



*NO MATTER WHERE IT STARTS*

# **REACH THE SUMMIT**

**C H A M P I O N S H I P H A N D B O O K**

**FEBRUARY 26 - 27, 2016**  
**FORT WAYNE, INDIANA**

[www.thesummitleague.org](http://www.thesummitleague.org)



## CHAMPIONSHIP DIRECTORY

Title:	Name:	Cell Phone:
Championship Manager:	Amanda Tallman	260-267-2929
Championship Sports Information Director:	Brice Vance	260-226-1004
Championship Sports Medicine Contact:	John Patton	260-415-8689
On-Line Entry Coordinator	Mike Fruchey	260-760-5505
Summit League Liaison	Ricky Babcock	240-888-9452
Summit League Championship Communications Contact	Christopher Brown	208-861-9465

## SUMMIT LEAGUE DIRECTORY

Title:	Name:	Phone:	E-Mail
Commissioner	Tom Douple	630-516-0661	<a href="mailto:douple@thesummitleague.org">douple@thesummitleague.org</a>
Senior Associate Commissioner	Myndee Kay Larsen	435-590-1057	<a href="mailto:larsen@thesummitleague.org">larsen@thesummitleague.org</a>
Assistant Commissioner	Ricky Babcock	240-888-9452	<a href="mailto:babcock@thesummitleague.org">babcock@thesummitleague.org</a>
Assistant Director of Championships	Stephanie Sabaduquia	773-203-9809	<a href="mailto:sabaduquia@thesummitleague.org">sabaduquia@thesummitleague.org</a>
Office Manager	Colleen Rott	630-251-1645	<a href="mailto:rott@thesummitleague.org">rott@thesummitleague.org</a>
Assistant Commissioner of Comm.	David Brauer	815-786-4634	<a href="mailto:brauer@thesummitleague.org">brauer@thesummitleague.org</a>
Associate Communications Director	Greg Mette	217-821-3928	<a href="mailto:mette@thesummitleague.org">mette@thesummitleague.org</a>
Assistant Communication Director	Christopher Brown	208-861-9465	<a href="mailto:brown@thesummitleague.org">brown@thesummitleague.org</a>
Administration & Compliance Intern	Casey Floyd	630-516-0661	<a href="mailto:floyd@thesummitleague.org">floyd@thesummitleague.org</a>

## INDOOR TRACK & FIELD COACHES DIRECTORY

Institution:	Coach:	Phone:	E-Mail
IPFW	Mike Fruchey (W)	260-481-5713	<a href="mailto:frucheym@ipfw.edu">frucheym@ipfw.edu</a>
IUPUI	Chuck Koeppen (M)	317-278-7863	<a href="mailto:chkoepp@iupui.edu">chkoepp@iupui.edu</a>
	Antonio McDaniel (W)	317-278-7863	<a href="mailto:tcmcdani@iupui.edu">tcmcdani@iupui.edu</a>
North Dakota State	Don Larson (M)	701-231-7793	<a href="mailto:donald.larson@ndsu.edu">donald.larson@ndsu.edu</a>
	Stevie Keller (W)	701-231-7344	<a href="mailto:stevie.keller@ndsu.edu">stevie.keller@ndsu.edu</a>
Oral Roberts University	Joe Dial	918-495-6839	<a href="mailto:jdial@oru.edu">jdial@oru.edu</a>
Omaha	Chris Richardson	402-554-3265	<a href="mailto:crrichardson@unomaha.edu">crrichardson@unomaha.edu</a>
South Dakota	Dave Gottsleben (M)	605-677-5942	<a href="mailto:dave.gottsleben@usd.edu">dave.gottsleben@usd.edu</a>
	Lucky Huber (W)	605-677-5939	<a href="mailto:lucky.huber@usd.edu">lucky.huber@usd.edu</a>
South Dakota State	Rod DeHaven	605-688-5994	<a href="mailto:rod.dehaven@sdstate.edu">rod.dehaven@sdstate.edu</a>
Western Illinois	Michael Stevenson	309-298-1716	<a href="mailto:M-Stevenson@wiu.edu">M-Stevenson@wiu.edu</a>

## HOST ADMINISTRATION DIRECTORY

Title:	Name:	Phone:	E-Mail
Athletic Director	Kelley Hartley-Hutton	260-705-2079	<a href="mailto:harleyk@ipfw.edu">harleyk@ipfw.edu</a>
Associate AD/SWA	Chris Kuznar	260-582-9260	<a href="mailto:kuznarc@ipfw.edu">kuznarc@ipfw.edu</a>
Facility Coordinator/Event Manager	Amanda Tallman	260-267-2929	<a href="mailto:tallmana@ipfw.edu">tallmana@ipfw.edu</a>
Assistant AD/Media Services	Greg Prouty	434-390-0571	<a href="mailto:greg.prouty@ipfw.edu">greg.prouty@ipfw.edu</a>
Head Athletic Trainer	John Patton	260-415-8689	<a href="mailto:pattoj@ipfw.edu">pattoj@ipfw.edu</a>

**DATES TO REMEMBER:**

Official Team Travel Party Form	12 pm CST on Monday, February 22, 2016
Online Entries Open	9am EST on Monday, February 1, 2016
Online Entries Close	5pm EST on Wednesday, February 24, 2016
Practice Day	9am-6pm EST on Thursday February 25, 2016
Banquet	Not Applicable
Coaches' Meeting	6pm EST on Thursday February 25, 2016 at Hotel Fort Wayne (Host Hotel) in St. Joe Ballroom

**CHAMPIONSHIP SITE:**

The 2016 Summit League Indoor Track and Field Championship will take place February 26-27 at IPFW Athletics Center Fieldhouse in Fort Wayne, IN hosted by the campus of IPFW. (2101 E. Coliseum Blvd. Fort Wayne 46805)

**FACILITY INFORMATION:**

The Facility connects four of the campus' main buildings: Athletics Center, Gates Center, Walb Union and Helmke Library.

The track surface is a two-color (Gray/Royal Blue) [Mondo SX](#).

- Facility: 6-42" lanes, 200 meter oval with an 8 lane straight-a-way
- Long jump runway: 177 feet (54 m), (Mondo Super-X)
- Triple jump runway: 147 feet (45 m), (Mondo Super-X)
- Pole vault runway: 144 feet (44 m), (Mondo Super-X)
- Throwing rings: Surface is a treated plywood base with a wooden lip and wooden toe board

**TEAM PARKING:**

Buses may drop off and pick up outside the Athletics Center (across from Lot 14) or at the circle drive by the Rhinehart Music Center, on the west side of the Athletics Center. Buses may then park in Lot 12, near the IPFW Tennis Courts. Vans may park in lots 12, 13 or parking garages 2 or 3, which are still adjacent to the Athletics Center.

