3	211	Rutecki, Colleen	FR Monmouth 1:20.21 _____
4	104	Jones, Dara	SR Fairleigh Dickin 1:19.69 _____
5	315	Simpkins, Sheena	SO Mount St. Mary' 1:18.12 _____
6	216	Stein, Crystal	JR Monmouth 1:18.99 _____

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## Meet Program

**Event 11 Women 800 Meter Run**

Saturday 2/21/2009 - 2:00 PM

2 alley start- 6 on inside alley, 2 or 3 in outside alley

Advance top 1 finishers plus next 5 fastest times

6 inside alley, 3 outside alley for the final

2 turn stager and break

World: 1:55.82 3/3/2002 Jolanda Ceplak

American: 1:58.71 3/2/2002 Nicole Teter

Collegiate: 2:00.75 2/27/2005 Nicole Cook

NCAA Auto: 2:05.40

NCAA Prov.: 2:09.40

Conference: 2:13.21 2/11/2007 Erika Jacobs

ECAC Qual.: 2:14.44

Lane Name	Yr	School	Prelims
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**Section 1 of 1 Finals**

1	153 Williams, Aniecia	JR	Long Island	2:20.92	_____
2	197 Krivanos, Danica	FR	Monmouth	2:20.98	_____
3	145 Munoz, Selina	JR	Long Island	2:21.55	_____
4	318 Vozzella, Brianna	JR	Mount St. Mary'	2:22.57	_____
5	109 Patterson, Megan	SO	Fairleigh Dickin	2:21.34	_____
6	114 Weissbarth, Amelie	FR	Fairleigh Dickin	2:21.70	_____
7	200 Lantigua, Aracelis	JR	Monmouth	2:21.74	_____
8	63 Lima, Katie	SR	Central Connecti	2:22.66	_____
9	706 Balling, Jessica	SO	Wagner	2:24.35	_____

**Event 13 Women 1 Mile Run**

Saturday 2/21/2009 - 12:20 PM

2 alley start- 6 inside alley, 3 or 4 outside alley in Prelims

Advance top 2 finishers plus next 4 fastest times

6 inside alley, 4 outside alley for finals

2 turn stager and break

World: 4:17.14 2/9/1990 Doina Melinte

American: 4:20.1h 2/19/1982 Mary Slaney

Collegiate: 4:28.31 2/5/1988 Vicky Huber

NCAA Auto: 4:38.60

NCAA Prov.: 4:48.60

Conference: 4:51.71 2/12/2006 Kaitlyn Gwyther

ECAC Qual.: 5:01.14

Lane Name	Yr	School	Prelims
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**Section 1 of 1 Finals**

1	145 Munoz, Selina	JR	Long Island	5:19.15	_____
2	192 Jones, Jessica	SR	Monmouth	5:20.02	_____
3	490 Llobell, Brittany	FR	Sacred Heart	5:31.29	_____
4	474 DeLoreto, Kimberly	SO	Sacred Heart	5:19.04	_____
5	643 Grossi, Sarah	SO	St. Francis (Pa.	5:23.54	_____
6	202 Lynam, Cailin	JR	Monmouth	5:19.62	_____
7	319 Willox, Samantha	SR	Mount St. Mary'	5:27.67	_____
8	381 Roche, Morgan	FR	Quinnipiac	5:31.32	_____
9	466 Acosta, Johanna	FR	Sacred Heart	5:33.42	_____
10	185 Embrey, Laura	JR	Monmouth	5:20.33	_____

**Event 17 Women 5000 Meter Run**

Saturday 2/21/2009 - 2:40 PM

Top 18 seeds on the front rows, #1-12 alley 1, #13-18 alley 2 remainder on the second row of either alley

Use 2 alleys, 2 turn stager.

World: 14:24.37 2/18/2009 Meseret Defar

American: 15:07.44 2001 Marla Runyan

Collegiate: 15:14.18 2004 Kim Smith

Conference: 17:23.11 2/10/2008 Anna Hoffman

ECAC Qual.: 17:33.64

Lane Name	Yr	School	Seed Time
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**Section 1 of 1 Finals**

