

## **FIELD EVENTS:**

4:00 p.m. Weight - Men first (Women to follow 15:00 after conclusion of men's event)

Long Jump – Men on West runway & women on East runway

Pole Vault – Women first (men follow 15:00 after conclusion of women)

5:00 p.m. Shot Put – Men first followed by women (15:00 after conclusion of men)

5:15 p.m. Triple Jump – Men to follow men's long jump on West runway (women follow men)

High Jump – Women first, Men to follow (15:00 after conclusion of women)

## **TRACK EVENTS:**

4:50 p.m.	NATIONAL ANTHEM
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5:00 p.m.	Mile Run	Final	Men
5:08 p.m.	Mile Run	Final	Women
5:17 p.m.	60m Hurdles	Final	Men
5:24 p.m.	60m Hurdles	Final	Women
5:30 p.m.	400m Dash	Final	Men
5:35 p.m.	400m Dash	Final	Women
5:40 p.m.	60m Dash	Final	Men
5:48 p.m.	60m Dash	Final	Women
5:55 p.m.	800m Run	Final	Men
6:00 p.m.	800m Run	Final	Women
6:06 p.m.	200m Dash	Final	Men
6:13 p.m.	200m Dash	Final	Women
6:22 p.m.	3000m Run	Final	Men
6:35 p.m.	3000m Run	Final	Women
6:50 p.m.	4 x 400 Meter Relay	Final	Men
6:56 p.m.	4 x 400 Meter Relay	Final	Women

Updated: January 14, 2015