**LOCKER ROOMS:**

Locker rooms are located on the basement floor of the Gates Sports Center. They are easily accessed by entering the doors by Gate #4 and going down the stairwell. Towels will not be provided. Competitors will need to bring their own towels.

**LAUNDRY SERVICE:**

Laundry service for teams is available. Teams must make arrangements through the Championships Manager, Amanda Tallman, and she will coordinate.

**CHAMPIONSHIP HEADQUARTERS HOTEL INFORMATION:**

The designated headquarter hotel for the 2016 Indoor Track and Field Championship is Hotel Fort Wayne. The team rate for the headquarter hotel is \$84.00. This rate includes the full breakfast buffet complete with omelet station, cereals, fruit, yogurts, eggs, bacon, sausages, waffles, French toast, and more.

The reservation contact is Wendy Mink, Sales Manager, who can be reached at 260-484-0411 or via email at [wmink@hotelfortwaynein.com](mailto:wmink@hotelfortwaynein.com). The address for the hotel is 305 East Washington Center

Road, Fort Wayne, IN 46825. This is a busy weekend in Fort Wayne so we are asking that you make your reservation or hold status no later than Monday, February 15, 2015.

## **COACHES' MEETING:**

A championship meeting for head coaches will be held at Hotel Fort Wayne in the St. Joe Ballroom (use entrance B – not main lobby to access) at 6pm EST on Thursday February 25<sup>th</sup>. The Summit League championship liaison will chair the meeting. Additional meeting attendees will include representation from officials, sports information, sports medicine, event management, and championship management.

1. The Championship Manager shall distribute ballots for selection of the Men's and Women's Track Championship MVPs, Field Championship MVPs, Coach of the Year, and Newcomer of the Championships awards.
2. The Head Referee and other key championships officials shall be introduced to the coaches at this time.
3. Final declarations will be reviewed at this meeting. Entries may be scratched at that time, but may not be added or modified.
4. Permissible places for the coaches to position themselves (without aiding their student-athletes) shall be determined, as well as appropriate places for coaches to give splits.
5. The Games Committee shall be introduced.

## **HOSPITALITY:**

The hospitality room will be set-up in the Athletics Center Fitness Studio GC131. This room will be available to coaches, administrators, and working staff members only.

## **MEDICAL AND TRAINING SERVICES:**

The athletic training room is located in the basement of the Gates Center room GC12. There will be an auxiliary athletic training room located in the garage of the indoor track facility. The hours of operation are 7:00am until 1 hour post completion of that day's events. Visiting teams should coordinate with the host sports medicine staff if use of the training room is needed outside of normal operating hours.

Teams traveling without a Certified Athletic Trainer are required by Summit League bylaw to bring a written request for treatment of a student athlete. For athletes receiving additional treatments outside of ice and hot packs, the written request should include a list of desired treatments. Special treatment and taping instructions should be included in the written request.

*Per NCAA legislation, participating institutions shall follow their concussion management plan while participating in the championship. For teams traveling without a trainer, the Championship Athletic Trainer shall administer the host institution's plan. If a participant suffering a concussion does not have access to his/her own team physician, the Championship Doctor shall have the authority to determine medical clearance to return to competition.*

The following modalities will be available in the athletic training room: ultrasound, electrical stim, hot packs, and ice. On the track, the following equipment will be available hot packs, ice, water, cups, towels, AED, and splint bag. For further assistance, visiting teams can contact John Patton, Head Athletic trainer at 260-415-8689.

## OFFICIAL TEAM PARTY LIST:

The official squad size for the indoor track & field championships shall be **28 student-athletes**. Only student-athletes listed within the declared list shall be allowed to participate in the championship. In addition, the official team party may include up to **5 additional members**, which may consist of coaches, trainers, managers, and non-participating student-athletes. Traveling administrators and/or sports information staffs shall be designated on the list, but do not count towards team party limitations.

Individuals above League limits are permitted to travel at the institution's expense. Such additional members will be permitted the same access at championship facilities/events as official team party members. However, institutions will be required to purchase tickets to the Championship Banquet for any additional members who may attend the event.

All Official Party and Additional Traveling Individuals limitations described above shall apply equally to the host institution.

The League office will distribute the online link to the official team party form via email to the coaches a week before it is due. The online form must be completed by **12 pm CST on Monday, February 22, 2016**. If you have any questions regarding completion of the online team party form, contact Casey Floyd (floyd@thesummitleague.org)

## ENTRY PROCEDURES:

Online entries will open at 9am EST on February 1, 2016 and shall be made no later than 5 pm EST on Wednesday, February 24, 2016. Entries will begin to be accepted through the online registration system at <https://www.directathletics.com/index.html>. Please enter each athlete in every event they could potentially enter. Participants who are inadvertently omitted may be added by logging back into the system. These entries are only preliminary and are not final entries. Any and all changes will be accepted up to the final declaration time on Wednesday, February 24, 2016 at 5 pm EST.

All entries must be made through the online registration system, with a hardcopy verification faxed or e-mailed to the Online Entry Coordinator: Mike Fruchey, (260) 760-5505 or at [frucheym@ipfw.edu](mailto:frucheym@ipfw.edu). Entries that are not made through the online registration system will not be registered for the championship. The track staff may enter as many athletes in any event that it wishes, but at the final declaration time, each team may only have nine athletes in any event.

Final declarations and scratches shall be made by 5 pm EST on February 24, 2016. Once final declarations have been made, the entries cannot be altered. No additions or updates will be accepted. After that time, any athlete who scratches will not be allowed to compete in any other event(s). In addition, the honest effort rule will be in effect for every declared athlete.

Performances listed on the entry sheet must have been achieved during the indoor season and posted on The Summit League's descending order performance list. No relay performances will be accepted for individual events. All field event entries must be reported metrically.

Seeding will be done in accordance with NCAA rules, and will be based on the Conference Best Times List. If an institution fails to report its weekly results to the league office within 10 days following a meet, that institution's results from that meet will not be used for purposes of seeding at the championship. Coaches must bring copies of all meet results to the championship in the event that any times or performances are challenged.

All hand/mechanical times must be converted to fully automatic by adding .24 seconds in all running events.

The Championship Manager will have all the entry packets completed by meeting time. However, these entries do not become final until after all challenges have been discussed.

## **PRACTICE DAY:**

The Athletics Center Field house will be open for practice on Thursday, February 25, 2016 from 9:00 AM – 6:00 PM. For teams flying in on February 24<sup>th</sup>, if there is a need for training time, please contact the Championship Manager.

## **IMPLEMENT CHECK-IN:**

Implement check-in will occur at the throws area nearest to the start line for sprints. The table will be open 90 minutes prior to the first field event.

