# MCNEESE STATE TRACK AND FIELD



## CARDIO VASCULAR SPECIALISTS 2015 BOB HAYES LA CHALLENGE COWBOY RELAYS March 14<sup>th</sup>

**MEET INFORMATION** 

#### **Entry Information**

#### **Meet Classifications**

The Cowboy Relays, on March 14<sup>th</sup>, 2015 will be a college-only meet. Unattached athletes in individual events will be permitted. They all must be cleared by meet director first before registration.

#### **How to Enter**

- 1. Entries will be processed through <u>www.directathletics.com</u>. Please access our meet at this website. Entry fees will be paid upon arrival at the meet at the packet pick-up site. You should set up your account up in advance to avoid any problems.
- 2. Entry Deadline is 11:30 PM Tuesday, March 10th.
- 3. No faxed or Phoned entries will be accepted.
- 4. Entries will be posted on Wednesday after 6pm at the McNeese Track and Field Website: <a href="www.mcneesesports.com">www.mcneesesports.com</a> under meet info.
- 5. \*NO CHANGES TO ENTRIES AFTER ENTRY DEADLINE\* You will be responsible for fees of all entered athletes.

#### **Entry Fees**

\$250 per team, Schools entering both men and women \$500 Unattached entries will be \$25.00 per athlete per event payable online with directathletics

Make Checks payable to: McNeese Foundation

#### **Meet Information**

#### **Meet Site**

The Cameron Communications Track and Field Complex is located just southeast of the McNeese Street and Common Street intersection. Parking is available in the lot on McNeese Street, north of the track. It is an 8-lane all-weather track.

#### **Directions to the Track**

Coming East on I-10 from Texas:

Twenty-five miles into Louisiana, take the 210 Loop (Exit 25). Head east for 6 miles before exiting at the Ryan St. Exit (Exit 6A). Head south on Ryan St. for 1 mile. Take a left at McNeese Street. Take a right turn on Common Street. The McNeese Cameron Communications Complex is located between Baseball and Football.

Coming West on I-10 from East Louisiana: Take the 210 Loop (Exit 34). Head west on 210 until your reach the Ryan St Exit (Exit 6A). Head south on Ryan St. for 1 mile. . Take a left at McNeese Street. Take a right turn on Common Street. The McNeese Cameron Communications Complex is located between Baseball and Football.

#### Packet Pick-Up

Packets can be picked up prior to the competition starting at 8:00 am at the gate. Please have your entry fee with you when you pick up packet.

#### **Meet Admission**

The meet will be open to the general public. Cost at the gate is \$5 for adults and Free for children.

#### **Dressing Facilities**

Unfortunately, there will be no locker room or shower facilities available for this event. The field house is off limits to all athletes.

#### **Athlete Check-In**

Field event athletes will be required to check-in 30 minutes prior to their event at the event site. All running events should check in at the white tent, located on the northwest corner of the track, no later than 15 minutes prior to their event. The running events will go on a rolling schedule so be alert.

#### **Qualifying**

There will be no qualifying heats for the running events. All races are finals. In the field events, there will be trials with top eight advancing to finals.

#### **Implement Weigh-In**

Implements may be weighed in at the fieldhouse next to the track. They must be weighed in between 8:00 AM - 9:30 AM.

#### **Starting Heights**

Starting heights will be determined at the start of the event, depending on the field sizes and performances.

#### Warm-Up

Warm-up will not be allowed on the infield. There is a warm-up field located near the northwest corner of the track.

#### Scoring

Teams can enter up 6 athletes per event. 3 athletes and 1 relay per school will score. We will use combined scoring male and female the overall winner will be crowned the "Bob Hayes Louisiana Challenge Champion".

#### **Further Information**

If you have any questions, contact the McNeese Track and Field Office at (337) 475-5278 / (337) 475-5204 or mcneesetrackandfield@hotmail.com

## **Meet Schedule**

## **Field Events**

9:00 AM 11:00 AM	Hammer Hammer	Men	Trials & Finals ast of football stadium) Trials & Finals
9:00 AM	Javelin	Women	ast of football stadium) Trials & Finals (Inside track) Trials & Finals (Inside track)
11:00 AM	Javelin	Men	
11:00 AM	Long Jump	Women	Trials & Finals
12:30 PM	Triple Jump	Women	Trials & Finals
1:00PM	Discus	Women	Trials & Finals
3:00PM	Discus	Men	Trials &Finals
11:00 AM	Long Jump	Men	Trials & Finals
12:30 PM	Triple Jump	Men	Trials & Finals
1:00 PM	Shot Put	Men	Trials & Finals
3:00PM	Shot Put	Women	Trials & Finals
11:00 AM	Pole Vault	Women	Final
1:00 PM	Pole Vault	Men	Final
2:00 PM	High Jump	Women	Final
3:00 PM	High Jump	Men	Final

## **Running Events**

12:00PM	4x200m relay	W then M
	4x800m relay	W then M
	400m Hurdles	W then M
	4x100m	W then M
	3000m	W then M
	100m	W then M
	Sprint Medley $(2,2,4,8)$	W then M
	100m Hurdles	W
	110m Hurdles	M
	Mile	W then M
	4x400m relay	W then M

<sup>\*</sup>A Tentative Schedule will be released before the meet \*Schedule is subject to change.