

## Section 4: Schedule of Events

**\*All Times are Central Standard Time.**

TUESDAY, MAY 10, 2022			WEDNESDAY, MAY 11, 2022		
Time	Event	Location	Time	Event	Round
1:00pm-7:00pm	Track Practice	Track	8:00am-9:00am	Implement Weigh-In @ Stadium	Stadium
	Shot Put Practice	Stadium	9:00am	100h	Hept.
	Discus Practice**	Hamilton	9:15am	100m	Dec.
1:00pm-3:30pm	Hammer Practice**	Hamilton	9:45am	High Jump	Hept
3:30pm-5:00pm	Javelin Practice**	Hamilton	10:00am	Long Jump	Dec.
4:00pm-6:00pm	Implement Weigh-In	Stadium	11:00am	Shot Put	Dec.
5:30pm	Coaches Meeting	Paddock		M-Discus* (H)	Final
6:00pm	Medical Meeting	Paddock		W-Javelin* (H)	Final
			11:45am	Shot Put	Hept.
			12:00pm	High Jump	Dec.
			12:30pm-2:00pm	Implement Weight-In @ Hamilton*	
			12:45pm	200m	Hept.
			1:30pm	400m	Dec.
			2:00pm	W-Discus* (H)	Final
				M-Javelin* (H)	Final
				M-Pole Vault	Final
			4:00pm-7:00pm	Shot Put	Practice
				Hammer** (H)	Practice
			5:00pm	W-Pole Vault	Final
			5:20pm	National Anthem	
			5:30pm	M-1500m	Prelim
			5:50pm	W-1500m	Prelim
			6:10pm	M-400m Hurdles	Prelim
			6:25pm	W-400m Hurdles	Prelim
			6:40pm	M-200m	Prelim
			6:55pm	W-200m	Prelim
			7:15pm	M-10k	Final
			8:00pm	W-10k	Final

  

THURSDAY, MAY 12, 2022			FRIDAY, MAY 13, 2022		
Time	Event	Round	Time	Event	Round
8:00am-9:00am	Implement Weigh-In @ Stadium	Stadium	9:30am-10:30am	Implement Weight-In @ Stadium	Stadium
9:00am	110h	Dec.	11:00am	M-Shot Put	Final
9:30am	Long Jump	Hept.		M-High Jump	Final
9:45am	Discus* (H)	Dec.		W-Triple Jump	Final
10:45am	Javelin* (H)	Hept.	12:20pm	National Anthem	
11:00am	Pole Vault	Dec.	12:30pm	M-4x100m	Final
12:00pm	800m	Hept.	12:40pm	W-4x100m	Final
1:00pm	Javelin* (H)	Dec.	12:50pm	M-1500m	Final
1:00pm-2:00pm	Implement Weight-In @ Hamilton*		1:00pm	W-1500m	Final
2:15pm	1500m	Dec.	1:15pm	M-110h	Final
2:30pm	W-Long Jump	Final	1:25pm	W-100h	Final
3:00pm	M-Hammer (H)	Final	1:35pm	M-400m	Final
5:00pm	W-Hammer (H)	Final	1:45pm	W-400m	Final
	M-Long Jump	Final	1:55pm	M-100m	Final
5:20pm	National Anthem		2:00pm	W-100m	Final
5:30pm	M-110h	Prelim		W-Shot Put	Final
5:45pm	W-100h	Prelim		W-High Jump	Final
6:10pm	M-400m	Prelim		M-Triple Jump	Final
6:25pm	W-400m	Prelim	2:10pm	M-800m	Final
6:30pm-8:00pm	Shot Put	Practice	2:15pm	W-800m	Final
6:40pm	M-100m	Prelim	2:30pm	M-400h	Final
6:55pm	W-100m	Prelim	2:35pm	W-400h	Final
7:15pm	M-800m	Prelim	2:45pm	M-200m	Final
7:30pm	W-800m	Prelim	2:50pm	W-200m	Final
7:50pm	M-3k Steeple	Final	3:00pm	M-5k	Final
8:10pm	W-3k Steeple	Final	3:45pm	W-5k	Final
			4:15pm	M-4x400m	Final
			4:25pm	W-4x400m	Final
			4:45pm	Graduation Recognition	
			5:00pm	Awards/Trophy Presentation	

*\*All Events labeled (H) will be held at Hamilton Field – Transit Busses provided to Athletes/Staff Only\**  
*\*\*Transportation/Sports Med will not be provided for practice times at Hamilton Field\*\**