



**Palmetto Classic  
Friday March 11, 2011  
Tentative Schedule**

Implement Weigh-in (Equipment shed)  
12:30-2:00pm

**Field Events:**

- 1:30 Hammer, women then men  
Javelin, men then women
- 3:00 Pole Vault, women then men  
Long Jump, men then women followed by Triple Jump (men then women)
- 3:30 Discus, women then men
- 4:00 Shot, men then women
- 6:00 High Jump, women then men

**Running Events: (After entries are determined we will set a time schedule)**

- 3:00 Steeplechase, women  
Steeplechase, men
- 4 x 100 relay, women
- 4 x 100 relay, men
- Mile, women
- Mile, men
- 100 hurdles, women
- 110 hurdles, men
- 400, women
- 400, men
- 100, women
- 100, men
- 800, women
- 800, men
- 400 hurdles, women
- 400 hurdles, men
- 200, women
- 200, men
- 5k, women
- 5k, men
- 4 x 400, women
- 4 x 400, men

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