

# ATLANTIC SUN CONFERENCE CHAMPIONSHIPS 2023

Nashville, TN  
Percy Warner State Park  
Host: Lipscomb Univ  
Saturday, October 28, 2023

## MEET OFFICIALS

Meet Referee:  
Mike Ham  
Timing:  
www.cfpitiming.com



OFFICIAL MEET REPORT  
printed: 10/28/2023 9:42 AM

Race #1  
5K Women

## Final Results

### RACE SUMMARY

Start Time: 9:15 am

### TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 LIPSCOMB	15	1-2-3-4-5(7)(10)	1:25:32	17:07	0:24.1
2 KENNESAW STATE	74	8-13-14-18-21(24)(32)	1:28:38	17:44	0:34.4
3 EASTERN KENTUCKY	88	6-9-12-20-41(47)(54)	1:29:18	17:52	1:22.8
4 NORTH FLORIDA	122	15-22-26-29-30(33)(34)	1:30:38	18:08	0:37.7
5 CENTRAL ARKANSAS	139	16-19-28-37-39(48)(49)	1:31:20	18:16	1:01.9
6 QUEENS (N.C.)	194	27-31-42-44-50(56)(57)	1:33:58	18:48	0:59.7
7 BELLARMINE	197	23-36-38-45-55(71)(72)	1:34:00	18:48	1:32.0
8 STETSON	220	11-17-59-63-70(83)	1:35:17	19:04	2:46.0
9 NORTH ALABAMA	256	40-43-52-60-61(66)(68)	1:36:55	19:23	1:03.0
10 AUSTIN PEAY	279	46-51-53-62-67(73)(74)	1:38:08	19:38	0:57.2
11 FLORIDA GULF COAST	299	25-58-64-75-77(81)(82)	1:39:13	19:51	2:40.6
12 JACKSONVILLE	323	35-65-69-76-78(79)(80)	1:40:09	20:02	2:20.2

