

45th CARIFTA GAMES 2016

26th – 28th March

TECHNICAL MANUAL





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

1. LOCAL ORGANIZING COMMITTEE

Chairperson	Mrs. Veda Bruno Victor
Deputy Chairman / Sponsorship	Mr. Aaron Moses
Secretary	Ms. Jeanelle Gill
Finance	Ms. Claudia Francis
Operations	Mr. Conrad Francis
Transportation	Mr. Ralph James
Volunteers	Mr. John Williams
Medical / Anti-Doping	Dr. Sonia Phillip
Ceremonies	Mr. Thomas Matthew
Legal	Ms. Claudette Joseph
Security	Maj. Nigel Noel
Media / Marketing	Mr. Alvin Clouden
Accommodation	Mrs. Alison Felix-Burke
Accreditation	Mr. Don-Holman Phillip
Protocol / Liaison	Mrs. Elizabeth Greenidge
Advisor	Mr. Charles George, President GAA



FLOW





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

NACAC FAMILY

President	Mr. Victor Lopez	PUR
Vice President	Mrs. Stephanie Hightower	USA
Treasurer	Mr. Alain Jean-Pierre	HAI
General Secretary	Mr. Michael Serralta TBC	PUR
Council Member	Mrs. Geen Clarke	CRC
Council Member	Mr. Alan Baboolal	TTO
Council Member	Mr. Garth Gayle	JAM
Member Ex-Officio	Lord Sebastian Coe	GBR
Member Ex-Officio	Ms. Pauline Davis-Thompson	BAH
Member Ex-Officio	Mr. Alberto Juantorena	CUB
Member Ex-Officio	Ms. Abby Hoffman	CAN
Special Assistant to the President	Mrs. Evelyn Lopez	PUR

MEET DELEGATES

Organisational Delegate	Mr. Keith Joseph	SVG
Technical Delegate	Mr. Garth Gayle	JAM
Anti-Doping/Medical Delegate	Dr. Adrian Lorde	BAR

INTERNATIONAL OFFICIALS

International Technical Official	Mr. John Andalcio	TRI
International Area Starter	Mr. Patrick Harrigan	IVB

INTERNATIONAL AREA TECHNICAL OFFICIALS

Mr. John Paul Clarke	CAY	Mr. Patrick Mathurin	LCA
Mr. Karl Williams	SVG	Mr. Michael Serralta	PUR





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

2. INTRODUCTION

The Grenada Athletic Association was formed in 1924. It was known then, as the Grenada Amateur Athletic and Cycling Association. It became affiliated to the International Amateur Athletics Federations in 1970. The two sporting disciplines separated.

The Association has had a good track record in organizing local and regional competitions. Among the regional/international games hosted were the renowned Whitsuntide Games in the 1950s, 1960s, 1970s and early 1980s and the Texaco/OECS Games in the late 1980's, at which athletes from throughout the region participated in track and field and cycling.

Grenada became also the first Organization of Eastern Caribbean States (OECS) country to host the CARIFTA Games in 2000 and Central American and Caribbean (CAC) Senior Athletics Championship in 2003. The level of our organization and officiating merited excellent reviews from participants.

These games were very successful and because of this we were awarded the 2005 Carifta Games. However, the passage of *Hurricane Ivan* in September 2004 ravaged our country. The stadium was completely destroyed. Much to our disappointment, we could not host the Games in 2005.

Since then it has been a challenge for the Grenada Athletic Association to pursue its development programs. However, from the ruins, we were able to produce outstanding athletes at the CARIFTA level. Kirani James, our first IAAF World Outdoor Champion and Olympic Gold Medalist and Kurt Felix, Pan American Games Silver Medalist are products of that difficult period.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

In December 2013, with the assistance of the Peoples Republic of China, the reconstruction of our National Stadium commenced and was completed October 2015. The facility was awarded a Class 1 Certification from the IAAF.

It is with a great sense of pride and joy that we are hosting this 45th Edition of the CARIFTA Games, understanding the role that it has played in nurturing our athletes of the region. The Grenada Athletic Association is well prepared to deliver an unforgettable Carifta Games experience in our beautiful "Pure Grenada" The Isle of Spice.

3. GENERAL INFORMATION

3.1 ARRIVAL AND DEPARTURE

Delegations are requested to plan their arrival in Grenada for Thursday 24th March and their departure for Tuesday 29th March 2016. Be reminded that official CARIFTA Games accommodation will be provided only for those dates. Delegations arriving before 24th March and departing after 29th March are required to inform the Organizing Committee no later than 7th March so that the LOC can assist with pre and post Games accommodation. We urge delegations to book flights **NOW**. The Easter holidays can be difficult to obtain flights.

3.2 AIRPORT

The airport of entry into Grenada is the Maurice Bishop International Airport situated at Point Salines, St. George.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

3.3 ENTRY REQUIREMENT

A valid passport is required as well as a valid return ticket. Athletes and officials from the following country require a visa:

- HAITI

3.4 DEPARTURE TAX

This is included in your ticket cost; hence, none will be collected at the airport on departure.

3.5 BUSINESS

The currency used in Grenada is the Eastern Caribbean Dollar (E.C Dollar). The United States Dollar is accepted by all businesses. Good Friday through Easter Monday 25th – 28th March, are bank holidays. We advise teams to walk with cash - E.C\$ or US\$ or use the ATMs, which are available island wide.

Banks will exchange EC\$2.67 for US\$1.00 cash and EC\$2.68 for US\$1.00 in travellers cheques. We advise that you exchange currency at banks, as better exchange rates may not be found elsewhere.