## **OFFICIALS:**

The Championship Manager and host coaches will secure a sufficient number of skilled officials to adequately staff the League Championship. A list of officials and responsibilities are listed in Section 14 of *The Summit League Indoor Track & Field Championship Regulations*.

## **GAMES COMMITTEE:**

The Games Committee shall consist of the Championship Manager, Summit League Administrator, and the Head Referee. The Games Committee shall be the body that rules on all protests and shall issue any interpretation of The Summit League and NCAA rules that are necessary to insure fair competition for all participants. If the host institution is involved in an issue to be resolved by the Games Committee, the Championship Manager will recuse him/herself from the discussions.

## **UNIFORMS:**

All uniforms shall comply with Summit League and NCAA rules. Either a Summit League uniform patch or screen printed mark must be visible on the track & field uniform. Please refer to the Summit League Brand Style Guide for appropriate placement options. Participants shall wear only the university-issued uniforms. If team members wish to wear tights, they must be of the same color.

1. If an athlete violates this rule, the referee shall give one warning to both the head coach and the student-athlete.
2. If the correction is not made, the Championship Referee shall disqualify the athlete from all remaining events. Any points scored by the athlete prior to his or her disqualification shall stand.
3. Cropped tops shall not be permissible.
4. No competitor shall be allowed to compete without the appropriate jersey number and (if appropriate) hip number. The jersey number must be affixed to the front of the student-athlete's jersey. Pole Vaulters may wear their numbers on their backs.
5. A student-athlete's equipment and uniform may only bear the manufacturer's normal label or trademark, as it is used on all such items for sale to the general public. The student-athlete's institution's official uniform (including all items utilized in warm-up)

sessions) may bear only a single manufacturer's or distributor's normal label or trademark not to exceed a two and one-quarter inch square in size.

6. In relays, it is permissible for team members to wear university-issued uniforms, regardless of whether the colors or styles match

## **AWARDS PRESENTATION:**

The awards will take place on the Center Court, inside the Track. The top three finishers in each event shall be recognized on the awards stand. If a student-athlete is unable to come forward a teammate may represent him/her on the awards stand. Finalists must wear their official team uniform or sweats on the awards stand.

## **CHAMPIONSHIP AWARDS:**

Immediately following the championship, an awards ceremony will take place on the track. The following awards will be presented:

1. One team championship award
2. Once team runner-up award
3. Awards for 1st, 2nd, and 3rd-place finishers in all events
4. Awards for individual members of the official team party of the championship team
5. One Newcomer of the Championship award
6. One Track Championship MVP award
7. One Field Championship MVP award
8. One Coach of the Year award

## **AWARD SELECTION:**

The Championship Manager in conjunction with the League Administrator shall coordinate the selection of the individual awards. The League office shall supply a form for this purpose.

The Newcomer of the Championship shall be a true freshman (an academic freshman). Immediately following the final event coaches shall meet briefly to review Newcomer of the Championship, Track Championship MVP and Field Championship MVP candidates from their teams.

## **TEAM SEATING:**

Teams will be assigned a designated seating area away from the spectator section by the Championship Manager. Location of team seating will be discussed at the coaches' meeting. During the competition seating will be available however we do ask that seating be used by non-participants or for paid spectators.

## **SPECTATOR INFORMATION:**

*Parking:* Spectators may park in Lots: 12, 13, 15 or parking garages 2, 3, all of which are Within 200 meters of the Athletics Center

*Entrances:* Spectators may enter either through the West or East Entrance of the Athletics Center. The Larson Ticket Office is located at the East Entrance.

*Ticket Prices:* \$5/Adult, \$3/Youth (ages 17 and under), \$3 Senior Citizens, \$3/Students from participating schools with ID (All tickets will be sold on a per day basis)

*Merchandise:* A limited amount of championship T-shirts will be available for sale at the championship.

\$15 short –sleeved (\$17 for XXL)

\$17 long-sleeved (\$19 for XXL)

\$20 short-sleeved dri-fit

## **MEDIA SERVICES:**

The media representative who will be on site each day of the championship event is Brice Vance. The press area is located at center court in the Fieldhouse. Media seating in the press area will be assigned by the championship media coordinator. Each visiting institution should submit media lists to Brice Vance at [vanceb@ipfw.edu](mailto:vanceb@ipfw.edu).

## **CREDENTIALS:**

Credentials will be issued based on the Official Travel Party List, including listed traveling administrators. All credentials will be distributed at the coaches' meeting. Any additional members of the traveling media will need to contact Brice Vance.

## **PHOTOGRAPHY:**

The Summit League will provide a photographer for the championship and the awards ceremony. Copies of photographs will be submitted to the League office and distributed to respective sports information offices.

## **POST-MEET INTERVIEWS:**

Coaches will be given a ten minute cooling off period before post-meet interviews. The championship media coordinator will arrange post-game interviews with the visiting sports information director. If a team travels without a sports information director, the championship media coordinator will work with the head coach directly.

**APPENDICES**

- I. Protest Form
- II. Meet Schedule
- III. Facility Evacuation Plan
- IV. Campus Policy on Medical Emergencies
- V. Map of Area and Directions
- VI. Map of Facility
- VII. List of Suggested Restaurants
- VIII. List of Suggested Hotels and Rates

**PROTEST FORM**

*The Summit League  
Indoor Track & Field Championship*

Institution: \_\_\_\_\_

Head Coach: \_\_\_\_\_

Student-Athlete: \_\_\_\_\_

Event: \_\_\_\_\_

Protest Fee:           \$25

**SITUATION:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SIGNED:** \_\_\_\_\_

- > *All protests must be made in writing, and shall be entered and managed as codified in the NCAA Track & Field Rule Book.*
- > *A protest fee of \$25 cash shall be required at the time of protest. If the protest is upheld, the \$25 fee shall be refunded. If the protest is overruled, the \$25 fee shall be paid to The Summit League office.*

# Indoor Track & Field Championships | 2016

## 2016 SUMMIT LEAGUE INDOOR TRACK & FIELD CHAMPIONSHIPS

FEBRUARY 26-27, 2016

HOSTED BY IPFW

IPFW ATHLETICS CENTER FIELDHOUSE • FORT WAYNE, IND.