1	517 Troy, Samantha	SO	Sacred Heart	_____
2	372 Gosling, Abbey	SR	Quinnipiac	_____
3	386 Varanka, Alexandra	SR	Quinnipiac	_____
4	172 Altland, Christine	SO	Monmouth	_____
5	52 Bossardet, Katherine	SO	Central Connecti	_____
6	489 Krause, Mekenzie	FR	Sacred Heart	_____
7	479 Henry, Kathleen	SR	Sacred Heart	_____
8	516 Troy, Dana	SO	Sacred Heart	_____
9	380 Pierret, Lindsey	JR	Quinnipiac	_____
10	435 Slifko, Ashley	FR	Robert Morris	_____
11	412 Duffell, Jessica	SO	Robert Morris	_____
12	645 Hoffman, Anna	JR	St. Francis (Pa.	_____
13	418 Ingle, Emily	JR	Robert Morris	_____
14	374 Kelly, Kaitlyn	FR	Quinnipiac	_____
15	661 Sheehan, Allyson	JR	St. Francis (Pa.	_____

**Event 3 Women 60 Meter Hurdles**

Saturday 2/21/2009 - 12:40 PM

8 advance to Final by time and place

World: 7.68 2/10/2008 Susanna Kallur

American: 7.74 3/1/2003 Gail Devers

Collegiate: 7.84 3/10/2006 Ginnie Powell

NCAA Auto: 8.14

NCAA Prov.: 8.43

Conference: 8.57 2/11/2007 Tavia Burke

ECAC Qual.: 8.84

Lane Name	Yr	School	Prelims
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**Section 1 of 1 Finals**

1	100 Edwards, Evana	FR	Fairleigh Dickin	9.12	_____
2	408 Brown, Melitta	JR	Robert Morris	9.09	_____
3	705 Alfano, Alaina	SR	Wagner	9.07	_____
4	149 Saunders, Torrie	FR	Long Island	8.93	_____
5	141 Gaines, Jessie	FR	Long Island	8.74	_____
6	152 Waller, Jazmin	FR	Long Island	8.99	_____
7	482 Hyatt, Sarana	SR	Sacred Heart	9.04	_____
8	475 Dexter, Brittany	JR	Sacred Heart	9.29	_____

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## Meet Program

**Event 21 Women 4x400 Meter Relay**

Saturday 2/21/2009 - 4:00 PM

2 section timed final

Section 1 seeds 11-6, Section 2 seeds 1-5

World: 3:23.37 1/28/2006 Russia

American: 3:27.59 3/7/1999 National Team

Hennagan, Collins, Feagin-Alexander, Porter

Collegiate: 3:27.66 3/15/2003 Texas

Downer, McIntosh, Robinson, Richards

NCAA Auto: 3:34.20

NCAA Prov.: 3:41.20

Conference: 3:50.64 2/15/2004 Monmouth

T Williams, L Dickson, N Barbante, S Kornegay

ECAC Qual.: 3:53.94

Lane	Team	Relay	Seed Time
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**Section 1 of 2 Finals**

1	Quinnipiac	A	_____
2	Bryant	A	_____
3	St. Francis (Pa.	A	_____
4	Robert Morris	A	_____
5	Wagner	A	_____
6	Central Connecti	A	_____

**Section 2 of 2 Finals**

1	St. Francis (N.Y	A	_____
2	Sacred Heart	A	_____
3	Fairleigh Dickin	A	_____
4	Long Island	A	_____
5	Monmouth	A	_____
6	Mount St. Mary's	A	_____

**Event 19 Women Distance Medley**

Saturday 2/21/2009 - 3:30 PM

Running order is 1200, 400, 800, 1600

Start in 2 alley, 7 teams in alley 1 and 4 teams in alley 2

American: 10:59.46 2007 North Carolina

Collegiate: 10:54.34 1988 Villanova

Conference: 12:13.68 2/13/2005 Quinnipiac

C Brady, E O'Connell, J Perez, K Gwyther

ECAC Qual.: 12:08.64

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	Monmouth	A	_____
2	Bryant	A	_____
3	Central Connecti	A	_____
4	Quinnipiac	A	_____
5	Fairleigh Dickin	A	_____
6	St. Francis (N.Y	A	_____
7	Long Island	A	_____
8	Mount St. Mary's	A	_____
9	Wagner	A	_____
10	St. Francis (Pa.	A	_____
11	Sacred Heart	A	_____

**Event 25 Women Pole Vault**

Saturday 2/21/2009 - 12:00 PM

Starting height is 2.30, Progression is 15 cm

2.30, 2.55, 2.70, 2.85, 3.00, 3.15, 3.30,

3.45, 3.60, etc.