Banks are open from 8 a.m. to 2 p.m. from Mondays through Thursdays and 8 a.m. to 4 p.m. on Fridays. Most supermarkets and shopping centers are usually open from 9 a.m. to 7 p.m., Monday through Saturday, while a select few open on Sundays. Shops generally open from 8 a.m. to 4 p.m. on Mondays through Fridays and 8a.m. to 1 p.m. on Saturdays. Some Craft and Souvenir shops open on Sundays and Public Holidays when cruise ships are docked. Government offices are generally open from 8 a.m. to 4 p.m. on Mondays through Fridays, but may be closed at 1 p.m. for lunch. It is advised that you check business operating hours of local retailers as some may differ.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

3.6 COMMUNICATIONS

Grenada's area code is 473. It is advised that you check with the hotel front desk if you want to make calls. Mobile services are available from the current local network providers; LIME and DIGICEL. Free Wi-Fi will be available at all CARIFTA hotels.

4. ACCOMMODATION

4.1 ACCOMMODATION

Athletes and team officials will be accommodated at the Grenadian by Rex Resort, Grooms Beach Villas & Resort, Allamanda Beach Resort, Sogecoa International Hotel and three other hotels. The NACAC Family, International Officials – Meet Delegates, ITO, international Starter and ATO's will be accommodated at the Radisson Hotel. Meals will be provided from lunch on 24th March to breakfast on 29th March. Meals outside this time frame will be at the team's expense. We will advise on rooming list requirements shortly after we receive final entries.

4.2 ACCOMMODATION LEVY

The accommodation levy is \$150.00 US per team member according to team size quotas. Teams traveling with officials above the specified quota will be required to pay \$150 US per day if they wish to be accommodated with their teams. Failing this, extra officials will have to find their own accommodation.

The Organizing Committee will need to be notified by 7th March in order to ensure that any additional officials over the quota can be accommodated at the Games hotels.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

4.3 PAYMENT OF ACCOMMODATION LEVY

This must be done in EC Dollars or US Dollars on arrival before teams are checked into their CARIFTA hotels. Bank drafts and certified cheques must be made payable to the Grenada Athletic Association.

4.4 ACCOMMODATION –GAMES HOTELS



Grooms Beach Villas & Resort



Grenadian by Rex Resort





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016



Sogeco International Hotel



Allamanda Beach Resort

4.5 ACCREDITATION REGISTRATION & AGE VERIFICATION

The Accreditation Centre will be located at the Youth Center, Morne Rouge, St. George.

Registration must be done online at <http://www.headcountreg.com/meet/1165>

No Athlete can be accredited without their certified birthdates being presented - Passport, birth paper.

Deadlines for Registrations are as follows:

Numerical Entries: **Midnight, Sunday January 31st 2016**

Final Entries: **Midnight, Monday March 7, 2016**

Participating teams are requested to submit a passport size electronic photo of team members (athletes and team officials) along with their final entries in order to facilitate the accreditation process.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

The ages of all competitors will be verified at the Accreditation Centre. Passports or travel documents of all competitors must be presented on arrival before the accreditation process can be completed.

Heads of delegations must finalize payment of the levy in EC dollars or US currency in order to complete the accreditation process and receive their room keys. Delegations will receive individual identification cards which must be worn for the duration of the Games. These cards will act as access passes to Games hotels, meals, transport, warm up area, competition arena and other facilities as indicated. Please note that charges for accommodation and meals of additional personnel must be paid at this time as well.

The loss or theft of an accreditation card must be reported immediately to the Accreditation Centre. *A replacement card will only be provided at a cost of EC\$20.00 after the LOC is satisfied with the explanation offered by the Head of Delegation of the particular team involved.*

It is important that teams send the required information by the deadline dates to minimise wait at the Accreditation Center.

5. OPENING CEREMONY

The opening ceremony for the 45th CARIFTA Games is planned for Saturday 26th March from 3:00 p.m. - 4:20 p.m. Delegations will be transported from Games hotels beginning at 1:30 p.m. The LOC requests that all delegations participate in the Opening Ceremony.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

6. RULES OF COMPETITION

The 45th Carifta Games will be held in accordance with the rules and regulations of the International Association of Athletics Federations (IAAF). All technical matters will be resolved according to the IAAF rules. General matters not covered by these rules will be resolved by the Organizing Committee.

7. COMPETITION VENUE AND DATES

COMPETITION VENUE will be the newly refurbished National Athletic Stadium in St. George's. This facility has a seating capacity of 7,020; Main or West stand (1949), Secondary Stand or Eastern Stand (2321), Southern stand or Bleachers (2750). The Athletes Stand would be located in the Eastern Stand.

The competition arena accommodates an eight (8) lane Lesutan5 Track, two (2) High Jump areas, two (2) Shot Put, two (2) Javelin, two (2) Pole Vault areas, four (4) Long and Triple Jump areas and one (1) Discus and Hammer circle. Spike length must not exceed 9mm except for the high jump and javelin throw where spike length must not exceed 12mm (IAAF rule 143.4).





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016



Competition dates are Saturday 26th March to Monday 28th March 2016. Note that a tentative schedule appears in this Manual.





45th CARIFTA GAMES
NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

8. WARM-UP AND TRAINING FACILITIES

The warm up track is adjacent to the competition arena. It is a four lane 200m track and has the same surface as the competition track. (See Photo below)





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

9. TEAM SIZE

BOYS UNDER 20 20 athletes Born 1997 or later

GIRLS UNDER 20 20 athletes Born 1997 or later

BOYS UNDER 18 20 athletes Born 1999 or later

GIRLS UNDER 18 20 athletes Born 1999 or later

Ages are as of December 31st, 2016.

