



Men's and Women's
Track & Field
Cross Country

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Coaches,

We are very excited to host you all this year at the 2019 University of Memphis Tiger Invitational. We are looking to have a very competitive meet, with the anticipation that the weather will accommodate!

Below, you will find some final, last minute meet notes:

- To ensure sufficient daylight, Friday field events have been moved to a 2:00 PM start.
- Coaches will be provided three wristbands per gender in the packet, which will allow you access to hospitality on Saturday. Pick up at the clerks tent on South side of track (12:30PM)
- Indoor turf room will be utilized in the event of inclement weather
- The track will be available on Friday from 1:00 PM until the conclusion of the events for practice. A portion of the track will be blocked off for the javelin throw competition.
- Minimum marks will be instituted in the throwing events and in the long jump. All competitors will get one mark, no matter the distance. After that, the minimum marks will be enforced.

○ WMN SP – 12M WMN DISC – 35M WMN JAV – 30M WMN HAM – 40M

○ MEN SP – 12M MEN DISC – 35M MEN JAV – 40M MEN HAM – 40M

○ WMN LJ – 5.20M

○ MEN LJ – 6.40M

Jumps Progressions

○ MEN PV – 4.31M/4.46M/4.61M/4.76M/4.91M/5.01M +10CM

○ WMN PV – 3.22M/3.37M/3.52M/3.67M/3.82M/3.92M +10CM

○ MEN HJ – 1.86M/1.91M/1.96M/2.01M/2.06M/2.11M/2.14M +3CM

○ WMN HJ – 1.55M/1.60M/1.65M/1.70M/1.75M/1.80M/1.83M +3CM

We are very much looking forward to hosting a great meet. We want to provide a first class event that allows your athletes every opportunity to be successful. If you need anything at all, do not hesitate to contact myself at (901) 734-0024, Coach Frenette at (701) 840-5442, or Coach Koelling at (573) 225-6916.

Safe travels and best of luck!

Kevin Robinson