No 5 alive, straight competition

World: 4.95m 2/16/2008 Yelena Isinbaeva

American: 4.81m 3/7/2004 Stacy Dragila

Collegiate: 4.53m 2/8/2002 Amy Linnen

NCAA Auto: 4.20m

NCAA Prov.: 3.95m

Conference: 3.74m 2/15/2004 Mandy Jenkins

ECAC Qual.: 3.60m

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	207 Riggs, Heleen	SO	Monmouth	_____
2	432 Samole, Anna	SO	Robert Morris	_____
3	304 Huber, Jessica	FR	Mount St. Mary'	_____
4	660 Sankey, Skye	FR	St. Francis (Pa.	_____
5	186 Fatale, Christine	SR	Monmouth	_____
6	640 DeMedal, Elizabeth	SO	St. Francis (Pa.	_____
7	204 Myers, Laura	SR	Monmouth	_____
8	221 Telofski, Michelle	FR	Monmouth	_____
9	715 McNamara, Mishelle	SO	Wagner	_____
10	433 Schmidt, Erica	JR	Robert Morris	_____
11	298 Collins, Dana	SR	Mount St. Mary'	_____
12	498 Ojeda, Kerry	JR	Sacred Heart	_____

**Event 29 Women Triple Jump**

Saturday 2/21/2009 - 1:30 PM

Advance top 9 performances + ties from prelims to finals

World: 15.36m 3/6/2004 Tatyana Lebedeva

American: 14.23m 3/4/1995 Sheila Hudson

Collegiate: 14.25m 3/8/1997 Suzette Lee

NCAA Auto: 13.30m

NCAA Prov.: 12.65m

Conference: 12.52m 1996 Sharline White

ECAC Qual.: 11.70m

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 3 Finals**

1	482 Hyatt, Sarana	SR	Sacred Heart	_____
2	12 Hutchinson, Amy	FR	Bryant	_____
3	303 Greene, Kelsey	FR	Mount St. Mary'	_____
4	592 Brown, Jasmine	SO	St. Francis (N.Y	_____
5	610 Warner, Serena	SO	St. Francis (N.Y	_____
6	309 Longfield, Mallory	SR	Mount St. Mary'	_____
7	427 Moser, Corinne	SO	Robert Morris	_____
8	467 Ameye, Justine	FR	Sacred Heart	_____
9	423 McCloud, Lakeshia	FR	Robert Morris	_____

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## Meet Program

**Flight 2 of 3 Finals...(Event 29 Women Triple Jump)**

1	65 Prescott, Amanda	FR	Central Connect	_____
2	497 Molosh, Jessica	FR	Sacred Heart	_____
3	599 Houston, Candace	SR	St. Francis (N.Y)	_____
4	100 Edwards, Evana	FR	Fairleigh Dickin	_____
5	631 Albee, Jill	SR	St. Francis (Pa.	_____
6	409 Chisholm, Aisha	FR	Robert Morris	_____
7	106 Massaquoi, Hawa	JR	Fairleigh Dickin	_____
8	105 Kilson, Lauren	SO	Fairleigh Dickin	_____
9	219 Tarsan, Jennifer	JR	Monmouth	_____
10	217 Swan, Jennifer	JR	Monmouth	_____

**Flight 3 of 3 Finals**

1	141 Gaines, Jessie	FR	Long Island	_____
2	493 Matakovich, Ashley	FR	Sacred Heart	_____
3	408 Brown, Melitta	JR	Robert Morris	_____
4	150 Spencer, Danay	SO	Long Island	_____
5	227 Walsh, MaryKate	JR	Monmouth	_____
6	146 Patton, Heather	SR	Long Island	_____
7	149 Saunders, Torrie	FR	Long Island	_____
8	705 Alfano, Alaina	SR	Wagner	_____
9	712 Gland, Amanda	JR	Wagner	_____
10	190 Gibbs, Brittany	JR	Monmouth	_____

**Event 31 Women Shot Put**

Saturday 2/21/2009 - 1:00 PM

Advance top 9 performances + ties from prelims to finals

<b>World:</b>	<b>22.50m</b>	<b>2/19/1977</b>	<b>Helena Fibingerova</b>
<b>American:</b>	<b>19.83m</b>	<b>2/20/1987</b>	<b>Ramona Pagel</b>
<b>Collegiate:</b>	<b>19.15m</b>	<b>3/3/2004</b>	<b>Laura Gerraughty</b>
<b>NCAA Auto:</b>	<b>16.90m</b>		
<b>NCAA Prov.:</b>	<b>15.20m</b>		
<b>Conference:</b>	<b>16.36m</b>	<b>2/16/2002</b>	<b>Cleopatra Borel</b>
<b>ECAC Qual.:</b>	<b>13.60m</b>		