### FRIDAY, FEBRUARY 26

#### Heptathlon/Pentathlon

9:30 a.m.	60-Meter Hurdles	Women's Pentathlon
10 a.m.	60-Meter Dash	Men's Heptathlon
10:30 a.m.	High Jump	Women's Pentathlon
10:50 a.m.	Long Jump	Men's Heptathlon
12 p.m.	Shot Put	Men's Heptathlon
1 p.m.	Shot Put	Women Pentathlon
1:15 p.m.	High Jump	Men's Heptathlon
1:45 p.m.	Long Jump	Women's Pentathlon
2:45 p.m.	800-Meter Run	Women's Pentathlon

#### Field Events

3 p.m.	Weight Throw	Women's Trials & Finals
4 p.m.	Pole Vault	Men's Trials & Finals
4:15 p.m.	Long Jump	Men's Trials & Finals
5 p.m.	Weight Throw	Men's Trials & Finals
6:15 p.m.	Long Jump	Women's Trials & Finals

#### Track Events

3 p.m.	60-Meter Dash	Women's Prelims
3:15 p.m.	60-Meter Dash	Men's Prelims
3:30 p.m.	60-Meter Hurdles	Women's Prelims
3:45 p.m.	60-Meter Hurdles	Men's Prelims
4 p.m.	800-Meter Run	Women's Semi Finals
4:15 p.m.	800-Meter Run	Men's Semi Finals
4:35 p.m.	400-Meter Dash	Women's Semi Finals
4:50 p.m.	400-Meter Dash	Men's Semi Finals
5:05 p.m.	60-Meter Dash	Women's Semi Finals
5:20 p.m.	60-Meter Dash	Men's Semi Finals
5:35 p.m.	60-Meter Hurdles	Women's Semi Finals
5:50 p.m.	60-Meter Hurdles	Men's Semi Finals
6:05 p.m.	3,000-Meter Run	Women's Finals
6:20 p.m.	3,000-Meter Run	Men's Finals
6:35 p.m.	200-Meter Dash	Women's Semi Finals
6:50 p.m.	200-Meter Dash	Men's Semi Finals
7:05 p.m.	Distance Medley Relay	Women's Finals
7:20 p.m.	Distance Medley Relay	Men's Finals

### SATURDAY, FEBRUARY 27

#### Heptathlon

9:30 a.m.	60-Meter Hurdles	Men's Heptathlon
10:15 a.m.	Pole Vault	Men's Heptathlon
12:15 p.m.	1,000-Meter Run	Men's Heptathlon

#### Field Events

11:30 a.m.	Triple Jump	Women's Trials & Finals
12 p.m.	Shot Put	Women's Trials & Finals
12 p.m.	High Jump	Men's Finals
12 p.m.	Pole Vault	Women's Finals
1:30 p.m.	Triple Jump	Men's Trials & Finals
2 p.m.	Shot Put	Men's Trials & Finals
2 p.m.	High Jump	Women's Finals

#### Track Events

1 p.m.	Mile Run	Women's Finals
1:20 p.m.	Mile Run	Men's Finals
1:40 p.m.	400-Meter Dash	Women's Finals
1:50 p.m.	400-Meter Dash	Men's Finals
2 p.m.	60-Meter Dash	Women's Finals
2:10 p.m.	60-Meter Dash	Men's Finals
2:20 p.m.	60-Meter Hurdles	Women's Finals
2:30 p.m.	60-Meter Hurdles	Men's Finals
2:40 p.m.	800-Meter Run	Women's Finals
2:45 p.m.	800-Meter Run	Men's Finals
2:50 p.m.	200-Meter Dash	Women's Finals
2:55 p.m.	200-Meter Dash	Men's Finals
3:00 p.m.	5,000-Meter Run	Women's Finals
3:25 p.m.	5,000-Meter Run	Men's Finals
3:45 p.m.	4x400 Relay	Women's Finals
3:55 p.m.	4x400 Relay	Men's Finals

[WWW.THESUMMITLEAGUE.ORG](http://WWW.THESUMMITLEAGUE.ORG)

@THESUMMITLEAGUE // @SUMMITHOOPS // @SUMMITCHAMPS

## APPENDICES – III Facility and Evacuation Plan

### Gates Center

If needed proceed to the nearest exit to leave the building. Please see the list of exits below:

#### First Floor

- Gates Center Lobby  
Doors are available at the east and west sides of the hallway.
- Weight Room or Racquetball Courts  
Emergency exit located by the Customer Service Desk and an Emergency Door located just past racquetball court 118.

#### Second Floor

- North and South stairwells lead down to lobbies with emergency exit doors.
- Basement  
Take the North or South Stairwells up to the lobbies to the emergency exits.
- Basketball Courts/Gymnasium  
There are 18 exit doors in the arena that leads directly outside or to a corridor that has an immediate exit to the outside.
- During home contests, the event staff and ushers will direct you on the closest exits.

### Athletics Center

If needed proceed to the nearest exit to leave the building. Please see the list of exits below:

- Field House  
There are 16 fire exits in the field house that lead to the outside.
- Workout Area  
The nearest exit is the East Main entrance by the ticket office.
- Fitness Classroom  
The nearest exit is the East Main entrance by the ticket office
- Lobby  
You may exit through any of the entrances on the East and West sides of the building as well as the emergency exit doors along the East corridor.
- Second Floor  
East and West stairwells will lead you to the lobby areas to the East and West exits.

## APPENDICES IV MEDICAL EMERGENCIES

**Emergency Personnel:** Sports Facilities Event Staff and/or Professional Staff

**Emergency Communication:** A fixed red emergency telephone is accessible on the wall near the main (east) entrance or by dialing 911.

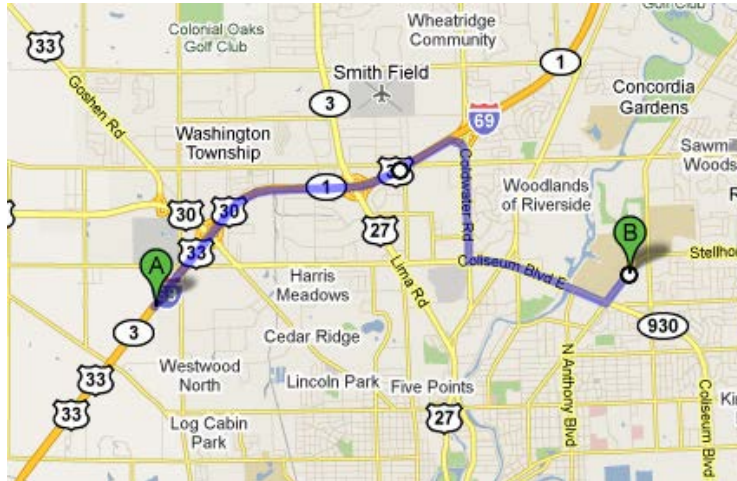
**Emergency Equipment:** Supplies maintained on site of the athletic event (AED. Splint kit crutches).

