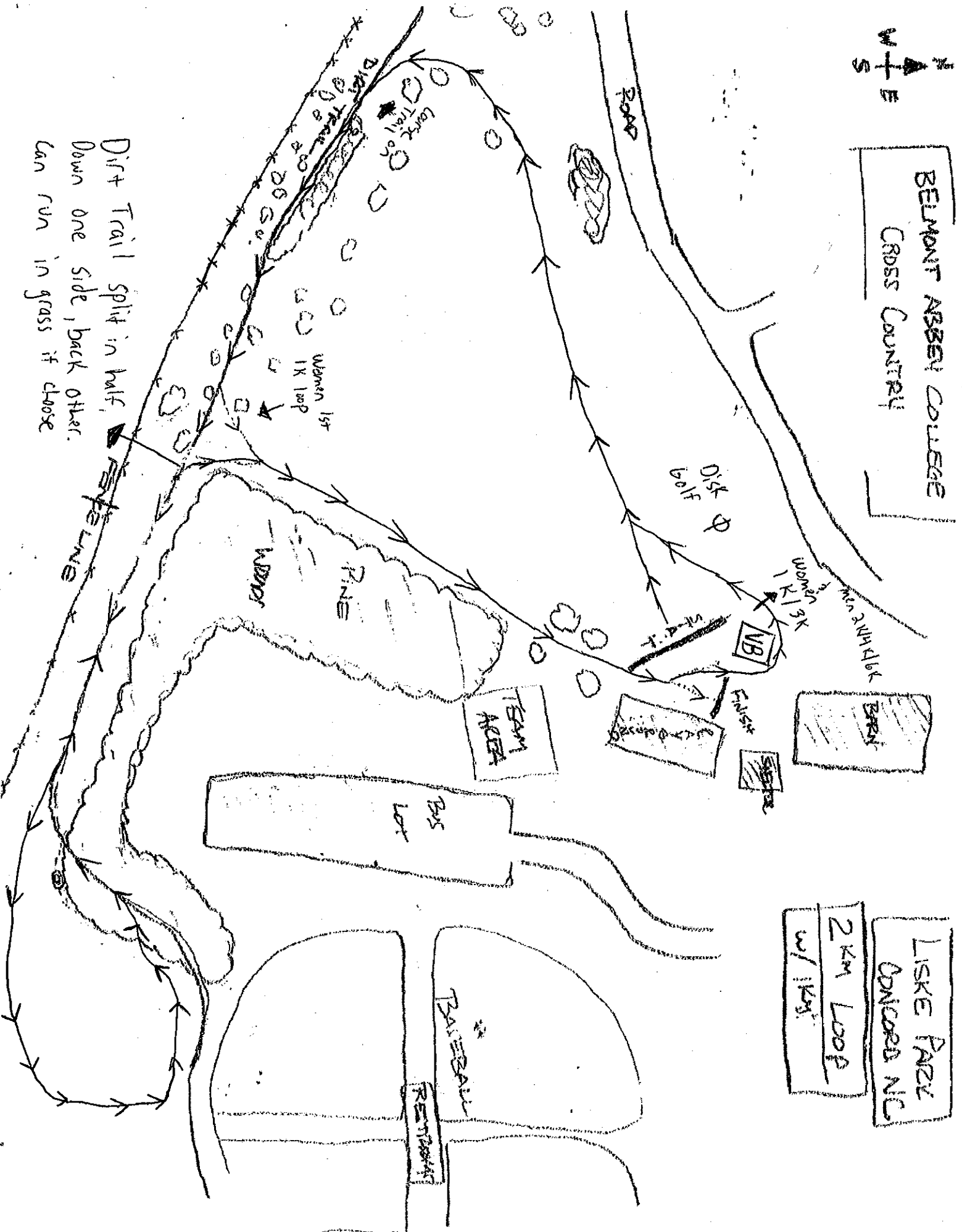


BELMONT ABBEY COLLEGE
CROSS COUNTRY

BRICK

LISKE PARK
DUNCAN NC
2 KM LOOP
w/ 1 KM



Dirt Trail split in half,
Down one side, back other.
Can run in grass if choose