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	191 Hegmann, Samantha	SO	Monmouth	_____
2	496 Middleton, Christine	FR	Sacred Heart	_____
3	312 Pierce, Maggie	FR	Mount St. Mary'	_____
4	182 Dantley, Kelly	JR	Monmouth	_____
5	306 Klemic, Sarah	SR	Mount St. Mary'	_____
6	139 Egalite, Bianca	FR	Long Island	_____
7	655 Pearce, Elise	SR	St. Francis (Pa.	_____
8	642 Gilbert, Catya	FR	St. Francis (Pa.	_____
9	224 Toritto, Jessica	FR	Monmouth	_____

**Flight 2 of 2 Finals**

1	633 Bridge, Christin	SO	St. Francis (Pa.	_____
2	60 Kelley, Amanda	FR	Central Connect	_____
3	107 O'Connor, Taryn	SO	Fairleigh Dickin	_____
4	431 Rinehart, Gabriella	FR	Robert Morris	_____
5	472 Cress, Carol	FR	Sacred Heart	_____
6	507 Smith, Athalia	FR	Sacred Heart	_____
7	646 Kendrick, Kathryne	FR	St. Francis (Pa.	_____
8	488 Kilis, Jamie	SR	Sacred Heart	_____
9	188 Fisher, Symmone	FR	Monmouth	_____

**Event 2 Men 60 Meter Dash**

Saturday 2/21/2009 - 1:50 PM

8 advance to Final by time and place

<b>World:</b>	<b>6.39</b>	<b>2/3/1998</b>	<b>Maurice Greene</b>
<b>American:</b>	<b>6.39</b>	<b>2/3/1998</b>	<b>Maurice Green</b>
<b>Collegiate:</b>	<b>6.45</b>	<b>2/20/1999</b>	<b>Leonard Myles-Mills</b>
<b>NCAA Auto:</b>	<b>6.63</b>		
<b>NCAA Prov.:</b>	<b>6.74</b>		
<b>Conference:</b>	<b>6.77</b>	<b>2/10/2007</b>	<b>Arman Dixon</b>
<b>IC4A Qual.:</b>	<b>6.98</b>		

Lane	Name	Yr	School	Prelims
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**Section 1 of 1 Finals**

1	292 Taiwo, Chris	JR	Monmouth	7.01	_____
2	278 Navarro, Geoff	FR	Monmouth	6.99	_____
3	630 Wilson, Kimarley	SR	St. Francis (N.Y)	6.99	_____
4	157 Clarke, Shavar	SR	Long Island	6.97	_____
5	164 Marcano, Andre	SR	Long Island	6.88	_____
6	327 Brown, Chad	SO	Mount St. Mary'	6.98	_____
7	124 John, Reyon	SR	Fairleigh Dickin	6.97	_____
8	163 Mahlung, Nickolei	FR	Long Island	7.01	_____

**Event 6 Men 200 Meter Dash**

Saturday 2/21/2009 - 2:30 PM

Prelims to Final, fastest 9 times advance

Top 4 time qualifiers in section 2 of finals

Qualifiers 5-9 in section 1 of finals

Use lanes 2-6 in prelims

<b>World:</b>	<b>19.92</b>	<b>2/18/1996</b>	<b>Frank Fredericks</b>
<b>American:</b>	<b>20.10</b>	<b>3/11/2005</b>	<b>Wallace Spearmon</b>
<b>Collegiate:</b>	<b>20.10</b>	<b>3/11/2005</b>	<b>Wallace Spearmon</b>
<b>NCAA Auto:</b>	<b>21.08</b>		
<b>NCAA Prov.:</b>	<b>21.48</b>		
<b>Conference:</b>	<b>21.59</b>	<b>2/15/2004</b>	<b>Richard James</b>
<b>IC4A Qual.:</b>	<b>22.24</b>		

Lane	Name	Yr	School	Prelims
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**Section 1 of 2 Finals**

2	41 O'Connor, Thomas	SO	Bryant	22.69	_____
3	27 Engel, Alexander	JR	Bryant	22.60	_____
4	292 Taiwo, Chris	JR	Monmouth	22.54	_____
5	160 Egadu, Samuel	SO	Long Island	22.33	_____
6	327 Brown, Chad	SO	Mount St. Mary'	22.47	_____

**Section 2 of 2 Finals**

3	278 Navarro, Geoff	FR	Monmouth	22.30	_____
4	673 Davis, Jordan	SR	St. Francis (Pa.	22.29	_____
5	124 John, Reyon	SR	Fairleigh Dickin	22.24	_____
6	157 Clarke, Shavar	SR	Long Island	22.27	_____

