

UNIV. OF MEMPHIS INVITATIONAL

TENTATIVE MEET INFORMATION

(ALL INFORMATION SUBJECT TO CHANGE, PRIOR NOTICE WILL BE GIVEN)

- DATE: April 16th -17th, 2010
- SITE: The track is located off Getwell Road at the South Campus “Murphy Sports Complex”. All parking, including buses will park in the North lot adjacent to the track.
- SCHEDULE: See attached.
- FACILITY: The track is nine 48” lanes. The track was resurfaced three years ago and is in good condition. The maximum spike length for all events will be one quarter inch. Please do not use throwing implements in any areas other than those designated as “Competition Areas” at designated times. The adjacent football fields will be open for warm-up areas for all running events at any time. Concessions and restrooms/ port-a-potties will be available.
- ENTRY FEE: \$250 per team/per gender. Unattached entries are \$25 per event. Checks should be made payable to Memphis Track & Field. You may also pay when you arrive.
- ENTRY DEADLINE: All entries are on-line at www.cfpitiming.com.
Meet Deadline is Wednesday, April 14 at 12:00 p.m. Unattached athletes must receive written permission from the coaching staff prior to registering for the meet. (email: nfrtnbrr@memphis.edu)
There will be no scratches or declarations. There will be no additions or changes the day of the meet.
- AWARDS: The meet will NOT be scored. Event Champions will receive T-shirts.



MEET FORMAT: Running events will be sections by time as event final. Three attempt field event prelims will advance top 9 to a three attempt final.
High Jump Opening Height (Men) - 1.80m advancing by 5cm
High Jump Opening Height (Women) - 1.50m advancing by 5cm
Pole Vault Opening Ht (Men) – 4.00m adv. by 15cm to 4.60m then by 10cm
Pole Vault Opening Ht (Women) – 3.00m adv. by 15cm to 3.60m then by 10cm

RULES: All NCAA rules will apply.

Check In: The clerk of the Course will hand out hip numbers at check in (Tables will be near High Jump area) 30 min. prior to the event. Heat sheets will be posted on the board next to the check in. Field events check in with their flight.

IMPLEMENT WEIGH-IN: All implements will be certified and weighed in at the shed on the north end of the track. Times for doing so are Friday 2:00 pm – 4:00 pm and Saturday 8:00 am – 12:00 am. Implements will be impounded and taken to the competition site 30 min. prior to the start to the competition. They will be released to the owners immediately following the competition.

TRAINING AREA: The Univ. of Memphis Training staff will be on hand to accommodate all participating athletes. Visiting trainers may arrange use of facilities through our head trainer Amos Mansfield. ®

HOSPITALITY: Coaches will be provided lunch.

CONTACT INFO.: For more information please call Nic Fortenberry at 901.871.7719 or email at nfirtnbrr@memphis.edu.