A country is allowed four (4) additional athletes. These athletes may be applied to any one category or may be applied to more than one category provided that only four athletes are used.

10. TEAM OFFICIALS QUOTA

A maximum number of 12 officials will be allowed as follows:

01 – 06	Competitors	One (1) official except for teams with male and female athletes; then two officials will be accepted, one must be female.
07 – 12	Competitors	2 Officials
13 – 18	Competitors	3 Officials
19 – 24	Competitors	4 Officials
24 – 30	Competitors	5 Officials
31 – 36	Competitors	6 Officials





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

37 – 42	Competitors	7 Officials
43 – 48	Competitors	8 Officials
49 – 54	Competitors	9 Officials
55 – 61	Competitors	10 Officials
62 – 68	Competitors	11 Officials
69 - 80	Competitors	12 Officials

11. JURY OF APPEAL

The Jury of Appeal will be announced at the Technical Meeting.

12. PROTESTS

Protests concerning the result or conduct of an event must be made within 30 minutes of the official announcement of the results of that event (**IAAF Rule 146**). The athlete or an authorized representative shall make any protest verbally in the first instance to the Referee on his/her behalf. The Referee may take a decision over the protest or may submit it to the Jury of Appeal.

Any protest presented before the Jury of Appeal shall be in writing on the official forms provided by the Organizing Committee, signed by a responsible official on behalf of the athlete and accompanied by a deposit of US \$100.00, which shall be forfeited if the appeal is not allowed. (**IAAF Rule 146/7**) A photocopy of the protest shall be given to the official presenting





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

the protest. The copy will detail the time and date of the protest and the payment of the above-mentioned fee.

The Jury of Appeal will give a written resolution to the protest as soon as possible. This resolution will be published in the TIC.

13. AWARDS CEREMONY

Awards Ceremonies will take place as outlined in the schedule of events. Medallists will be held in the Ceremonies Room on the Ground floor of the West Stand. All athletes must be fully dressed in the official uniform of their respective National Federation (NF) for the ceremony. In accordance with IAAF Rules and Regulations, Awards will be distributed in the following manner:

Individual Events:

- 1st Place: Gold Medal
- 2nd Place: Silver Medal
- 3rd Place: Bronze Medal

Relays:

- 1st Place: Gold Medal for every participating member of the team
- 2nd Place: Silver Medal for every participating member of the team
- 3rd Place: Bronze Medal for every participating member of the team

The Austin Sealy Award:

- for the most outstanding athlete for the 2016 CARIFTA Games





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

14. MEDICAL INFORMATION

Off-site medical services will be available at the General Hospital, located approximately 5 minutes from the Stadium, and 20 minutes from the Games Village Hotels.

On-site medical and physiotherapy services will be available at the stadium and on call medical service at the Games Village. An ambulance will be on call at the competition arena during the days of the Games to deal with any emergency that may arise.

It is expected that major medical treatment, if found necessary, will be borne by the individual and/or by the Association he/she represents.

The LOC is negotiating for a waiver of the Registration with the Health Practitioners Board for medical personnel accompanying teams. However, these personnel will only be able provide care to their team members or assist other teams as requested and may accompany their charges to the national hospital. They will not be allowed to practice in the General hospital in the event that the situation requires such medical attention.

Space will be available for physiotherapists of participating teams to care for their charges at the warm up facility. Teams are asked to bring along their own massage tables.

A medical booklet would be made available to teams.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

15. DOPING CONTROL

Tests for doping will be conducted throughout the Competition in accordance with the IAAF Procedural Guidelines for Doping Control. The Doping Control area will be located on the Ground floor in the West Stand of the Stadium.

16. INVITED COUNTRIES

Participation is open to the following National Federations (NFs):

	Anguilla (AIA)		Guyana (GUY)
	Antigua & Barbuda (ANT)		Haiti (HAI)
	Aruba (ARU)		Jamaica (JAM)
	Bahamas (BAH)		Martinique (MTQ)
	Barbados (BAR)		Montserrat (MNT)
	Belize (BIZ)		St. Kitts & Nevis (SKN)
	Bermuda (BER)		St. Lucia (LCA)
	Bonaire		St. Maarten (SXM)
	British Virgin Islands (IVB)		St. Vincent & The Grenadines (VIN)
	Cayman Islands (CAY)		Suriname (SUR)
	Curacao (CUW)		Trinidad & Tobago (TTO)
	Dominica (DMA)		Turks & Caicos Islands (TKS)
	Guadeloupe (GPL)		US Virgin Islands (ISV)
	French Guyana / Cayenne (FGU)		Grenada (GRN) - Host





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

NATIONAL FLAGS

Each delegation is required to provide two (2) National Flags at accreditation. One will be used during the Opening Ceremony while the other will be flown at the Stadium for the duration of the competition. The flags must be 4' 0" x 6' 0";

17. EVENTS

BOYS UNDER 20:

100m, 200m, 400m, 800m, 1500m, 5000m; 110m Hurdles (0.99m), 400m Hurdles (0.914m); 4 x 100m, 4 x 400m; Shot Put (6.0kg), Discus (1.75kg), Javelin (800gm); High Jump, Long Jump, Triple Jump and Pole Vault;

GIRLS UNDER 20:

100m, 200m, 400m, 800m, 1500m; 100m H, (0.84m); 400m H, (0.76m); 4 x 100m, 4 x 400m; Shot Put (4kg), Discus(1.0kg), Javelin, (600gm); High Jump, Long Jump, Triple Jump;

BOYS UNDER 18:

100m, 200m, 400m, 800m, 1500m, 3000m; 110m H, (0.914m); 400m H, (0.84m); 4 x 100m, 4 x 400m; Shot Put (5.0kg), Discus (1.5kg), Javelin (700gm); High Jump, Long Jump, Triple Jump;

GIRLS UNDER 18:

100m, 200m, 400m, 800m, 1500m; 100mH (0.76m), 400mH (0.76m); 4 x 100m, 4 x 400m; Shot Put (3kg), Discus (1.0kg), Javelin (500gm); High Jump, Long Jump, Triple Jump;





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

OPEN EVENTS

Girls - 3000m, Heptathlon (2 consecutive days): Day 1 - 100m H (0.84m), High Jump, Shot Put (4kgs), 200m. Day 2 - Long Jump, Javelin (600g), 800m.

Boys – Octathlon- (2 consecutive days): Day 1 - 100m, Long Jump, Shot Put (6kgs), 400m. Day 2 - 110m H (99cm), High Jump, Javelin (800gm), 1500m.

18. NUMBER OF COMPETITORS PER EVENT

Each team is permitted 2 competitors for individual events and one team per relay.

If an event cannot be conducted due to insufficient participants, defined as having “not less than five (5) competitors of three (3) different countries” the Local Organising Committee shall notify immediately through fax or e-mail, those countries that had entered athletes for such an event or may consider the event an Exhibition.

19. TECHNICAL MEETING

This will be held on March 25th at 4.00 p.m. at the Stadium. Countries may be represented by two delegates.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

20. TECHNICAL INFORMATION CENTRE (TIC)

The Technical Information Centre will be located at the Ground Floor of the West Stand. The

TIC shall serve as the link between the Organizing Committee and the various delegations.

20.1 CONFIRMATION

Upon arrival each team will be provided with a set of Confirmation of Entry sheets, which must be confirmed and submitted to the TIC.

Confirmation of entries for the first day of competition shall be submitted during the Technical Meeting. For the following days, ONLY the confirmation of omissions shall be submitted to the TIC by 6:00 p.m. on the day before the competition.

20.2 START LISTS AND OFFICIAL RESULTS

Start Lists will be posted daily at the TIC and warm up area. A copy will be given to the Team Leader upon identification. Results will be posted once the events have been concluded

21. CALL ROOM INFORMATION

There would be two Call rooms, Call Room One (1) and Call Room Two (2). Call Room One (1) will be located in the vicinity of the warm up area and would be clearly indicated by signage. Call Room Two (2) will be located in the squash court facility situated in the North Eastern end of the Stadium (See photo below)





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016



Information about these locations in or around the stadium will be available at the technical meeting. Athletes reporting to the call room must have their identification and competition number provided by the Organizing Committee. Clothing must be the approved uniform of their National Federation. The following items are not allowed in the call room: I pods, I pads, Mp3 players, CD Players, Walkman, Cameras, Mobile Phones, Head-Sets, personal implements. All items retained in the call room will be returned to the athletes after their event.

21.1 COMPETITION NUMBERS

Numbers will be checked in the Call Room to ensure that they correspond with the athletes' names. They shall be worn visibly on the breast and back, (except for those competing in the high jump and pole vault).

Competitors in running events will be issued additional adhesive numbers, which shall be worn on the sides of their shorts.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

21.2 REPORTING TIME TO CALL ROOM FOR EVENTS

NO.	EVENT	FIRST CALL	LAST CALL	ARRIVE AT THE EVENT SITE
1	Sprints	45 mins	20 mins	15 mins
2	Hurdles	50 mins	25 mins	20 mins
3.	Middle and Long Distance	50 mins	25 mins	15 mins
4.	Relays	60 mins	30 mins	15 mins
5.	High Jump	75 mins	55 mins	45 mins
6.	Pole Vault	75 mins	55 mins	45 mins
7.	Long and Triple Jumps	75 mins	55 mins	45 mins
8.	Throws	75 mins	55 mins	45 mins

Marshals will accompany athletes when they enter and leave the competition arena. There will be two calls for the athletes to report before they enter the competition arena; then athletes will be marshalled to the competition arena after the second call. Under no circumstance will athletes be allowed to enter the competition arena if they fail to comply with the above-mentioned rules.

Starting and successive heights for High Jump and Pole Vault:

High Jump – Under 18 Girls:

Start at 1.55m, increments of 5cm to 1.65m, increments of 3cm to 1.77m, thereafter 2cm

High Jump – Under 18 Boys:

Start at 1.70m, increments of 5cm to 2.0m, increments of 3cm to 2.09m, thereafter 2cm





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

High Jump – Under 20 Girls:

Start at 1.60m, increments of 5cm to 1.70m, increments of 3cm to 1.76m, thereafter 2cm

High Jump – Under 20 Boys:

Start at 1.80m, increments of 5cm to 2.05m, increments of 3cm to 2.14m, thereafter 2cm

Pole Vault – Open:

Start at 3.00m, increments of 10cm to 4.00m, thereafter 5cm.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

22. DEADLINES

15th December, 2015

Intention to participate with possible team size.