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## Meet Program

**Event 8 Men 400 Meter Dash****Saturday 2/21/2009 - 1:10 PM**

Prelims to Final, Fastest 9 time advance

Fastest 4 heat winners in Section 2 final

Qualifiers 5-9 in section 1 final

Use lanes 2-6 in prelims, 2 turn stager and break

World:	44.57	3/12/2005	Kerron Clement
American:	44.57	3/12/2005	Kerron Clement
Collegiate:	44.57	3/12/2005	Kerron Clement
NCAA Auto:	46.55		
NCAA Prov.:	47.65		
Conference:	47.09	2/15/2004	Richard James
IC4A Qual.:	49.20		

Lane Name	Yr	School	Prelims
<b>Section 1 of 2 Finals</b>			
2	27	Engel, Alexander	JR Bryant 50.90 _____
3	271	McLeod, Reginald	SO Monmouth 50.81 _____
4	333	Edwards, Julian	SR Mount St. Mary' 50.70 _____
5	91	Smith, Sean	SR Central Connecti 50.55 _____
6	156	Boyd, Corryl	SO Long Island 50.60 _____

<b>Section 2 of 2 Finals</b>			
3	41	O'Connor, Thomas	SO Bryant 50.42 _____
4	273	Merrigan, Kevin	FR Monmouth 50.31 _____
5	673	Davis, Jorden	SR St. Francis (Pa. 49.10 _____
6	169	Tyler, Eric	JR Long Island 50.29 _____

**Event 10 Men 500 Meter Dash****Saturday 2/21/2009 - 1:30 PM**

Prelims to Final, Fastest 9 time advance

4 fastest heat winners in the second final

Time qualifers and last qualifier in section one final

2 turn stager and break

Conference:	1:02.98	2/15/2004	Bryan Steele
IC4A Qual.:	1:05.20		

Lane Name	Yr	School	Prelims
<b>Section 1 of 2 Finals</b>			
2	621	Massey, Daquan	SR St. Francis (N.Y 1:08.08 _____
3	460	Smith, DJ	SO Robert Morris 1:07.90 _____
4	26	DiBella, Michael	SO Bryant 1:07.73 _____
5	129	Reid, Nicholas	SR Fairleigh Dickin 1:07.21 _____
6	342	Kyningham, Jason	SO Mount St. Mary' 1:07.49 _____

<b>Section 2 of 2 Finals</b>			
3	585	Soule, Jason	JR Sacred Heart 1:07.02 _____
4	162	Goffe, Sheldon	SR Long Island 1:06.38 _____
5	160	Egadu, Samuel	SO Long Island 1:04.77 _____
6	90	Simeone, RJ	JR Central Connecti 1:06.01 _____

**Event 12 Men 800 Meter Run****Saturday 2/21/2009 - 2:10 PM**

2 alley start- 6 or 7 on inside alley, 2 or 3 outside alley

Advance top finisher + 5 next best times

Final will have 6 inside alley, 3 outside alley

2 turn stager and break

World:	1:42.67	3/9/1997	Wilson Kipketer
American:	1:45.00	3/8/1992	Johnny Gray
Collegiate:	1:44.84	3/4/1989	Paul Ereng
NCAA Auto:	1:48.60		
NCAA Prov.:	1:51.10		
Conference:	1:52.08	2/15/2004	Isaiah Cartledge
IC4A Qual.:	1:54.90		

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	231	Barr, Yasser	SR Monmouth 1:57.38 _____
2	528	Boerjes, Robert	SR Sacred Heart 1:58.54 _____
3	96	Whalen, Matt	SR Central Connecti 1:59.09 _____
4	347	Mitchell, William	JR Mount St. Mary' 1:59.81 _____
5	545	German, Luis	SR Sacred Heart 2:01.31 _____
6	735	Kearney, Kevin	JR Wagner 1:59.11 _____
7	445	Feinstein, Jared	FR Robert Morris 1:59.36 _____
8	668	Behre, Chris	JR St. Francis (Pa. 1:59.75 _____
9	548	Houghtalen, Andrew	SO Sacred Heart 1:59.97 _____

**Event 14 Men 1 Mile Run****Saturday 2/21/2009 - 12:30 PM**

2 alley start- 5 inside alley, 2 or 3 outside alley in Prelims

Advance top 2 finishers plus next 4 fastest times

6 inside alley, 4 outside alley

2 turn stager and break

World:	3:48.45	2/12/1997	Hicham El Guerrouj
American:	3:49.89	2/11/2005	Bernard Lagat
Collegiate:	3:55.0h	2/17/1974	Tony Waldrop
NCAA Auto:	4:00.30		
NCAA Prov.:	4:04.80		
Conference:	4:08.53	2001	Stephen Ondieki
IC4A Qual.:	4:14.90		