### INDIVIDUAL RESULTS

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1600	2480	4224	5k
1 CARTER, KIARA	JR	172	LIPSCOMB (1)	1	16:54.6	---	5:26.2	3:22.9	5:25.0	8:28.3	14:21.0	16:54.6
2 MILLER, LYDIA	JR	181	LIPSCOMB (2)	2	16:58.9	4.3	5:27.6	3:23.8	5:25.1	8:27.8	14:21.2	16:58.9
3 KLETZ, HARLEY	FR	177	LIPSCOMB (3)	3	17:03.4	8.8	5:29.1	3:24.7	5:25.1	8:28.6	14:25.6	17:03.4
4 BORLAND, COLBI	JR	170	LIPSCOMB (4)	4	17:16.6	22.0	5:33.3	3:27.3	5:25.1	8:28.0	14:41.2	17:16.6
5 BREWER, ELLIE	SO	171	LIPSCOMB (5)	5	17:18.6	24.0	5:34.0	3:27.7	5:25.1	8:28.5	14:41.4	17:18.6
6 EL ARFAOUI, BAHYA	FR	87	EASTERN KENTU	6	17:24.9	30.3	5:36.0	3:29.0	5:25.6	8:29.3	14:45.5	17:24.9
7 BARNETT, MACKENZIE	JR	169	LIPSCOMB (6)	(7)	17:26.8	32.2	5:36.6	3:29.3	5:24.9	8:28.9	14:47.1	17:26.8
8 SULLIVAN, EMMA	JR	160	KENNESAW STAT	8	17:28.6	34.0	5:37.2	3:29.7	5:25.2	8:28.6	14:32.8	17:28.6
9 VAN GILS, ANOUK	SR	93	EASTERN KENTU	9	17:28.9	34.3	5:37.2	3:29.8	5:25.4	8:30.7	14:50.9	17:28.9
10 CORSO, LIZA	JR	173	LIPSCOMB (7)	(10)	17:29.1	34.5	5:37.3	3:29.8	5:25.5	8:28.3	14:45.6	17:29.1
11 SAURER, LEONIE	FR	183	LIPSCOMB	-	17:34.7	40.1	5:39.1	3:30.9	5:25.5	8:28.9	14:50.9	17:34.7
12 TONKIN, JULIET	SO	276	STETSON (1)	11	17:35.2	40.6	5:39.3	3:31.0	5:26.2	8:31.6	14:54.9	17:35.2
13 HOREVAY, ABIGAIL	SO	175	LIPSCOMB	-	17:35.5	40.9	5:39.4	3:31.1	5:25.4	8:29.1	14:52.7	17:35.5
14 KOECH, SONIA	FR	89	EASTERN KENTU	12	17:37.9	43.3	5:40.2	3:31.6	5:32.6	8:41.2	14:58.5	17:37.9
15 SMITH, ZOE	JR	159	KENNESAW STAT	13	17:38.3	43.7	5:40.3	3:31.7	5:25.9	8:32.1	14:57.4	17:38.3
16 MILES, CIARA	JR	156	KENNESAW STAT	14	17:41.6	47.0	5:41.3	3:32.3	5:27.6	8:37.3	14:58.0	17:41.6
17 KOLBE, SMILLA	SO	222	NORTH FLORIDA (	15	17:42.1	47.5	5:41.5	3:32.4	5:26.6	8:33.8	14:55.4	17:42.1
18 HILL, MADELINE	JR	66	CENTRAL ARKAN	16	17:43.0	48.4	5:41.8	3:32.6	5:28.1	8:37.7	15:04.0	17:43.0
19 DURDA, BLAIR	JR	273	STETSON (2)	17	17:44.5	49.9	5:42.3	3:32.9	5:33.1	8:41.0	15:02.8	17:44.5
20 BOBAK, FAITH	JR	148	KENNESAW STAT	18	17:46.7	52.1	5:43.0	3:33.3	5:26.8	8:31.8	15:00.9	17:46.7
21 LONGMIRE, MOLLIE	SR	179	LIPSCOMB	-	17:48.1	53.5	5:43.4	3:33.6	5:25.5	8:29.2	14:59.8	17:48.1
22 STEIMEL, SARA	SR	71	CENTRAL ARKAN	19	17:57.4	1:02.8	5:46.4	3:35.5	5:36.4	8:47.1	15:14.0	17:57.4
23 THORNTON, LUCY	JR	92	EASTERN KENTU	20	17:58.3	1:03.7	5:46.7	3:35.7	5:32.6	8:41.7	15:17.3	17:58.3
24 SEILER, MADISON	FR	158	KENNESAW STAT	21	18:02.9	1:08.3	5:48.2	3:36.6	5:27.6	8:37.8	15:15.8	18:02.9
25 MARKOVINA, ANA	SO	224	NORTH FLORIDA (	22	18:04.3	1:09.7	5:48.6	3:36.8	5:32.2	8:41.7	15:14.3	18:04.3
26 OESTERLING, SIERRA	SO	36	BELLARMINE (1)	23	18:05.5	1:10.9	5:49.0	3:37.1	5:33.8	8:46.7	15:20.8	18:05.5

