



Jack Skoog Dual - Meet Information

- Date:** Friday, January 16, 2015
- Teams:** Oakland University
- Location:** Indoor Athletic Complex (IAC), Central Michigan University, Mount Pleasant, MI.
- Entries:** All entries shall be completed on www.directathletics.com, no email or phone entries will be accepted. Any questions regarding directions on how to use the site can be directed to support@directathletics.com.
- Deadline:** Tuesday, January 13, 2015 at 11:59p.m. EDT at www.Directathletics.com
- Final Schedule:** A final event schedule & Heat Sheets will be posted by 12:00 p.m. EST, Wednesday, January 15, 2015.
- Entry Fee:** None
- Scoring:** This meet shall be scored per NCAA Rules (5-3-2-1 – Relays: 5-3), with 2 entries per school scoring)
- Admission:** Is \$5.00 for all spectators and they must remain in the stands throughout the competition. CMU students may spectate free with a current CMU student ID card.
- Facility:** 200m flat track (Martin), 8 lanes on the straightaway and 6 lanes on the oval.
Elevated pole vault runway, 143ft long
Wood weight throw and shot put rings.
- Warm-ups:** Athlete warm-ups will take place in the Turf Bay adjacent to the indoor track or outside.
- Team Camps:** Team Camps and food or drinks must be consumed only on the tarped areas of the Turf Bay.
- Technology:** Personal stereo devices, cellular phones, etc; will not be permitted in the competition areas, the Track Bay floor and the throwing area per NCAA rule.
- Spikes:** Pyramid spikes ¼" or less!
- Weigh In:** Will be located below the scoreboard in the Track Bay and available from 2:45-3:30 pm.
- Check-in:** **Running events** will be clerked near the start line for each event.
Field events should report directly to their competition site for check-in.
- Trainers:** Will be available beginning one hour prior to the start of the competition. If you have any special needs, please contact Katsumi Takeno prior to the meet at 989-774-3879 or taken1k@cmich.edu
- Showers:** Will not be available.
- Results:** Will be available shortly after the conclusion of the meet at www.cmuchippewas.com.



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Schedule of Events

TENTATIVE SCHEDULE

FIELD EVENTS:

- 4:00 p.m. Weight - Men first (Women to follow 20:00 after conclusion of men's event)
Long Jump – Men on West runway & women on East runway
Pole Vault – Women first (men follow 40:00 after conclusion of women)
- 5:00 p.m. Shot Put – Men first followed by women (20:00 after conclusion of men)
- 5:30 p.m. Triple Jump – Men to follow men's long jump on West runway (women follow men)
High Jump – Women first, Men to follow (20:00 after conclusion of women)

TRACK EVENTS:

5:50 p.m. NATIONAL ANTHEM

5:00 p.m.	Mile Run	Final	Men
5:08 p.m.	Mile Run	Final	Women
5:17 p.m.	60m Hurdles	Final	Men
5:24 p.m.	60m Hurdles	Final	Women
5:30 p.m.	400m Dash	Final	Men
5:37 p.m.	400m Dash	Final	Women
5:48 p.m.	60m Dash	Final	Men
5:54 p.m.	60m Dash	Final	Women
6:01 p.m.	800m Run	Final	Men
6:08 p.m.	800m Run	Final	Women
6:15 p.m.	200m Dash	Final	Men
6:22 p.m.	200m Dash	Final	Women
6:30 p.m.	3000m Run	Final	Men
6:42 p.m.	3000m Run	Final	Women
6:57 p.m.	4 x 400 Meter Relay	Final	Men
7:03 p.m.	4 x 400 Meter Relay	Final	Women