Lane Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>			
1	39	Mitton, John	FR Bryant 4:27.28 _____
2	733	Iannacone, Thomas	FR Wagner 4:28.13 _____
3	395	Healy, John	FR Quinnipiac 4:29.75 _____
4	685	Kealey, Brian	FR St. Francis (Pa. 4:28.35 _____
5	545	German, Luis	SR Sacred Heart 4:29.24 _____
6	701	Tice, Jeremy	SR St. Francis (Pa. 4:29.60 _____
7	617	Ksepka, Rafal	FR St. Francis (N.Y 4:29.74 _____
8	668	Behre, Chris	JR St. Francis (Pa. 4:29.63 _____
9	690	Mckee, Andrew	SO St. Francis (Pa. 4:29.34 _____
10	24	Clark, Drew	FR Bryant 4:29.34 _____

## Northeast Conference Indoor Championship 2009 - 2/20/2009 to 2/21/2009

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Prince George's S&amp;LComplex in Landover, MD

## Meet Program

**Event 18 Men 5000 Meter Run****Saturday 2/21/2009 - 3:05 PM**Top 18 seeds on the front rows, #1-12 alley 1, #13-18 alley 2  
remainder on the second row of either alley

Use 2 alleys, 2 turn stager.

World: 12:49.60 2004 Kenenisa Bekele  
 American: 13:18.12 2/13/2009 Galen Rupp  
 Collegiate: 13:18.12 2/13/2009 Galen Rugg  
 Conference: 14:23.67 2/15/2004 Ryan Sheehan  
 IC4A Qual.: 14:47.40

Lane	Name	Yr	School	Seed	Time
<b>Section 1 of 1 Finals</b>					
1	553 Kenworthy, John	SR	Sacred Heart		_____
2	23 Casey, Tom	SR	Bryant		_____
3	344 Logie, Matthew	SR	Mount St. Mary'		_____
4	89 Sanderson, Ry	JR	Central Connecti		_____
5	745 Rammelkamp, Derek	SO	Wagner		_____
6	732 Halling, Brian	SR	Wagner		_____
7	396 Klauber, Richard	FR	Quinnipiac		_____
8	545 German, Luis	SR	Sacred Heart		_____
9	692 Mills, Christopher	FR	St. Francis (Pa.		_____
10	253 Hutterer, Ben	SO	Monmouth		_____
11	245 Dowd, Billy	SO	Monmouth		_____
12	704 Wertner, Timothy	SO	St. Francis (Pa.		_____
13	405 Roark, Daniel	FR	Quinnipiac		_____
14	394 Greenlaw, John	SO	Quinnipiac		_____
15	406 Roberts, Taylor	SO	Quinnipiac		_____
16	736 Koehler, Allen	SR	Wagner		_____
17	345 Lunz, Kurtis	SR	Mount St. Mary'		_____
18	277 Mydlowski, Evan	FR	Monmouth		_____
19	92 Tiernan, Kevin	FR	Central Connecti		_____
20	324 Brackett, Justin	SR	Mount St. Mary'		_____
21	452 Leathers, Arthur	FR	Robert Morris		_____
22	323 Bernard, Dylan	FR	Mount St. Mary'		_____
23	670 Brown, Andrew	SO	St. Francis (Pa.		_____
24	551 Jones, David	SR	Sacred Heart		_____
25	577 Rickert, Brendan	JR	Sacred Heart		_____
26	38 Kenwood, Mark	SR	Bryant		_____
27	75 Alexander, Sam	FR	Central Connecti		_____
28	276 Mulligan, Ryan	FR	Monmouth		_____
29	672 Burns, Zachary	FR	St. Francis (Pa.		_____

**Event 4 Men 60 Meter Hurdles****Saturday 2/21/2009 - 12:50 PM**

8 advance to Final by time and place

World: 7.30 3/3/1994 Colin Jackson  
 American: 7.36 1/16/1987 Foster/ Johnson  
 Collegiate: 7.47 2/7/1997 Reggie Torian  
 NCAA Auto: 7.70  
 NCAA Prov.: 7.91  
 Conference: 8.10 2/12/2006 Devin Barry  
 IC4A Qual.: 8.25