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## INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1600	2480	4224	5k
27 JAMES, ANNA	JR	155	KENNESAW STAT	(24)	18:10.1	1:15.5	5:50.5	3:38.0	5:25.7	8:30.0	15:17.0	18:10.1
28 PIERS, KARLEY	JR	113	FLORIDA GULF C	25	18:11.2	1:16.6	5:50.9	3:38.2	5:31.1	8:42.0	15:20.5	18:11.2
29 FORTE, GIANNA	SR	221	NORTH FLORIDA (	26	18:11.9	1:17.3	5:51.1	3:38.4	5:40.4	8:46.9	15:24.9	18:11.9
30 WESPE, LIVIA	FR	254	QUEENS (N.C.) (1)	27	18:17.4	1:22.8	5:52.8	3:39.5	5:25.8	8:39.4	15:27.7	18:17.4
31 NACHTIGAL, ALI	JR	67	CENTRAL ARKAN	28	18:17.9	1:23.3	5:53.0	3:39.6	5:39.7	8:55.0	15:35.0	18:17.9
32 FISHER, ERICA	JR	220	NORTH FLORIDA (	29	18:19.4	1:24.8	5:53.5	3:39.9	5:40.6	8:47.0	15:25.3	18:19.4
33 LEEN, ISA	JR	223	NORTH FLORIDA (	30	18:19.7	1:25.1	5:53.6	3:39.9	5:32.9	8:45.1	15:27.6	18:19.7
34 WATTS, SARAH	JR	253	QUEENS (N.C.) (2)	31	18:22.0	1:26.4	5:54.3	3:40.4	5:37.9	8:55.7	15:38.5	18:22.0
35 FERGUSON, EMMA	FR	152	KENNESAW STAT	(32)	18:22.5	1:27.9	5:54.5	3:40.5	5:34.2	8:54.1	15:40.7	18:22.5
36 WALLACE, MADIGAN	JR	161	KENNESAW STAT	-	18:24.0	1:28.4	5:55.0	3:40.8	5:27.8	8:41.4	15:30.9	18:24.0
37 MILLSON, EMMA	SO	226	NORTH FLORIDA (	(33)	18:26.7	1:32.1	5:55.8	3:41.3	5:48.1	9:01.9	15:41.9	18:26.7
38 CHANDLER, ELLA	SO	219	NORTH FLORIDA (	(34)	18:27.4	1:32.8	5:56.1	3:41.5	5:32.5	8:45.1	15:41.1	18:27.4
39 BODRATO, MYA	SO	126	JACKSONVILLE (1)	35	18:32.4	1:37.8	5:57.7	3:42.5	5:51.0	9:09.8	15:48.2	18:32.4
40 WELLS, ANNA	SR	39	BELLARMINE (2)	36	18:33.8	1:39.2	5:58.1	3:42.7	5:34.8	8:51.4	15:40.8	18:33.8
41 BAER, JEWEL	JR	62	CENTRAL ARKAN	37	18:36.7	1:42.1	5:59.1	3:43.3	5:43.5	9:01.0	15:43.7	18:36.7
42 SEXTON, PATRICIA	JR	38	BELLARMINE (3)	38	18:38.0	1:42.4	5:59.5	3:43.6	5:38.1	8:54.0	15:40.5	18:38.0
43 DODSWORTH, RACHEL	JR	151	KENNESAW STAT	-	18:38.9	1:44.3	5:59.8	3:43.8	5:33.4	8:53.4	15:41.2	18:38.9
44 WILLIAMS, JADA	SO	229	NORTH FLORIDA	-	18:43.6	1:49.0	6:01.3	3:44.7	5:46.5	9:02.0	15:54.2	18:43.6
45 CUMMINGS, NATALIE	JR	150	KENNESAW STAT	-	18:44.0	1:48.4	6:01.4	3:44.8	5:26.4	8:39.9	15:44.0	18:44.0
46 SAHEIB, FELISA	JR	69	CENTRAL ARKAN	39	18:44.9	1:50.3	6:01.7	3:45.0	5:42.5	9:00.8	15:53.5	18:44.9
47 MATHEWS, GRACIE	JR	205	NORTH ALABAMA	40	18:45.1	1:50.5	6:01.7	3:45.0	5:29.1	8:45.9	15:47.7	18:45.1
48 CHAPMAN, KATY	SR	85	EASTERN KENTU	41	18:47.7	1:53.1	6:02.6	3:45.5	5:38.5	8:55.5	15:50.5	18:47.7