### Roles of First Responders

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of emergency medical service (EMS)
  - a) Campus police if Non emergent 260-481-6827
  - b) 911 call (provide name, address, and telephone number, number of individuals injured, condition of injury, first aid treatment, specific directions, and other information.)
4. Direction of EMS
  - a) Give appropriate building name and location (Athletics Center Fieldhouse)
  - b) Designate individual to “flag down” EMS and direct to scene
  - c) Scene control: limit scene to first aid providers and move bystanders away from area.

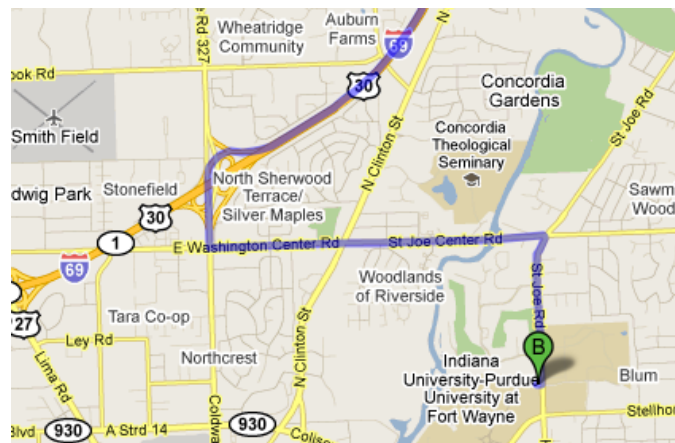
## APPENDICES V Directions and Maps – IPFW Campus





### From North I-69

1. Take the COLDWATER ROAD SOUTH/COLDWATER ROAD NORTH exit- exit number 112B-A.
2. Keep LEFT at the fork in the ramp.
3. Merge onto IN-327 S.
4. IN-327 S becomes IN-327/COLDWATER RD.
5. Turn LEFT onto US-30/US-24 (East Coliseum Blvd.).
6. IPFW Campus will be on your left hand side after you pass the Allen County War Memorial Coliseum and go over the bridge.
7. Go to the second light past the bridge and turn left onto Crescent Ave.
8. Take Crescent Ave. north to the next light and turn left onto the IPFW Campus. Make a right at the roundabout and then an immediate left past parking garage 2



### From South I-69

1. Take the US-27 S exit- exit number 111B- towards Fort Wayne.
2. Merge onto US-27 S.
3. Turn LEFT onto US-30/US-33/US-24.
4. US-30/US-33/US-24 becomes US-30/US-24 (Coliseum Blvd).
5. IPFW Campus will be on your left hand side after you pass the Allen County War Memorial Coliseum and go over the bridge.
6. Go to the second light past the bridge and turn left onto Crescent Ave.

7. Take Crescent Ave. north to the next light and turn left onto the IPFW Campus. Make a right at the roundabout and then an immediate left past parking garage 2.

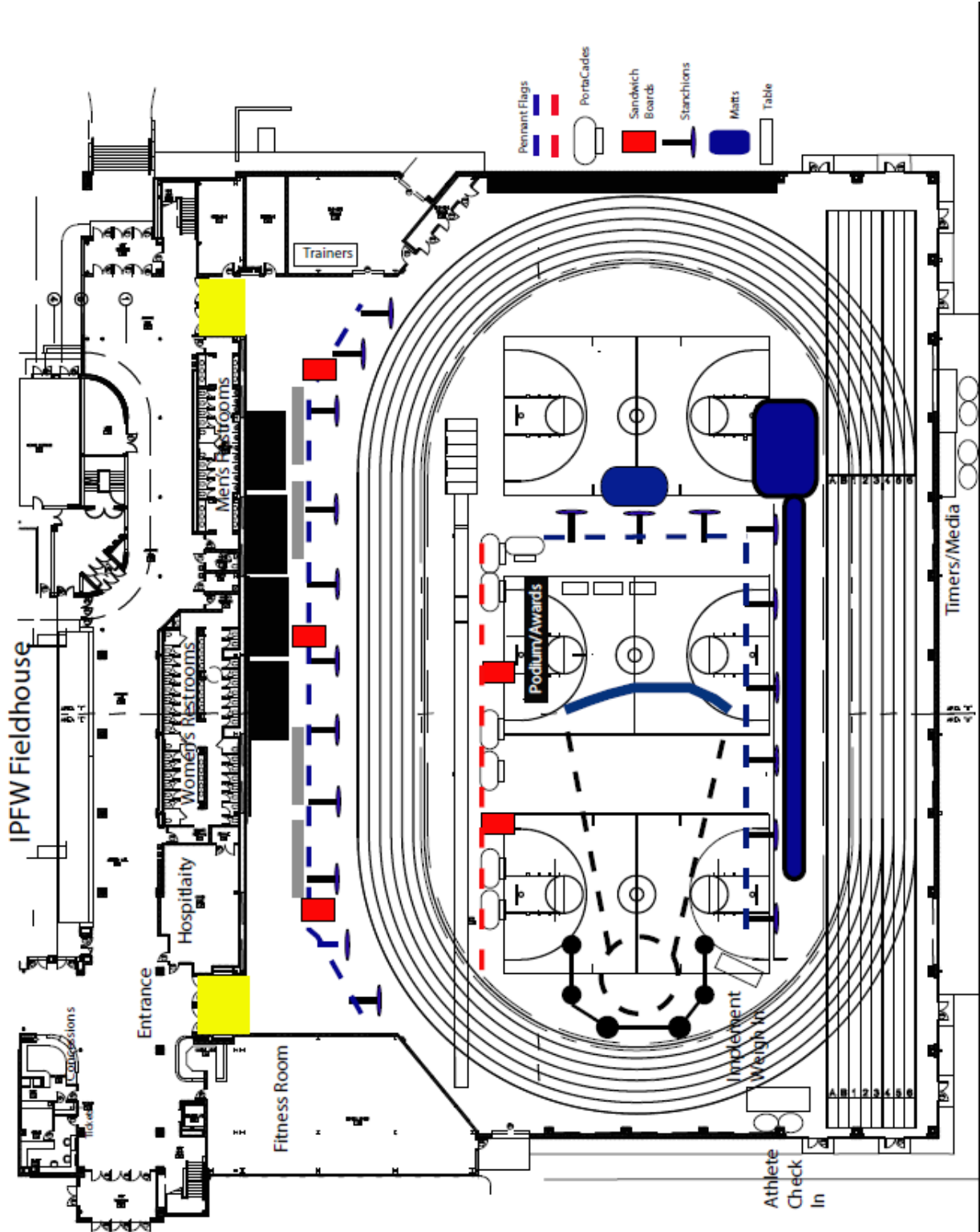
### **From West US-30**

1. Turn Left at the Goshen Road/Coliseum intersection (by the truck plaza)
2. US-30/US-33/US-24 becomes US-30/US-24 (Coliseum Blvd.).
3. Drive approximately 3.5 miles on US 30 East.
4. IPFW Campus will be on your left hand side after you pass the Allen County War Memorial Coliseum and go over the bridge.
5. Go to the second light past the bridge and turn left onto Crescent Ave.
6. Take Crescent Ave. north to the next light and turn left onto the IPFW Campus. Make a right at the roundabout and then an immediate left past parking garage 2.