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	535 Conti, Peter	SO	Sacred Heart	8.63 _____
2	237 Cajuste, Stevenson	FR	Monmouth	8.54 _____
3	130 Sheppard, Eric	SR	Fairleigh Dickin	8.41 _____
4	287 Rutherford, Chris	FR	Monmouth	8.35 _____
5	127 Mackey, Thomas	SR	Fairleigh Dickin	8.33 _____
6	550 Jean-Louis, Bertony	FR	Sacred Heart	8.47 _____
7	580 Rowe, Keith	JR	Sacred Heart	8.50 _____
8	336 FitzSimons, Tom	SO	Mount St. Mary'	8.63 _____

**Event 22 Men 4x400 Meter Relay****Saturday 2/21/2009 - 4:10 PM**

2 section timed final

Heat 1 seeds 11-6, Heat 2 seeds 1-5

World: 3:02.83 3/7/1999 United States  
 American: 3:01.96 2/11/2006 U.S.A.

Clement, Spearmon, Williamson, Wariner

Collegiate: 3:03.51 3/12/2005 Florida

Clark, Middleton, Pastor, Clement

NCAA Auto: 3:08.10

NCAA Prov.: 3:12.00

Conference: 3:15.70 2/22/2002 Long Island

R Adkison, C Horton, R James, B Steele

IC4A Qual.: 3:19.90

Lane	Team	Relay	Seed	Time
<b>Section 1 of 3 Finals</b>				
3	Quinnipiac	A		_____
4	Robert Morris	A		_____
5	Central Connecti	A		_____
6	Sacred Heart	A		_____
<b>Section 2 of 3 Finals</b>				
3	Fairleigh Dickin	A		_____
4	St. Francis (Pa.	A		_____
5	St. Francis (N.Y	A		_____
6	Wagner	A		_____
<b>Section 3 of 3 Finals</b>				
3	Bryant	A		_____
4	Mount St. Mary's	A		_____
5	Monmouth	A		_____
6	Long Island	A		_____

## Northeast Conference Indoor Championship 2009 - 2/20/2009 to 2/21/2009

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Prince George's S&amp;LComplex in Landover, MD

## Meet Program

**Event 20 Men Distance Medley**

Saturday 2/21/2009 - 3:45 PM

Running order is 1200, 400, 800, 1600

Start in 2 alley, 7 teams in alley 1 and 4 teams in alley 2

American: 9:25.97 2008 Texas

Collegiate: 9:25.97 2008 Texas

Conference: 10:15.82 2/12/2006 Robert Morris

C Legge, C Ecalono, J Wagner, M Booth

IC4A Qual.: 10:19.70

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	St. Francis (N.Y)	A	_____
2	Quinnipiac	A	_____
3	Mount St. Mary's	A	_____
4	Wagner	A	_____
5	Fairleigh Dickin	A	_____
6	Monmouth	A	_____
7	Sacred Heart	A	_____
8	Bryant	A	_____
9	Long Island	A	_____
10	St. Francis (Pa.	A	_____
11	Central Connecti	A	_____

**Event 24 Men High Jump**

Saturday 2/21/2009 - 11:00 AM

Starting height is 1.77, Progression is 5 cm

1.77, 1.82, 1.87, 1.92, 1.95, 1.98, 2.01, 2.04, 2.07, 2.10

2.12, 2.14, 2.16, etc.

Straight competition, NO 5 alive

World: 2.43m 3/4/1989 Javier Sotomayor

American: 2.40m 3/10/1991 Hollis Conway

Collegiate: 2.37m 3/11/1989 Hollis Conway

NCAA Auto: 2.24m

NCAA Prov.: 2.14m

Conference: 2.12m 2/11/2007 Jeff Witmyer

IC4A Qual.: 2.04m

Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 1 Finals</b>				
1	730 Francios, Gregory	SO	Wagner	_____
2	127 Mackey, Thomas	SR	Fairleigh Dickin	_____
3	583 Smarkucki, Bartosz	JR	Sacred Heart	_____
4	580 Rowe, Keith	JR	Sacred Heart	_____
5	158 Conaway, Adham	FR	Long Island	_____
6	743 Perfetto, Claudio	JR	Wagner	_____
7	520 Amato, Michael	FR	Sacred Heart	_____
8	86 Rathbun, Eric	SO	Central Connecti	_____
9	336 FitzSimons, Tom	SO	Mount St. Mary's	_____
10	93 Trifone, Nick	FR	Central Connecti	_____
11	77 Berube, Matt	FR	Central Connecti	_____
12	549 Hyatt, Thomas	SR	Sacred Heart	_____
13	258 Krajunus, John	FR	Monmouth	_____
14	340 Huguley, Quinton	FR	Mount St. Mary's	_____
15	444 Dyson, Jordan	JR	Robert Morris	_____
16	286 Rodriguez, Julio	SO	Monmouth	_____
17	702 Velez, William	SR	St. Francis (Pa.	_____
18	614 Brown, Dean	JR	St. Francis (N.Y	_____

