



**Saturday May 6<sup>th</sup>**

**Sunday, May 7<sup>th</sup>**

**DAY 1 - TRACK EVENTS**

**DAY 2 - TRACK EVENTS**

<u>Time</u>	<u>Event</u>	<u>Round</u>	<u>Gender</u>
8:45 am	10,000 Meters	Final	Women
9:25 am	10,000 Meters	Final	Men
11:00 am	1,500 Meters	Trial	Women
11:20 am	1,500 Meters	Trial	Men
11:45 am	100 Hurdles	Trial	Women
12:00 pm	110 Hurdles	Trial	Men
12:15 pm	400 Meters	Trial	Women
12:30 pm	400 Meters	Trial	Men
12:45 pm	100 Meters	Trial	Women
1:00 pm	100 Meters	Trial	Men
1:15 pm	800 Meters	Trial	Women
1:30 pm	800 Meters	Trial	Men
1:45 pm	400 Hurdles	Trial	Women
2:00 pm	400 Hurdles	Trial	Men
2:15 pm	200 Meters	Trial	Women
2:30 pm	200 Meters	Trial	Men
2:45 pm	4 x 800 Relay	Final	Women
3:00 pm	4 x 800 Relay	Final	Men

<u>Time</u>	<u>Event</u>	<u>Round</u>	<u>Gender</u>
12:00 pm	Steeple	Final	Women
12:25 pm	Steeple	Final	Men
12:45 pm	4 x 100 Relay	Final	Women
12:55 pm	4 x 100 Relay	Final	Men
1:05 pm	1,500 meters	Final	Women
1:15 pm	1,500 meters	Final	Men
1:25 pm	100 Hurdles	Final	Women
1:35 pm	110 Hurdles	Final	Men
1:45 pm	400 Meters	Final	Women
1:55 pm	400 Meters	Final	Men
2:05 pm	100 meters	Final	Women
2:10 pm	100 meters	Final	Men
2:15 pm	800 meters	Final	Women
2:20 pm	800 meters	Final	Men
2:30 pm	400 Hurdles	Final	Women
2:35 pm	400 Hurdles	Final	Men
2:45 pm	200 Meters	Final	Women
2:50 pm	200 Meters	Final	Men
2:55 pm	5,000 Meters	Final	Women
3:20 pm	5,000 Meters	Final	Men
3:45 pm	4 x 400 Relay	Final	Women
3:55 pm	4 x 400 Relay	Final	Men
4:15 pm	Closing (individual and team) awards ceremony		

**DAY 1 - FIELD EVENTS**

**DAY 2 - FIELD EVENTS**

<u>Time</u>	<u>Event</u>	<u>Round</u>	<u>Gender</u>
10:00 am	Shot Put	Final	Women
10:00 am	Hammer	Final	Men
10:00 am	Long Jump	Final	Men
10:00 am	Long Jump	Final	Women
1:00 pm	Pole Vault	Final	Women
1:00 pm	Shot Put	Final	Men
1:00 pm	Hammer	Final	Women
1:00 pm	High Jump	Final	Men

<u>Time</u>	<u>Event</u>	<u>Round</u>	<u>Gender</u>
9:30 am	Discus	Final	Men
9:30 am	Javelin	Final	Women
9:30 am	Triple Jump	Final	Men
9:30 am	Triple Jump	Final	Women
12:30 pm	Discus	Final	Women
12:30 pm	Javelin	Final	Men
12:30 pm	Pole Vault	Final	Men
12:30 pm	High Jump	Final	Women