49 OLSON-KEATING, EMMA	FR	250	QUEENS (N.C.) (3)	42	18:59.0	2:03.4	6:06.2	3:47.8	5:40.0	9:03.9	16:08.8	18:59.0
50 CASTILLO, BILLIE	SR	218	NORTH FLORIDA	-	18:59.8	2:05.2	6:06.5	3:48.0	5:45.5	9:03.7	16:04.8	18:59.8
51 JEPKIRUI, JANETH	JR	204	NORTH ALABAMA	43	19:00.8	2:06.2	6:06.8	3:48.1	5:33.8	8:56.8	16:04.6	19:00.8
52 JANKE, ANNA	JR	247	QUEENS (N.C.) (4)	44	19:02.6	2:08.0	6:07.4	3:48.5	5:51.1	9:14.2	16:14.0	19:02.6
53 WHITE, TAYLOR	JR	40	BELLARMINE (4)	45	19:05.2	2:10.6	6:08.2	3:49.0	5:37.4	9:05.8	16:06.4	19:05.2
54 WATFORD, LACI	SO	228	NORTH FLORIDA	-	19:08.6	2:14.0	6:09.3	3:49.7	5:50.2	9:14.0	16:14.9	19:08.6
55 DOYLE, ASHLEY	JR	10	AUSTIN PEAY (1)	46	19:08.9	2:14.3	6:09.4	3:49.8	5:54.9	9:18.8	16:14.7	19:08.9
56 RUBIO-MIRALLES, IRENE	SO	91	EASTERN KENTU	(47)	19:11.1	2:16.5	6:10.1	3:50.2	5:38.9	8:58.1	16:12.4	19:11.1
57 PRENTICE, SEQUOYA	SO	68	CENTRAL ARKAN	(48)	19:11.8	2:17.2	6:10.3	3:50.4	5:42.9	9:01.1	16:13.4	19:11.8
58 BOMMES, ANNA	JR	63	CENTRAL ARKAN	(49)	19:14.4	2:19.8	6:11.2	3:50.9	5:42.7	9:01.6	16:18.9	19:14.4
59 NOYER, EMILIE	FR	249	QUEENS (N.C.) (5)	50	19:17.1	2:22.5	6:12.0	3:51.4	5:44.4	9:08.8	16:15.3	19:17.1
60 LEWIS, LAUREN	JR	15	AUSTIN PEAY (2)	51	19:24.0	2:28.4	6:14.3	3:52.8	6:09.6	9:38.2	16:34.1	19:24.0
61 FRICK, ALEXIS	FR	65	CENTRAL ARKAN	-	19:31.1	2:36.5	6:16.6	3:54.2	5:53.6	9:20.5	16:32.1	19:31.1
62 SELPH, EMMA	JR	70	CENTRAL ARKAN	-	19:34.1	2:39.5	6:17.5	3:54.8	5:46.1	9:11.3	16:33.4	19:34.1
63 ANDERSON, ASHLYN	JR	198	NORTH ALABAMA	52	19:34.4	2:39.8	6:17.6	3:54.9	5:57.7	9:26.2	16:33.0	19:34.4
64 FRUTH, SAVANNAH	SR	14	AUSTIN PEAY (3)	53	19:36.1	2:41.5	6:18.2	3:55.2	6:04.8	9:31.4	16:37.2	19:36.1
65 GEISEN, HANNAH	FR	88	EASTERN KENTU	(54)	19:37.5	2:42.9	6:18.6	3:55.5	5:54.4	9:27.5	16:40.5	19:37.5
66 ELLIS, HANNAH	JR	28	BELLARMINE (5)	55	19:37.5	2:42.9	6:18.6	3:55.5	5:58.4	9:27.8	16:36.3	19:37.5
67 WIDMANN, CHLOE	JR	255	QUEENS (N.C.) (6)	(56)	19:39.4	2:44.8	6:19.2	3:55.9	6:01.7	9:32.3	16:41.3	19:39.4
68 GIBBINS, MAISIE	FR	244	QUEENS (N.C.) (7)	(57)	19:40.7	2:46.1	6:19.6	3:56.1	5:51.3	9:14.9	16:33.8	19:40.7
69 SPAIN, GABRIELLE	SO	114	FLORIDA GULF C	58	19:41.6	2:47.0	6:19.9	3:56.3	5:55.8	9:21.1	16:37.2	19:41.6
70 BRINK, ANNABELLE	JR	270	STETSON (3)	59	19:43.4	2:48.8	6:20.5	3:56.7	5:59.3	9:26.7	16:43.3	19:43.4
71 BETTS, SAGE	SR	199	NORTH ALABAMA	60	19:46.4	2:51.8	6:21.5	3:57.3	5:59.4	9:29.7	16:45.8	19:46.4
72 MOBLEY, LAURA	JR	206	NORTH ALABAMA	61	19:48.0	2:52.4	6:22.0	3:57.6	5:56.4	9:26.0	16:46.1	19:48.0