MEET SCHEDULE

FRIDAY – Field Events

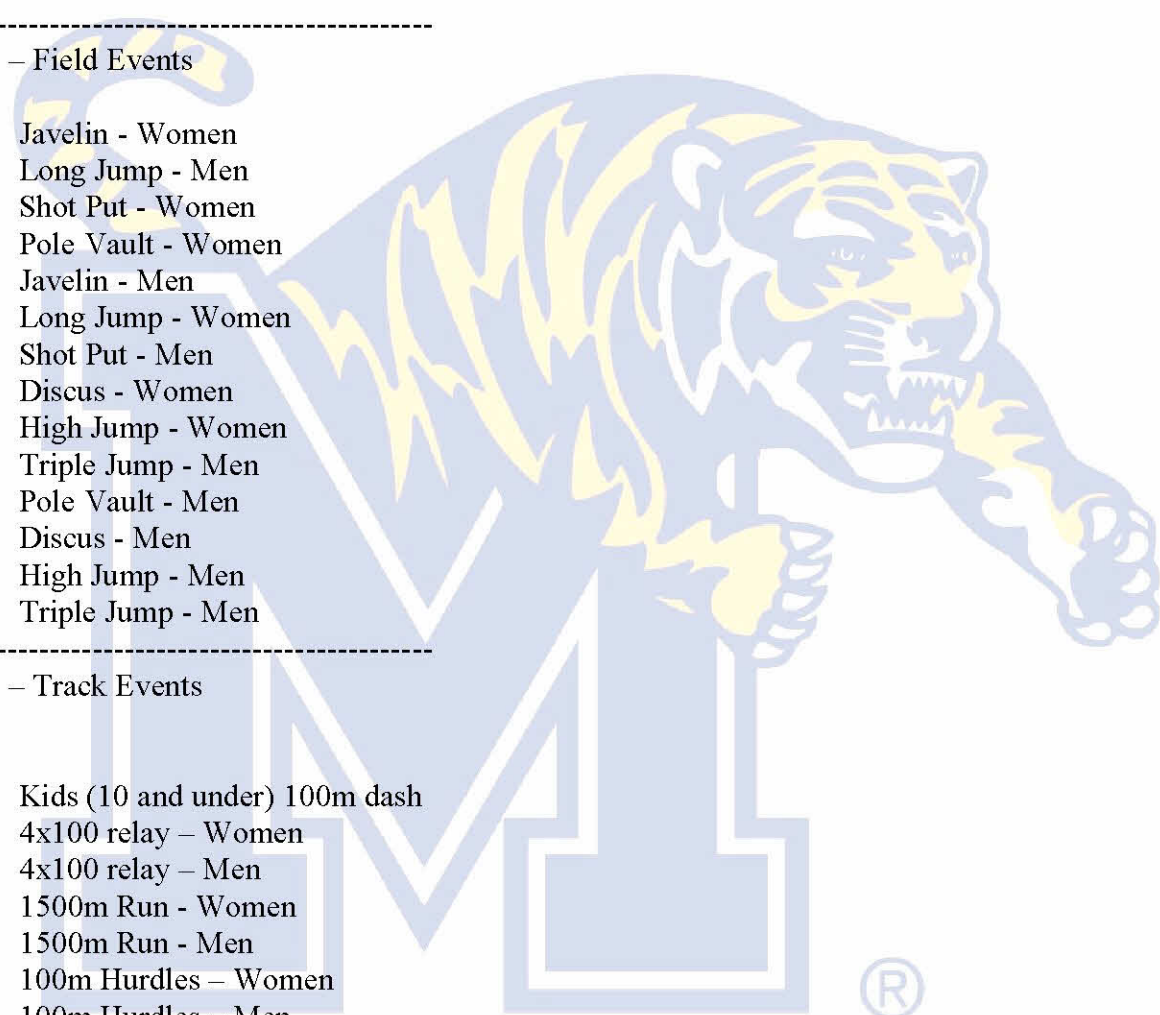
3:00 Hammer - Men
5:00 Hammer - Women

SATURDAY – Field Events

9:00 Javelin - Women
Long Jump - Men
Shot Put - Women
10:00 Pole Vault - Women
11:00 Javelin - Men
Long Jump - Women
Shot Put - Men
1:00 Discus - Women
High Jump - Women
Triple Jump - Men
2:00 Pole Vault - Men
3:30 Discus - Men
High Jump - Men
Triple Jump - Men

SATURDAY – Track Events

11:30 Kids (10 and under) 100m dash
12:00 4x100 relay – Women
12:10 4x100 relay – Men
12:20 1500m Run - Women
12:30 1500m Run - Men
12:45 100m Hurdles – Women
1:05 100m Hurdles – Men
1:20 400m Dash – Women
1:40 400m Dash – Men
2:00 100m Dash – Women
2:20 100m Dash – Men
2:40 800m Run – Women
2:45 800m Run – Men
3:10 400m Hurdles – Women
3:25 400m Hurdles – Men
3:45 200m Dash – Women
4:05 200m Dash – Men
4:30 3,000m Run – Women
4:50 3,000m Run – Men
5:10 4x400 Relay – Women
5:25 4x400 Relay – Men
5:35 Throwers 4x100m Relay - Women (winning teams gets cup cakes)
5:45 Throwers 4x100m Relay - Men (winning teams gets cup cakes)



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PLEASE LIST ALL YOUR COACHES, TRAINERS, AND ADMINISTRATORS THAT WILL BE TRAVELING WITH YOUR TEAM FOR OUR APRIL 17TH HOME MEET.

UNIVERSITY/COLLEGE: _____

HEAD COACH: _____

ASST. COACHES: _____

TRAINER(S): _____

ADMINISTRATOR(S): _____

Please FAX to Nic Fortenberry (901)-678-2162 by April 12th