To be sent to: grenadacarifta2016@gmail.com and copied to grn@mf.iaaf.org

31st January, 2016

Numerical entries-confirmation of participation, on the approved form with approximate team size including number of officials, number of VIPs must reach the local organizing committee. These may be sent by E-mail to: grenadacarifta2016@gmail.com and copied to grn@mf.iaaf.org

7th March, 2016

The following must reach the organizing committee-

Final Entries on approved forms;

Registration of athletes on approved forms;

Registration of officials/and over-quota officials on approved form; of VVIPs, with full titles, for accreditation and their photos should reach our offices at least one week before arrival.

Travel schedule on approved form;

Passport size photograph for each member of delegation with name, designation and country printed on back of photograph, or sent electronically. These may be sent to the Local Organizing Committee.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

23. MEDIA

Media accreditation forms can be found in the Appendices. Completed forms must be received by on or before midnight March 7th 2016. Please ensure that applications from media houses in your country are stamped by your Federation.

24. VVIP'S

You are all VIPs for us; however, delegations with accompanying Government Officials, Ministers or other VVIPs are required to notify the organizing committee with full details by March 7th 2016. This is to facilitate necessary protocol.

25. CONTACTS

Chairperson, Organizing Committee	-	(473) 534-5179
Secretary, Organising Committee	-	(473) 415-2430
Competition Director	-	(473) 420-2727
President GAA	-	(473) 535-0746





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

APPENDICES

1. Numerical Team Entry Form
2. Final Entries
3. Schedule of Events
4. Media Accreditation Form
5. Technical Meeting Agenda
6. Technical Meeting Question Form
7. Protest Form
8. CARIFTA Congress Agenda





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA

MARCH 26th – 28th, 2016

NUMERICAL ENTRIES

COUNTRY: - _____

To be forwarded to the Local organizing committee no later than **Midnight, Sunday 31 January, 2016**

EVENT	U18 G	U 18 B		U20 G	U 20 B		TOTAL
100M							
200M							
400M							
800M							
1500M							
3000M							
5000M							
100/110M Hurdles							
400M Hurdles							
HIGH JUMP							
LONG JUMP							
TRIPLE JUMP							
POLE VAULT							
SHOT PUT							
JAVELIN							
DISCUS							
HEPTATHLON							
OCTATHLON							
TEAM OFFICIALS							

Signature _____

Date _____

President / General Secretary





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA

MARCH 26th – 28th, 2016

FINAL ENTRIES TO BE SUBMITTED NO LATER THAN MIDNIGHT 7TH MARCH, 2016

COUNTRY: _____

UNDER 18 GIRLS

Event	Surname	First Name	Date of Birth			Personal Best
			Yr	Mth	Day	
100M						
200M						
400M						
800M						
1500M						
100M Hurdles						
400M Hurdles						
High Jump						
Long Jump						
Triple Jump						
Shot Put						
Javelin						
Discus						
4 x 100 M Relay						
4 x 400 M Relay						





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA

MARCH 26th – 28th, 2016

FINAL ENTRIES TO BE SUBMITTED NO LATER THAN MIDNIGHT 7TH MARCH, 2016

COUNTRY: _____

UNDER 18 BOYS

Event	Surname	First Name	Date of Birth			Personal Best
			Yr	Mth	Day	
100M						
200M						
400M						
800M						
1500M						
110M Hurdles						
400M Hurdles						
High Jump						
Long Jump						
Triple Jump						
Shot Put						
Javelin						
Discus						
4 x 100 M Relay						
4 x 400 M Relay						





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA

MARCH 26th – 28th, 2016

FINAL ENTRIES TO BE SUBMITTED NO LATER THAN MIDNIGHT 7TH MARCH, 2016

COUNTRY: _____

UNDER 20 GIRLS

Event	Surname	First Name	Date of Birth			Personal Best
			Yr	Mth	Day	
100M						
200M						
400M						
800M						
1500M						
100M Hurdles						
400M Hurdles						
High Jump						
Long Jump						
Triple Jump						
Pole Vault						
Shot Put						
Javelin						
Discus						
Heptathlon						
4 x 100 M Relay						
4 x 400 M Relay						





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA

MARCH 26th – 28th, 2016

FINAL ENTRIES TO BE SUBMITTED NO LATER THAN MIDNIGHT 7TH MARCH, 2016

COUNTRY: _____

UNDER 20 BOYS

Event	Surname	First Name	Date of Birth			Personal Best
			Yr	Mth	Day	
100M						
200M						
400M						
800M						
1500M						
5000M						
110M Hurdles						
400M Hurdles						
High Jump						
Long Jump						
Triple Jump						
Pole Vault						
Shot Put						
Javelin						
Discus						
Octathlon						
4 x 100 M Relay						
4 x 400 M Relay						





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA

MARCH 26th – 28th, 2016

FINAL ENTRIES TO BE SUBMITTED NO LATER THAN MIDNIGHT 7TH MARCH, 2016

COUNTRY: _____

GIRLS OPEN

Event	Surname	First Name	Date of Birth			Season Best
			Yr	Mth	Day	
3000m						
Heptathlon						

BOYS OPEN

Event	Surname	First Name	Date of Birth			Season Best
			Yr	Mth	Day	
Octathlon						





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA

MARCH 26th – 28th, 2016

TO BE SUBMITTED NO LATER THAN MIDNIGHT 7TH MARCH, 2016

REGISTRATION OF OFFICIALS

COUNTRY: _____

NO. OF OFFICIALS	NAME		FUNCTION
	SURNAME	FIRST NAME	
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			

Reference is made to item 7 referring to Officials quota to be forwarded with the Final Entries