### **From East I-469**

1. I-469 N.
2. Take the IN-37 exit- exit number 25- towards Fort Wayne
3. Keep LEFT at the fork in the ramp.
4. Turn LEFT onto IN-37.
5. Take IN-37 until you see IPFW Campus on your right hand side. Turn right on to the campus. .  
Make a right at the roundabout and then an immediate left past parking garage

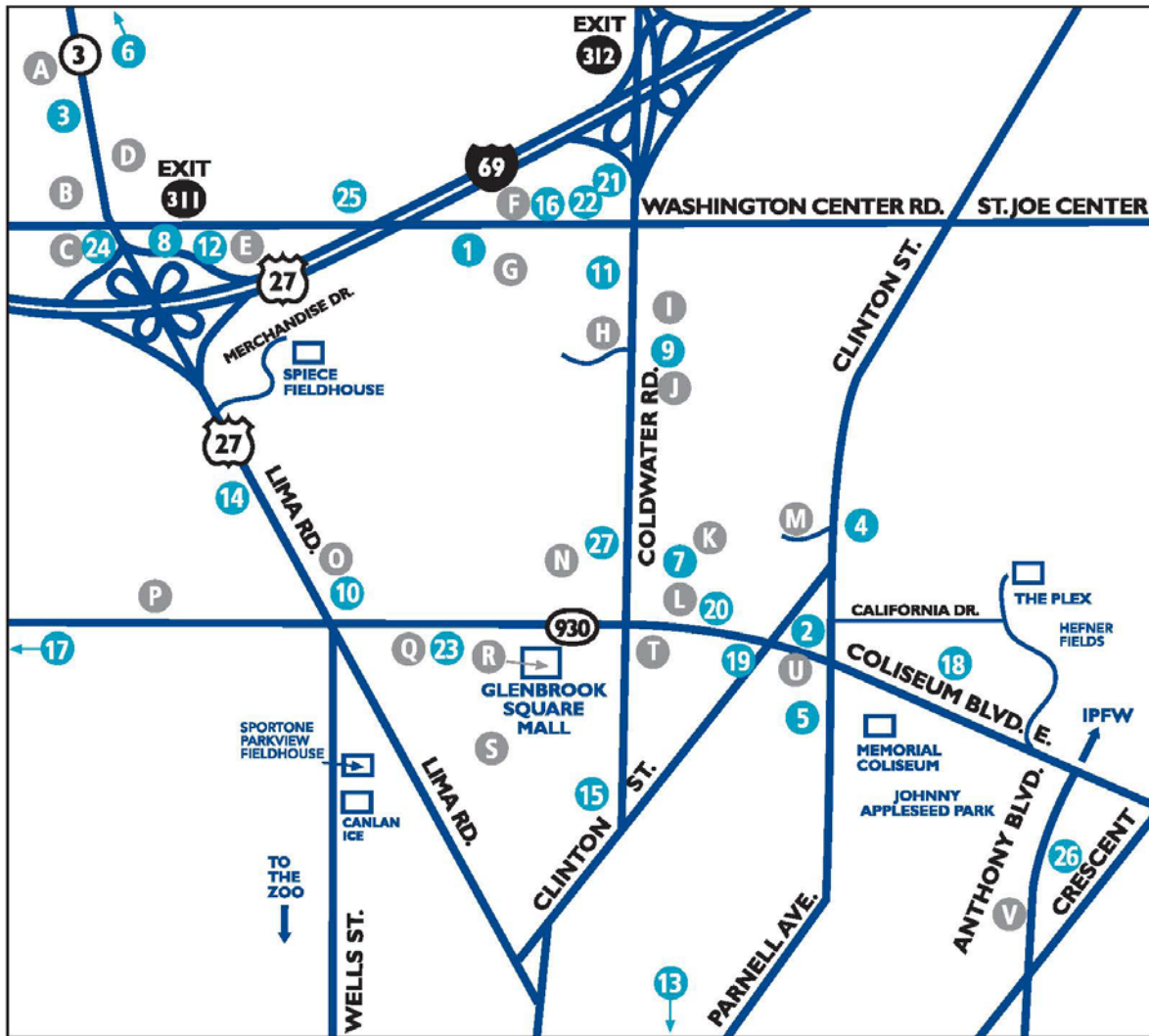
APPENDICES VI  
Facility Map



APPENDICES VII  
List of Suggested Restaurants

**Fort Wayne's Restaurants - Coliseum Boulevard**

- |                            |                                      |   |
|----------------------------|--------------------------------------|---|
| 1 Agaves Mexican Grill     | 10 Don Hall's Drive Inn              | 19 Penn Station                             |
| 2 Applebee's - Clinton     | 11 Don Hall's Factory                | 20 Pizza Hut - Coliseum Blvd.               |
| 3 Applebee's - Lima        | 12 Don Hall's Guesthouse Grill       | 21 Red River Steakhouse at Hotel Fort Wayne |
| 4 BakerStreet              | 13 El Azteca Mexican Restaurant      | 22 Night Club at Hotel Fort Wayne           |
| 5 Casa Ristorante Italiano | 14 Golden Corral                     | 23 Quaker Steak and Lube                    |
| 6 Coconutz at Crazy Pinz   | 15 Granite City                      | 24 Switta Thai                              |
| 7 Cookie Cottage           | 16 Koto Japanese Steak House & Sushi | 25 Texas Roadhouse                          |
| 8 Culver's                 | 17 Liberty Diner                     | 26 Vanilla Bean Unique Cookies & Cupcakes   |
| 9 DeBrand Fine Chocolates  | 18 Mastodon Grill at the Holiday Inn | 27 Wu's Fine Chinese Cuisine                |



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## Fort Wayne's Restaurants - Coliseum Boulevard

Welcome to Fort Wayne, known as the City of Restaurants for its wide variety of eating establishments. This listing includes restaurants which are located near Coliseum Boulevard and its many attractions.

Information was correct at the time of printing. Please call for reservations, hours, and additional information.