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Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km	1600	2480	4224	5k
73 MARSH, KERRA	SO	16	AUSTIN PEAY (4)	62	19:52.1	2:57.5	6:23.3	3:58.4	6:08.7	9:38.2	16:47.4	19:52.1
74 NIEDERRITER, MADISON	JR	275	STETSON (4)	63	19:52.7	2:58.1	6:23.5	3:58.5	6:11.2	9:43.8	16:54.6	19:52.7
75 ESQUILLIN, MARICEL	SR	108	FLORIDA GULF C	64	19:52.7	2:58.1	6:23.5	3:58.5	6:04.4	9:34.8	16:50.4	19:52.7
76 DIX, JORDAN	SO	128	JACKSONVILLE (2)	65	19:56.5	3:01.9	6:24.7	3:59.3	6:09.6	9:43.2	16:53.1	19:56.5
77 DANIEL, EMILY	SR	201	NORTH ALABAMA (66)	66	20:02.6	3:08.0	6:26.7	4:00.5	5:57.0	9:28.9	16:53.2	20:02.6
78 FRENCH, MARY KATE	FR	13	AUSTIN PEAY (5)	67	20:06.1	3:11.5	6:27.8	4:01.2	6:04.8	9:35.3	17:00.5	20:06.1
79 GROSSO, VALERIE	SR	203	NORTH ALABAMA (68)	68	20:07.2	3:12.6	6:28.1	4:01.4	5:59.1	9:32.2	16:56.6	20:07.2
80 WEILER, MADELINE	SO	133	JACKSONVILLE (3)	69	20:08.6	3:14.0	6:28.6	4:01.7	6:09.9	9:44.0	17:00.2	20:08.6
81 WILD, EVIE	JR	256	QUEENS (N.C.)	-	20:14.8	3:20.2	6:30.6	4:03.0	6:11.0	9:45.6	17:13.0	20:14.8
82 CUSHENBERRY, TAYLOR	SO	272	STETSON (5)	70	20:21.2	3:26.6	6:32.6	4:04.2	6:10.1	9:44.6	17:11.6	20:21.2
83 LUCKETT, ERIN	JR	33	BELLARMINE (6)	(71)	20:24.5	3:29.9	6:33.7	4:04.9	6:01.6	9:36.3	17:06.0	20:24.5
84 POHLMAN-SINGLETON, JU	JR	37	BELLARMINE (7)	(72)	20:28.5	3:33.9	6:35.0	4:05.7	6:07.7	9:46.2	17:22.4	20:28.5
85 FOSTER, SHAYE	FR	11	AUSTIN PEAY (6)	(73)	20:28.9	3:34.3	6:35.1	4:05.8	6:15.0	9:49.7	17:20.4	20:28.9
86 HITE, BEATTY GRACE	FR	246	QUEENS (N.C.)	-	20:29.0	3:33.4	6:35.2	4:05.8	5:59.1	9:34.7	17:21.7	20:29.0
87 STALNECKER, JAEDYN	FR	18	AUSTIN PEAY (7)	(74)	20:32.4	3:37.8	6:36.3	4:06.5	6:10.1	9:45.5	17:30.5	20:32.4
88 KOSGEI, MERCY	JR	110	FLORIDA GULF C	75	20:35.8	3:41.2	6:37.4	4:07.2	6:02.6	9:48.6	17:30.0	20:35.8
89 SMITH, REILLY	FR	132	JACKSONVILLE (4)	76	20:38.6	3:44.0	6:38.2	4:07.7	6:21.6	10:02.9	17:31.1	20:38.6
90 MATTINGLY, HALLIE	SO	17	AUSTIN PEAY	-	20:40.6	3:46.0	6:38.9	4:08.1	6:20.8	9:58.5	17:32.1	20:40.6
91 GILBERT, CASSIDY	SO	30	BELLARMINE	-	20:43.1	3:48.5	6:39.7	4:08.6	6:20.4	10:00.7	17:31.4	20:43.1
92 SHANNON, ROWAN	FR	252	QUEENS (N.C.)	-	20:51.5	3:56.9	6:42.4	4:10.3	5:58.8	9:32.8	17:45.4	20:51.5
93 GOLDSMITH, PALOMA		286	FLORIDA GULF C	77	20:51.7	3:57.1	6:42.5	4:10.3	5:58.8	9:41.1	17:37.1	20:51.7
94 FIELD, ERYN	FR	129	JACKSONVILLE (5)	78	20:52.5	3:57.9	6:42.7	4:10.5	6:23.5	10:14.1	17:56.8	20:52.5
95 PRIYADI, ANNAH	FR	131	JACKSONVILLE (6)	(79)	20:53.9	3:59.3	6:43.2	4:10.8	6:23.5	10:14.1	17:56.3	20:53.9
96 BRADFORD, EMMA	FR	200	NORTH ALABAMA	-	20:57.7	4:03.1	6:44.4	4:11.5	5:55.8	9:37.1	17:37.1	20:57.7
97 LEONARD, JOSEPHINE	FR	130	JACKSONVILLE (7)	(80)	21:04.3	4:09.7	6:46.5	4:12.9	6:31.1	10:20.1	17:56.5	21:04.3
98 MOORE, MOLLY	FR	35	BELLARMINE	-	21:09.3	4:14.7	6:48.1	4:13.8	6:12.9	9:50.8	17:44.6	21:09.3
99 FREEMAN, SYDNEY	SO	12	AUSTIN PEAY	-	21:09.7	4:15.1	6:48.2	4:13.9	6:19.0	9:58.5	17:52.9	21:09.7
100 MACK, GRACE	FR	34	BELLARMINE	-	21:31.0	4:35.4	6:55.1	4:18.2	6:24.9	10:11.9	18:11.8	21:31.0
101 ETHERIDGE, CAMILLE	FR	202	NORTH ALABAMA	-	21:36.0	4:40.4	6:56.7	4:19.2	6:15.4	10:04.5	18:13.7	21:36.0
102 FROST, KAITLYN	SO	109	FLORIDA GULF C	(81)	21:42.5	4:47.9	6:58.8	4:20.5	6:23.5	10:14.7	18:18.7	21:42.5
103 WILLIAMS, SAVANNAH	FR	207	NORTH ALABAMA	-	22:21.5	5:26.9	7:11.3	4:28.3	6:31.2	10:27.8	18:56.2	22:21.5
104 WILSON, EMMA	SR	115	FLORIDA GULF C	(82)	22:58.3	6:03.7	7:23.2	4:35.7	6:24.5	10:20.5	19:12.7	22:58.3
105 EMPRIC, MADELEINE	FR	274	STETSON (6)	(83)	26:07.0	9:12.4	8:23.9	5:13.4	6:10.7	9:48.8	19:42.5	26:07.0
-- NEIS, JULIA	SO	112	FLORIDA GULF C	-	DNF		---	---	6:23.6			