## Northeast Conference Indoor Championship 2009 - 2/20/2009 to 2/21/2009

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## Meet Program

**Event 30 Men Triple Jump****Saturday 2/21/2009 - 1:30 PM**

Advance top 9 performances + ties from prelims to finals

World: 17.83m 3/1/1997 Aliecer Urrutia  
 American: 17.76m 2/27/1987 Mike Conley  
 Collegiate: 17.50m 1/17/1986 Charlie Simpkins  
 NCAA Auto: 16.10m  
 NCAA Prov.: 15.40m  
 Conference: 15.30m 2/10/2008 Nasim Siddeeq  
 IC4A Qual.: 14.30m

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	20 Brida, Chris	FR	Bryant		_____
2	87 Roberts, Tristan	FR	Central Connecti		_____
3	237 Cajuste, Stevenson	FR	Monmouth		_____
4	93 Trifone, Nick	FR	Central Connecti		_____
5	680 Freidhof, Christopher	FR	St. Francis (Pa.		_____
6	730 Francios, Gregory	SO	Wagner		_____
7	444 Dyson, Jordan	JR	Robert Morris		_____
8	443 Cook, Anthony	SR	Robert Morris		_____
9	86 Rathbun, Eric	SO	Central Connecti		_____
10	169 Tyler, Eric	JR	Long Island		_____
11	581 Sharon, Nicholas	SR	Sacred Heart		_____

**Flight 2 of 2 Finals**

1	292 Taiwo, Chris	JR	Monmouth		_____
2	328 Clayton, Lamar	SR	Mount St. Mary'		_____
3	125 Kamguia, Senghor	FR	Fairleigh Dickin		_____
4	168 Solomon, Amire	FR	Long Island		_____
5	28 Fitzgerald, Andrew	SO	Bryant		_____
6	550 Jean-Louis, Bertony	FR	Sacred Heart		_____
7	77 Berube, Matt	FR	Central Connecti		_____
8	340 Huguley, Quinton	FR	Mount St. Mary'		_____
9	677 Eradiri, Denis	SR	St. Francis (Pa.		_____
10	251 Goode, Marcus	FR	Monmouth		_____
11	234 Bowers, Alex	JR	Monmouth		_____

**Event 34 Men Weight Throw****Saturday 2/21/2009 - 9:30 AM**

Advance top 9 performances + ties from prelims to finals

American: 25.86m 3/4/1995 Lance Deal  
 Collegiate: 24.02m 2001 Libor Charfreitag  
 NCAA Auto: 21.50m  
 NCAA Prov.: 19.50m  
 Conference: 19.60m 2/2003 Tom Carey  
 IC4A Qual.: 16.80m

Pos	Name	Yr	School	Seed	Mark
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**Flight 1 of 2 Finals**

1	669 Bookhamer, Terry	FR	St. Francis (Pa.		_____
2	117 Berisha, Nik	JR	Fairleigh Dickin		_____
3	116 Ahmed, Zacharia	FR	Fairleigh Dickin		_____
4	98 Williams, Rashad	FR	Central Connecti		_____
5	559 Mahl, Christopher	FR	Sacred Heart		_____
6	32 Haskell, Steve	SR	Bryant		_____
7	683 Hazen, Josh	SR	St. Francis (Pa.		_____
8	329 Coulson, Alan	FR	Mount St. Mary'		_____
9	325 Brady, Edward	JR	Mount St. Mary'		_____
10	335 Fernandez, Jon	FR	Mount St. Mary'		_____

**Flight 2 of 2 Finals**

1	247 Elardo, Vincent	SO	Monmouth		_____
2	440 Argauer, Kevin	SR	Robert Morris		_____
3	674 Dewayngaert, Karl	SR	St. Francis (Pa.		_____
4	238 Ciccoli, Thomas	SO	Monmouth		_____
5	688 Maderia, Ben	SR	St. Francis (Pa.		_____
6	623 Megerdichian,	JR	St. Francis (N.Y		_____
7	288 Sabo, Shawn	JR	Monmouth		_____
8	442 Bowman, Michael	JR	Robert Morris		_____
9	266 Lundy, Larry	SR	Monmouth		_____
10	534 Conklin, Mark	FR	Sacred Heart		_____