- 1 Agaves Mexican Grill**  
212 E Washington Center Rd  
(260) 482-4282  
Traditional Mexican fare. Enjoy an Agaves margarita from our beautiful bar. Open daily lunch & dinner. **LD \$**
- 2 Applebee's**  
4510 N Clinton St • (260) 484-6060  
**LD \$\$**
- 3** 6525 Lima Rd • (260) 497-7404  
Applebee's, There's No Place Like the Neighborhood. Curside To Go. You call it in. We bring it out. **LD \$\$**
- 4 BakerStreet**  
4820 N Clinton St • (260) 484-3300  
Steaks-Seafood-Spirits Our desire is to provide the best dining experience around. We treat you how we want to be treated...and we like to be spoiled. Casual atmosphere. **LD \$\$\$**
- 5 Casa Ristorante Italiano**  
4111 Parnell • (260) 483-0202  
Authentic Italian specialties, original Casaburo Salad, large portions and family friendly service. **LD \$\$**
- 6 Coconutz at Crazy Pinz**  
1414 Northland Blvd  
(260) 490-2695  
Full service restaurant with plenty of good eats to offer! **LD \$\$**
- 7 Cookie Cottage**  
508 Noble Dr • (260) 471-6678  
We are a family business, specializing in original recipes and customized cookies. **\$**
- 8 Culver's**  
1425 W Washington Center Rd  
(260) 451-2002  
From Butterburgers to cod, fresh salads to frozen custard, stop in and experience quality meals, small town values and friendly service. **LD \$**
- 9 DeBrand Fine Chocolates**  
5608 Coldwater Rd • (260) 482-4373  
Experience some of the world's finest chocolate. **\$**
- 10 Don Hall's Drive-In North**  
4416 Lima Rd • (260) 482-1113  
Big Busters, burgers, chicken and 1950's curb service. **BLDS**
- 11 Don Hall's Factory**  
5811 Coldwater Rd • (260) 484-8693  
Casual dining featuring award-winning, slow-roasted prime rib. **LD \$\$**
- 12 Don Hall's Guesthouse Grill at the Guesthouse**  
1313 W Washington Center Rd  
(260) 489-2524  
Enjoy delicious prime rib, steaks and seafood in a casual atmosphere. **BLD \$\$**
- 13 El Azteca Mexican Restaurant**  
535 E State Blvd • (260) 482-2172  
Fort Wayne's finest Mexican food for 35 years. Famous for tequila platters and fresh squeezed margaritas. **LD \$**
- 14 Golden Corral**  
4747 Lima Rd • (260) 480-0193  
Best "all-you-can-eat-great-steak-buffet" **B** (Sat & Sun) **LD \$\$**
- 15 Granite City**  
3809 Coldwater Rd • (260) 471-3030  
Casual dining with an on-site brewery. Menu items prepared fresh daily & served in generous portions at reasonable prices. **LD \$\$**
- 16 Koto Japanese Steak House & Sushi**  
301 E Washington Center Rd  
(260) 482-4288  
Enjoy an extensive Hibachi or Sushi menu. Call us today and reserve a table or carryout your order. **LD \$\$\$**
- 17 Liberty Diner**  
2929 Goshen Rd • (260) 484-9666  
American and Mediterranean style food in a New York diner atmosphere. **BLDS**
- 18 Mastodon Grill at the Holiday Inn**  
4111 Paul Shaffer Dr • (260) 482-3800  
Great food & service. **BLD \$\$**
- 19 Penn Station**  
818 E Coliseum Blvd • (260) 755-1257  
Hot-grilled subs, fresh cut fries and fresh-squeezed lemonade. Party platters and box lunches also available. Voted Fort Wayne's Best Sub. **LD \$**
- 20 Pizza Hut**  
701 E Coliseum Blvd • (260) 482-1528  
Locally owned and operated, serving pizza, pasta and salads. **LD \$\$**
- 21 Red River Steakhouse at Hotel Fort Wayne**  
305 E Washington Ctr Rd  
(260) 484-0411  
A cut above the rest. **BLD \$\$**
- 22 Night Club at Hotel Fort Wayne**  
305 E Washington Ctr Rd  
(260) 484-0411  
Bar and grill. Fri & Sat **D \$**
- 23 Quaker Steak and Lube**  
407 W. Coliseum Blvd • (260) 484-4688  
Family friendly restaurant with a motor-themed atmosphere. 25 signature wing sauces. **LD \$\$**
- 24 Switta Thai**  
5820 Challenger Pkwy • (260) 497-9429  
NO MSG! An exotic spread of Thai favorites. Dine in or carryout. **LD \$\$**
- 25 Texas Roadhouse**  
710 W Washington Center Rd  
(260) 416-0919  
Hand-cut steaks, fall-off-the-bone ribs, made-from-scratch side items, legendary margaritas. **L** Weekends **D \$\$**
- 26 Vanilla Bean Unique Cookies & Cupcakes**  
3410 N Anthony Blvd • (260) 415-4652  
Gourmet cookies and cupcakes created from original recipes. As seen on Food Network's Cupcake Wars. **\$**
- 27 Wu's Fine Chinese Cuisine**  
4411 Coldwater Rd • (260) 483-0899  
An elegant atmosphere, outstanding service, and the finest in Chinese cuisine. Banquet room. Serving lunch, vegetarian, and gluten free. **LD \$\$**

### Other Area Restaurants

- A Logan's Roadhouse
- B Dog N Suds, Golden China Chinese Rest., House of Greens, Starbucks
- C Cracker Barrel, Kaysan's 5th Down
- D Asakusa Japanese Restaurant, Sapporo
- E IHOP – Washington Ctr, Richard's Restaurant
- F Cork 'n Cleaver
- G Zesto
- H Taste of India
- I House of Hunan
- J Jimmy John's
- K Baan Thai, Buffalo Wings and Ribs
- L Carlos O'Kelly's Mexican Café
- M Bandido's, Five Guys Burgers & Fries
- N Chili's, IHOP – Coliseum, Red Lobster, Starbucks, Teppanyaki Grill
- O Dairy Queen – Lima Rd
- P Athenian Family Restaurant, Seoul Garden Korean Rest.
- Q Cheddar's Casual Café, Olive Garden
- R Red Robin, TGI Fridays
- S Cebolla's
- T Bob Evans, Panera Bread
- U Chipotle, Dos Margaritas, Qdoba Mexican Grill, Ruby Tuesdays, Subway
- V Atz Ice Cream Shoppe, Chung King, Firefly Coffee House, Old Crown Coffee Roasters

### Delivery Options

Marco's, Papa John's, Waiter on the Way

### Fast Food

Arby's, Burger King, Fazoli's, Mancino's, McDonald's, Mister Coney, Panda Express, Quizno's, Rally's, Steak 'n Shake, Subway, Taco Bell, Wendy's



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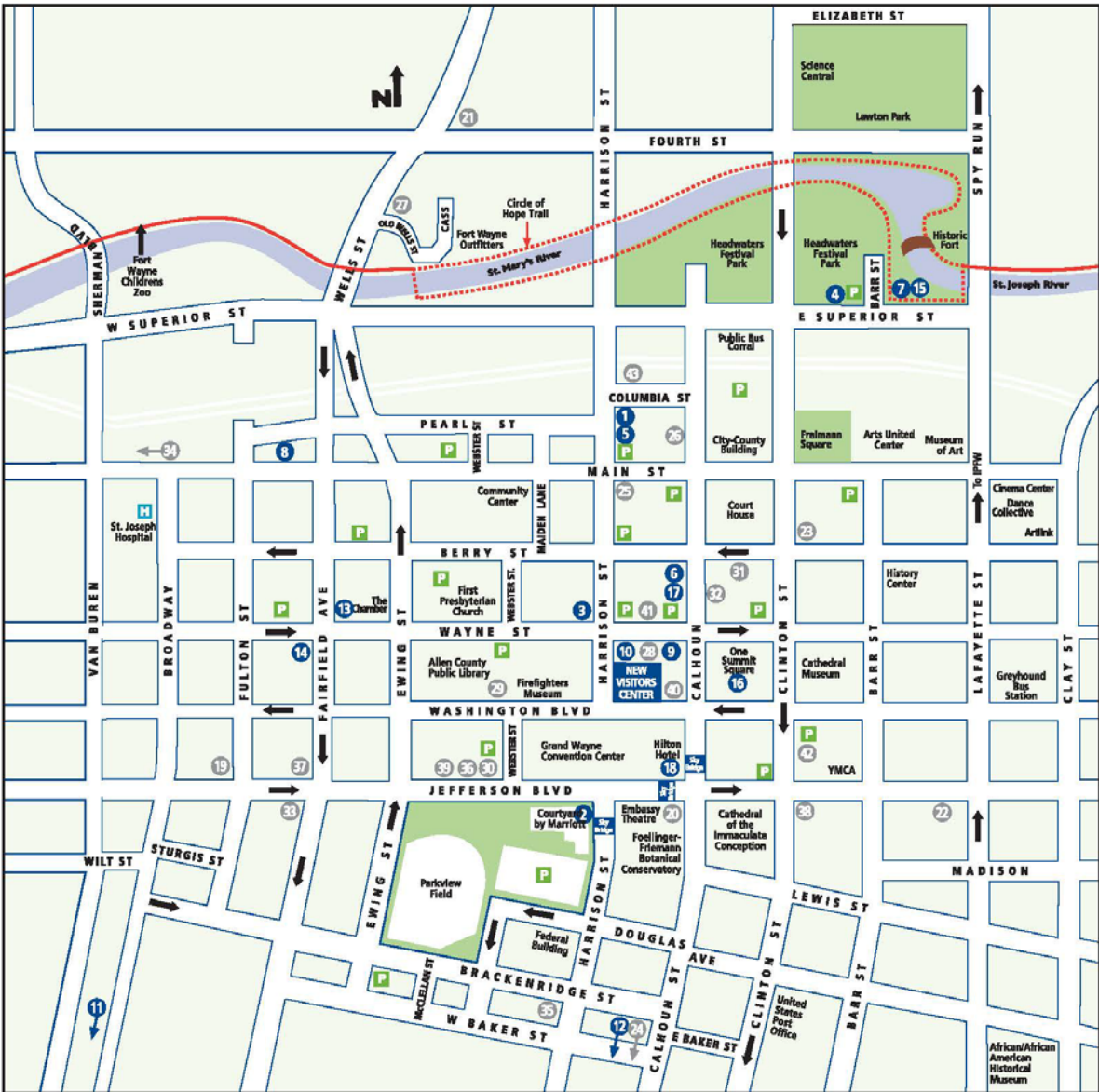
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Blue dot denotes member of Visit Fort Wayne.

<b>B</b> = Breakfast	<b>L</b> = Lunch	<b>D</b> = Dinner	Restaurants are open 7 days a week unless otherwise noted.
Average cost per person:		<b>\$</b> = under \$10	<b>\$\$</b> = \$10-20 <b>\$\$\$</b> = \$20-30 <b>\$\$\$\$</b> = Over \$30

## Fort Wayne's Downtown Restaurants

- |   |   |   |
|---|---|---|
| <ul style="list-style-type: none"> <li>1 Bourbon Street Hideaway</li> <li>2 Champions Sports Bar &amp; Restaurant</li> <li>3 Cindy's Diner</li> <li>4 Club Soda</li> <li>5 Columbia Street West</li> <li>6 Dash-In</li> </ul> | <ul style="list-style-type: none"> <li>7 Don Hall's Old Gas House</li> <li>8 Henry's</li> <li>9 Higher Grounds Midtown</li> <li>10 J.K. O'Donnell's Irish Ale House</li> <li>11 Mad Anthony Brewing Co.</li> <li>12 Oyster Bar</li> </ul> | <ul style="list-style-type: none"> <li>13 Pfeiffer House &amp; Wayne Street Soda Shop</li> <li>14 Peony Tea House</li> <li>15 Takaoka of Japan</li> <li>16 Window Garden Café</li> <li>17 816 Pint &amp; Slice</li> <li>18 1020 Bistro/Cut'z</li> </ul> |
|---|---|---|



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## APPENDICES VIII Suggested Hotels

### Host Hotel

#### Fort Wayne Hotel

Fort Wayne, IN 46825

Contact: Wendy Mink, Sales Manager

Tel: 260.484.0411

Fax: 260.483.2892

Room Rate: \$85.00

Email: [wmink@hotelftwaynein.com](mailto:wmink@hotelftwaynein.com)



Located north at I-69 Exit 112A. Located within 2 miles from IPFW and 3 miles of Glenbrook Mall, Memorial Coliseum, and Spiece Fieldhouse. Airport shuttle available. 222 room full-service hotel with concierge level. Three meal-a-day full-service restaurant which is Red River Steakhouse, high energy lounge, bar & grill, over 18,000 square feet of meeting and banquet space.

### Courtyard Marriott Downtown

1150 South Harrison Street

Fort Wayne, IN 46802

Contact: Aimee Scott-Crow

Tel: 260-490-3629

Fax: 260-490-7608



New Courtyard Fort Wayne Downtown, connected to the Grand Wayne Convention Center, with 24-hour Starbucks and overlooking Parkview Field is the largest hotel in Fort Wayne with over 6,000 sq. ft. of meeting space and 250 modern guest rooms.

### Hyatt Place Fort Wayne

111 West Washington Center Road

Fort Wayne, IN 46825

Contact: Angie McCaffrey

Tel: 260.471.8522 ext. 5103

HyattPlace.com



Exit 112 A South off I-69. Experience one of our beautifully appointed suites including separate living and sleeping areas, microwave, refrigerator, coffeemaker and coffee.