NO. OF OFFICIALS	NAME		FUNCTION
	SURNAME	FIRST NAME	
1			
2			
3			
4			

VVIPS

NO. OF VVIPS	NAME		TITLE
	SURNAME	FIRST NAME	
1			
2			
3			
4			





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
 MARCH 26th – 28th, 2016

ARRIVAL

DATE	FLIGHT	TIME	N PAX

DEPARTURE

DATE	FLIGHT	TIME	N PAX





45th CARIFTA GAMES
 NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
 MARCH 26th – 28th, 2016

SCHEDULE OF EVENTS

Session: 1 SATURDAY 26TH MARCH - MORNING

Day 1 - Saturday 26/03/2016 - Starts at 09:00 AM

	Event	Round
9:00 AM	#1 Girls High Jump UNDER 18	Finals
9:00 AM	#2 Boys Javelin Throw UNDER 18	Finals
9:00 AM	#3 Girls Shot Put UNDER 18	Finals
9:05 AM	#4 Heptathlon: #1 Girls 100 Meter Hurdles UNDER 18	Finals
9:10 AM	#5 Octathlon: #1 Boys 100 Meter Dash OPEN	Finals
9:20 AM	#6 Girls 100 Meter Dash UNDER 18	Prelims
9:35 AM	#7 Boys 100 Meter Dash UNDER 18	Prelims
9:50 AM	#8 Girls 100 Meter Dash UNDER 20	Prelims
10:05 AM	#9 Boys 100 Meter Dash UNDER 20	Prelims
10:10 AM	#4 Heptathlon: #2 Girls High Jump UNDER 18	Finals
10:15 AM	#5 Octathlon: #2 Boys Long Jump OPEN	Finals
10:20 AM	#10 Girls 400 Meter Dash UNDER 18	Prelims
10:30 AM	#11 Boys 400 Meter Dash UNDER 18	Prelims
10:40 AM	#12 Girls 400 Meter Dash UNDER 20	Prelims
10:50 AM	#13 Boys 400 Meter Dash UNDER 20	Prelims
	MEDAL PRESENTATION	





45th CARIFTA GAMES
 NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
 MARCH 26th – 28th, 2016

Session: 2 SATURDAY 26TH MARCH - EVENING

Day 1 - Saturday 26/03/2016 - Starts at 04:00 PM

	Event	Round
4:00 PM	#14 Boys Triple Jump UNDER 18	Finals
4:05 PM	#4 Heptathlon: #3 Girls Shot Put UNDER 18	Finals
4:10 PM	#6 Girls 100 Meter Dash UNDER 18	Semis
4:25 PM	#7 Boys 100 Meter Dash UNDER 18	Semis
4:40 PM	#8 Girls 100 Meter Dash UNDER 20	Semis
4:10 PM	#5 Octathlon: #3 Boys Shot Put OPEN	Finals
4:50 PM	#9 Boys 100 Meter Dash UNDER 20	Semis
5:10 PM	#15 Boys High Jump UNDER 20	Finals
5:15 PM	#16 Boys Discus Throw UNDER 20	Finals
5:10 PM	#17 Girls 1500 Meter Run UNDER 18	Finals
5:20 PM	#18 Boys 1500 Meter Run UNDER 18	Finals
	MEDAL PRESENTATION	
5:35 PM	#21 Girls 1500 Meter Run UNDER 20	Finals
5:50 PM	#22 Boys 1500 Meter Run UNDER 20	Finals
	MEDAL PRESENTATION	
5:55 PM	#19 Girls Long Jump UNDER 20	Finals
5:55 PM	#20 Girls Shot Put UNDER 20	Finals
6:00 PM	#10 Girls 400 Meter Dash UNDER 18	Finals
6:05 PM	#11 Boys 400 Meter Dash UNDER 18	Finals
	MEDAL PRESENTATION	
6:15 PM	#12 Girls 400 Meter Dash UNDER 20	Finals
6:20 PM	#13 Boys 400 Meter Dash UNDER 20	Finals
6:25 PM	#5 Octathlon: #4 Boys 400 Meter Dash OPEN	Finals
6:30 PM	#4 Heptathlon: #4 Girls 200 Meter Dash UNDER 18	Finals





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

MEDAL PRESENTATION

6:45 PM	#6	Girls 100 Meter Dash UNDER 18	Finals
6:50 PM	#7	Boys 100 Meter Dash UNDER 18	Finals
6:55 PM	#8	Girls 100 Meter Dash UNDER 20	Finals
7:00 PM	#9	Boys 100 Meter Dash UNDER 20	Finals

MEDAL PRESENTATION

Session: 3 SUNDAY 27TH MARCH - MORNING

Day 2 - Sunday 27/03/2016 - Starts at 09:00 AM

	Event	Round
9:00 AM	#4 Heptathlon: #5 Girls Long Jump UNDER 18	Finals
9:05 AM	#5 Octathlon: #5 Boys 110 Meter Hurdles OPEN	Finals
9:10 AM	#23 Girls Discus Throw UNDER 18	Finals
9:15 AM	#24 Girls 400 Meter Hurdles UNDER 18	Prelims
9:25 AM	#25 Girls 400 Meter Hurdles UNDER 20	Prelims
9:35 AM	#26 Boys 400 Meter Hurdles UNDER 18	Prelims
9:45 AM	#27 Boys 400 Meter Hurdles UNDER 20	Prelims
9:55 AM	#28 Girls 800 Meter Run UNDER 18	Prelims
10:05 AM	#29 Boys 800 Meter Run UNDER 18	Prelims
10:15 AM	#30 Girls 800 Meter Run UNDER 20	Prelims
10:25 AM	#31 Boys 800 Meter Run UNDER 20	Prelims
10:30 AM	#5 Octathlon: #6 Boys High Jump OPEN	Finals
10:35 AM	#4 Heptathlon: #6 Girls Javelin Throw UNDER 18	Finals
10:35 AM	#32 Girls 200 Meter Dash UNDER 18	Prelims
10:50 AM	#33 Boys 200 Meter Dash UNDER 18	Prelims
11:05 AM	#34 Girls 200 Meter Dash UNDER 20	Prelims
11:20 AM	#35 Boys 200 Meter Dash UNDER 20	Prelims

