



TSU Invite Information Packet February 6, 2010

- DATE:** Saturday February 6, 2010
- LOCATION:** TSU Gentry Complex
Tennessee State University
Nashville, TN
- MEET Director:** Chandra Cheeseborough
- STARTING TIME:** 8:00 A.M. Mile Run, Field
- COMPETITION:** Each team may enter up to **three athletes** per event. Club athletes and unattached athletes are welcome. Awards will be given to the top three collegiate finishers in each event. **Long Jump and Triple Jump may enter only two athletes per event.**
- ENTRY FEE:** \$300 per men or women teams, \$43 per individual athlete
Teams and individuals must only register online with www.cfpitiming.com
Deadline for registration is February 2, 2010 at 11:59pm
- ELEMENTS:** ¼ inches elements are required
- DRESSING FACILITIES:** Available at Gentry Complex
- TRAINERS:** Trainers will be available at the track the day of the meet from 6:00a.m through the duration of the meet. If a team desires training facilities please call Patrice Elder (615) 963-7769.
- AWARDS:** Awards will be presented approximately 20 minutes after the conclusion of each event to the top (3) collegiate finishers.
- PACKETS:** Packets will be available Sunday 6, 2010 Gentry Complex,
- QUESTIONS:** Chandra Cheeseborough (615) 963-5906 office, (615) 294-0051 cell
- Hotel information: Baymont Inn & Suites 615-353-0700 Tony Mullins

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8:00 A.M.	Mile Run	Men/Women
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**** Each athlete receives 4 attempts per field event**

8:00 Field Events

High Jump	Women/Men
Long Jump	Men/Women
Triple Jump (After LJ)	Men/Women
Shot Put	Women/Men
Weight Throw	Women/Men

10:30 Running Events Rolling Time Schedule

55m Hurdles Prelims	Men/Women
55m Prelims	Men/Women
Distance Medley Relay	Men/Women

****Two heat finals**

55m Hurdles Finals	Men/Women
55m Finals	Men/Women
400m	Men/Women
800m	Men/Women
200m	Men/Women
5000m	Men/Women
4x400m Relay	Men/Women