

## Palmetto Classic Friday March 9, 2012 Tentative Schedule



Implement Weigh-in (Equipment shed) 12:30-2:00pm

## Field Events:

1:30	Hammer, women then men
	Javelin, men then women
3:00	Pole Vault, women then men
	Long Jump, men then women followed by Triple Jump (men then women)
3:30	Discus, women then men
4:00	Shot, men then women
6:00	High Jump, women then men

Running Events: (After entries are determined we will set a time schedule)

3:00 3,000m, women

3,000m, men

4 x 100 relay, women

4 x 100 relay, men

Mile, women

Mile, men

100 hurdles, women

110 hurdles, men

400, women

400, men

100, women

100, men

800, women

800, men

400 hurdles, women

400 hurdles, men

200, women

200, men

5k, women

5k, men

4 x 400, women

4 x 400, men