MEDAL PRESENTATION





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

Session: 4 SUNDAY 27TH MARCH - EVENING

Day 2 - Sunday 27/03/2016 - Starts at 4:00 PM

	Event	Round
4:00 PM	#36 Boys High Jump UNDER 18	Finals
4:05 PM	#37 Girls Long Jump UNDER 18	Finals
4:10 PM	#5 Octathlon: #7 Boys Javelin Throw OPEN	Finals
4:15 PM	#38 Boys Shot Put UNDER 18	Finals
4:20 PM	#39 Girls Triple Jump UNDER 20	Finals
4:25 PM	#40 Girls 4x100 Meter Relay UNDER 18	Prelims
4:40 PM	#41 Boys 4x100 Meter Relay UNDER 18	Prelims
4:55 PM	#42 Girls 4x100 Meter Relay UNDER 20	Prelims
5:10 PM	#43 Boys 4x100 Meter Relay UNDER 20	Prelims
5:25 PM	#44 Boys Pole Vault OPEN	Finals
5:25 PM	#24 Girls 400 Meter Hurdles UNDER 18	Finals
5:35 PM	#25 Girls 400 Meter Hurdles UNDER 20	Finals
	MEDAL PRESENTATION	
5:55 PM	#26 Boys 400 Meter Hurdles UNDER 18	Finals
6:05 PM	#27 Boys 400 Meter Hurdles UNDER 20	Finals
6:15 PM	#45 Boys Javelin Throw UNDER 20	Finals
6:20 PM	#46 Boys Long Jump UNDER 20	Finals
	MEDAL PRESENTATION	
6:20 PM	#32 Girls 200 Meter Dash UNDER 18	Semis
6:30 PM	#33 Boys 200 Meter Dash UNDER 18	Semis
6:40 PM	#34 Girls 200 Meter Dash UNDER 20	Semis
6:50 PM	#35 Boys 200 Meter Dash UNDER 20	Semis
7:00 PM	#4 Heptathlon: #7 Girls 800 Meter Dash UNDER 18	Finals
7:05 PM	#5 Octathlon: #8 Boys 1500 Meter Dash OPEN	Finals
7:20 PM	#47 Girls Discus Throw UNDER 20	Finals



FLOW





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

MEDAL PRESENTATION

7:25 PM	#48	Girls 3000 Meter Run OPEN	Finals
7:45 PM	#49	Boys 3000 Meter Run UNDER 18	Finals

MEDAL PRESENTATION

8:10 PM	#40	Girls 4x100 Meter Relay UNDER 18	Finals
8:15 PM	#41	Boys 4x100 Meter Relay UNDER 18	Finals

MEDAL PRESENTATION

8:30 PM	#42	Girls 4x100 Meter Relay UNDER 20	Finals
8:35 PM	#43	Boys 4x100 Meter Relay UNDER 20	Finals

MEDAL PRESENTATION

Session: 5 MONDAY 28TH MARCH - MORNING

Day 3 - Monday 28/03/2016 - Starts at 09:00 AM

	Event	Round
9:00 AM	#50 Girls Javelin Throw UNDER 18	Finals
9:05 AM	#51 Girls High Jump UNDER 20	Finals
9:10 AM	#52 Boys Long Jump UNDER 18	Finals
9:15 AM	#53 Girls 100 Meter Hurdles UNDER 18	Prelims
9:35 AM	#54 Girls 100 Meter Hurdles UNDER 20	Prelims
9:55 AM	#55 Boys 110 Meter Hurdles UNDER 18	Prelims
10:05 AM	#56 Boys 110 Meter Hurdles UNDER 20	Prelims
10:25 AM	#57 Girls 4x400 Meter Relay UNDER 18	Prelims
10:45 AM	#58 Boys 4x400 Meter Relay UNDER 18	Prelims
10:55 AM	#59 Girls 4x400 Meter Relay UNDER 20	Prelims
9:00 AM	#60 Boys 4x400 Meter Relay UNDER 20	Prelims

