

USATF Master Championships - 10/7/2023
Hosted by Palm Beach County Sports Commission
South County Regional Park in Boca Raton, FL
Rankings

Event 1 Women 5000 Meter Run

Name	Age	Team	Avg Mile	Finals	Age-Grading
W44 & Under Results 5000 Run					
1 #200 Gerrits, Samantha	43	Unattached	6:56	21:31	
2 #199 Dietrich, Alex	44	Unattached	8:00	24:49	
3 #202 King, Lorinda	43	Unattached	15:38	48:32	
W45 Results 5000 Run					
1 #188 Josiah-Tanner, Eule	49	T.H.E. Track Team	6:26	19:59	
2 #150 Sober, Jennifer	48	Florida Trac	6:37	20:33	
3 #170 Baig, Karyn	47	Shore Athletic Club	7:10	22:15	
4 #230 Guarneri, Hiroko	48	Atlanta Track Club	7:35	23:33	
5 #203 Martinez, Alicia	48	Unattached	7:55	24:34	
6 #106 Eno, Alicia	46	Atlanta Track Club	8:00	24:49	
W50 Results 5000 Run					
1 #149 Friend-Uhl, Sonja	52	Florida Trac	6:36	20:30	
2 #144 Bonnerot, Amy	52	Central Park	7:25	23:02	
3 #151 Crane, Cassandra	54	Genesee Vall	7:33	23:26	
W55 Results 5000 Run					
1 #153 Osovski, Brenda	57	Genesee Vall	8:00	24:49	
2 #136 Mangual, Lori	58	Bellmore Striders	9:50	30:32	
3 #205 Silver, Valerie	59	Unattached	10:04	31:16	
W60 Results 5000 Run					
1 #171 La Burt, Suzanne	60	Shore Athletic Club	6:43	20:51	
2 #163 Cass, Mary	62	Liberty Athl	6:44	20:55	
3 #160 Cordes, Suzanne	63	Impala Racing Team	7:26	23:04	
4 #152 Gedorich, Sandra	61	Genesee Vall	8:09	25:18	
5 #112 Tanner, Robin	62	Atlanta Track Club	8:58	27:51	
6 #173 Nowicki, Leslie	60	Shore Athletic Club	9:44	30:15	
W65 Results 5000 Run					
1 #105 Combs, Patrice	66	Atlanta Track Club	7:34	23:28	
2 #114 Williams, Cynthia	67	Atlanta Track Club	8:15	25:36	
3 #186 Tefft, Jan	65	So Cal Track Club	8:17	25:43	
4 #172 Musante, Kitty	67	Shore Athletic Club	8:42	27:01	
5 #113 Taylor, Margaret	68	Atlanta Track Club	9:14	28:39	
6 #166 Myers, Helene	68	Potomac Vall	15:16	47:26	
W70 Results 5000 Run					
1 #198 Crisp, Victoria	71	Unattached	8:23	26:03	
2 #190 Groesz, Jeanette	74	Team Red Lizard	8:32	26:31	
3 #109 Hudnall, Norma	73	Atlanta Track Club	9:59	31:01	
4 #191 Olsen, Cande	73	Team Red Lizard	10:02	31:10	
5 #104 Allen, Kathleen	74	Atlanta Track Club	11:09	34:37	
W75 Results 5000 Run					
1 #189 Gerl, Sharon	75	Team Red Lizard	9:40	30:02	
2 #110 Mccarter, Andrea	77	Atlanta Track Club	13:57	43:20	
W80 Results 5000 Run					
1 #204 Michelsohn, Marie-L	81	Unattached	13:25	41:39	
W85 Results 5000 Run					
1 #108 Hodges-Hite, Joyce	86	Atlanta Track Club	17:53	55:32	