MEDAL PRESENTATION





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

Session: 6 MONDAY 29TH MARCH - EVENING

Day 3 - Monday 28/03/2016 - Starts at 4:00 PM

	Event	Round
4:00 PM	#61 Girls Javelin Throw UNDER 20	Finals
4:05 PM	#62 Girls Triple Jump UNDER 18	Finals
4:10 PM	#63 Boys Shot Put UNDER 20	Finals
4:15 PM	#53 Girls 100 Meter Hurdles UNDER 18	Finals
4:25 PM	#54 Girls 100 Meter Hurdles UNDER 20	Finals
4:35 PM	#55 Boys 110 Meter Hurdles UNDER 18	Finals
4:45 PM	#56 Boys 110 Meter Hurdles UNDER 20	Finals
5:00 PM	#64 Boys Triple Jump UNDER 20	Finals
5:05 PM	#65 Boys Discus Throw UNDER 18	Finals
	MEDAL PRESENTATION	
5:05 PM	#28 Girls 800 Meter Run UNDER 18	Finals
5:10 PM	#29 Boys 800 Meter Run UNDER 18	Finals
5:15 PM	#30 Girls 800 Meter Run UNDER 20	Finals
5:20 PM	#31 Boys 800 Meter Run UNDER 20	Finals
	MEDAL PRESENTATION	
5:40 PM	#32 Girls 200 Meter Dash UNDER 18	Finals
5:45 PM	#33 Boys 200 Meter Dash UNDER 18	Finals
	MEDAL PRESENTATION	
5:50 PM	#34 Girls 200 Meter Dash UNDER 20	Finals
5:55 PM	#35 Boys 200 Meter Dash UNDER 20	Finals
	MEDAL PRESENTATION	
6:20 PM	#66 Boys 5000 Meter Run UNDER 20	Finals
	MEDAL PRESENTATION	
6:45 PM	#57 Girls 4x400 Meter Relay UNDER 18	Finals
6:55 PM	#58 Boys 4x400 Meter Relay UNDER 18	Finals



FLOW





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

MEDAL PRESENTATION

7:05 PM	#59	Girls 4x400 Meter Relay UNDER 20	Finals
7:15 PM	#60	Boys 4x400 Meter Relay UNDER 20	Finals

MEDAL PRESENTATION

CLOSING CEREMONY





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

PROTEST FORM

(PRESENT TO REFEREE OR TECHNICAL INFORMATION CENTER)

COUNTRY: - _____

CATEGORY: U-18: GIRLS BOYS U-20: GIRLS BOYS

EVENT: - _____

PROTEST: _____

FEE: US \$100:00

SIGNATURE: _____ DESIGNATION: - _____

ACCREDITATION NO: - _____

<u>LOC ONLY</u>	
TIME: - _____	SIGNATURE:- _____
	DESIGNATION: - _____

TECHNICAL MEETING – Friday 25th March, 2016 – 6 p.m.





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

AGENDA

Distribution of team packages:

1. Welcome / Invocation
2. Introductions:
 - ✓ IAAF REPRESENTATIVES
 - ✓ NACAC REPRESENTATIVES
 - ✓ MEET DIRECTOR
 - ✓ TECHNICAL DELEGATE
 - ✓ TECHNICAL/COMPETITION OFFICIALS, ATO, REFEREES
3. General Information:
 - ✓ EVENT SCHEDULE
 - ✓ QUALIFYING ROUNDS
 - ✓ STARTING HEIGHTS AND PROGRESSIONS
 - ✓ PROTESTS
 - ✓ DOPING CONTROL
 - ✓ BUS SCHEDULE
 - ✓ AWARDS PRESENTATION
 - ✓ OPENING / CLOSING CEREMONIES
 - ✓ QUESTIONS ANSWERED
4. Closing Remarks





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

TECHNICAL MEETING QUESTIONS

TO BE SUBMITTED NO LATER THAN 11:00 A.M. FRIDAY 25th MARCH, 2016 to the Game Office or by

mail: grenadacarifta2016@gmail.com

COUNTRY: -

QUESTION 1: _____

QUESTION 2: _____

QUESTION 3: _____

Team Official _____ *Date* _____





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

CARIFTA CONGRESS

Carifta Congress luncheon is scheduled for Monday 28th March, 2016 at 1:00pm (Venue to be determined).

CONGRESS MEETING – MONDAY 28th MARCH, 2016

AGENDA

- ✓ Roll Call
- ✓ Invocation
- ✓ Welcome and Remarks: President, Grenada Athletics Association
- ✓ Welcome and Remarks: Minister of Sports
- ✓ Remarks: IAAF Representative
- ✓ Minutes of last Congress / Acceptance
- ✓ Matters Arising from Minutes
- ✓ Reports:
 - NACAC
 - CACAC
 - RDC
 - 46th Carifta Games LOC – Curacao 2017
- ✓ Presentation – Bids to host 47th (2018) and 48th (2019) CARIFTA
- ✓ AOB
- ✓ Adjournment





45th CARIFTA GAMES

NATIONAL ATHLETIC STADIUM, QUEENS PARK, ST. GEORGE'S, GRENADA
MARCH 26th – 28th, 2016

MEDIA ACCREDITATION

THIS FORM MUST BE COMPLETED AND RETURNED TO THE ORGANIZING COMMITTEE ON OR BEFORE MID-NIGHT MARCH 1, 2016. IT MUST BE SIGNED AND STAMPED BY THE LOCAL FEDERATION.

Media Person's Name (separate form for each person) _____

Address _____

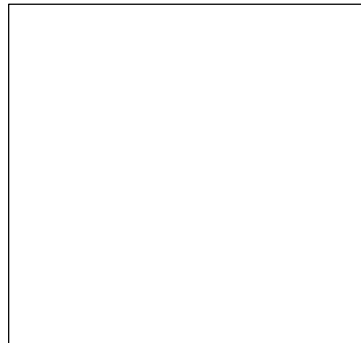
Country _____

Media House _____

Type of company (on-line paper, on-line sports magazine, TV) _____

Type of Accreditation (Journalist, Cameraman, Photographer) _____

Please attach a digital passport photo.



Once application is received the LOC will confirm by email. Accreditation Cards will be available at the Secretariat

Signature of Applicant (electronic) _____

STAMP AND SIGNATURE OF ATHLETIC FEDERATION:

