



★ *OUTDOOR TRACK & FIELD* ★
CHAMPIONSHIP

2024 | CHARLESTON, IL

1 2 3 4 5 6 7 8

MAY 9-11, 2024

CHARLESTON, IL

HOST: EASTERN ILLINOIS

Dear Ohio Valley Conference Student-Athletes, Coaches and Staff,

On behalf of Eastern Illinois University and President Jay Gatrell, I am excited to welcome everyone to our campus and to the communities of Charleston and Mattoon for the 2024 OVC Outdoor Men's and Women's Track and Field Championships.

The entire staff at EIU and community volunteers are prepared to work diligently to provide you with an excellent championship environment and a memorable experience. Please enjoy your time on our campus. I trust you will excel in your given event while cheering on your team.

Please contact the Meet Director, Mark Bonnstetter (217-276-5122) or the Conference office staff at if you have questions regarding this information. The manual contains information that will assist you with your arrangements and facilitate your meet preparation as well.

We at Eastern Illinois University wish you and your team the best of luck as you participate in this exciting event. If we can be of service please do not hesitate to contact one of our staff members.

Good Luck,

Tom Michael
Director of Athletics



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Section 1: Sponsoring Institutions

Ohio Valley Conference institutions that sponsor the sport of outdoor track & field include:

**Eastern Illinois University
Lindenwood University
University of Arkansas at Little Rock
Morehead State University
Southeast Missouri State University**

**Southern Illinois University Edwardsville
University of Southern Indiana
Tennessee State University
Tennessee Technological University
University of Tennessee at Martin
Western Illinois University**

Section 2: Important Dates

2024

May 9-11

Ohio Valley Conference Championship
Charleston, IL
Host: Eastern Illinois University

May 22-25

NCAA Outdoor Track & Field Championship
Preliminary Rounds
Fayetteville, AR
Lexington, KY

June 5 – 8

NCAA Outdoor Track and Field Championship
Finals
Eugene, OR

For information regarding this handbook, please contact:

Katie Risewick, Director of Compliance and Championships
Ohio Valley Conference
215 Centerview Drive, Suite 115
Brentwood, TN 37027
(615) 690-6683
krisewick@ovc.org

Section 3: Championship Personnel

OHIO VALLEY CONFERENCE
 215 Centerview Drive, Suite 115
 Brentwood, Tennessee 37027
 (615) 371-1698 – phone
www.OVCSports.com



Beth DeBauche, Commissioner.....	615-371-1698	
Greg Walter, Associate Commissioner/Football, Basketball & Baseball.....	615-371-1698	Ext. 6688
Stephanie Castera, Associate Commissioner/Institutional Services/SWA....	615-371-1698	Ext. 6684
Kyle Schwartz, Associate Commissioner/Strategic Communications.....	615-371-1698	Ext. 6685
Bryce Robinson, Assistant Commissioner/Digital Media.....	615-371-1698	Ext. 6691
Colin Parker, Assistant Commissioner/Championships.....	615-371-1698	Ext. 6682
Lauren Berst, Director of Administration.....	615-371-1698	Ext. 6682
Katie Risewick, Director of Compliance and Championships.....	615-371-1698	Ext. 6683
Jose Garcia, Director of Communications.....	615-371-1698	Ext. 6687
Jahmil Taylor, Director of Creative Content.....	615-371-1698	Ext. 6694
Jon Kuka, General Manager, OVC Sports Properties.....	615-371-1698	Ext. 6686

Eastern Illinois University
 600 Lincoln Avenue
 Charleston, IL 61920
www.EIUpanthers.com
 (217) 581-6014 – office



Tom Michael, Director of Athletics	(217) 581-2319	trmichael@eiu.edu
Mark Bonnstetter, Deputy AD, Meet Director	(217) 276-5122	mdbonnstetter@eiu.edu
Jonas Castelhana, Grad Asst. Media Relations	(609) 920-3864	jcastelhanodasilva@eiu.edu
James Gildon, Director of Track & Field	(402) 216-5621	jagildon@eiu.edu
Jim Nave, Asst. AD for Health, Safety & Performance.	(217) 251-2710	jmnave@eiu.edu
Dave Feldhake, Championships Meet Referee	(217) 821-6304	

Section 4: Schedule of Events

***All Times are Central Standard Time.**

Wednesday, May 8, 2024

1:00 pm – 7:00 pm Facility available for practice
6:00 pm Coaches Meeting in the Lantz Club Room (including Athletic Trainers)

Thursday, May 9, 2024

Hurdle and Short Sprint Warm-Ups

1. 20 minutes prior to the start of the first hurdle race, lanes 3-8 will be reserved for hurdle warm-up starts until 10 minutes before the start of the first hurdle race. Lanes 3-5 will be reserved for women's hurdle warm-up starts and lanes 6-8 will be reserved for men's hurdle warm-up starts.
2. There will be a 10-minute warm-up before each the men and women's 60-meter hurdles.
3. 60-meter dash participants can complete starts on the backstretch prior to their race.
4. There will be a 10-minute warm-up before the start of the men and women's 60-meter dashes on the homestretch.

Inspection of Field Equipment and Field Event Warm-ups

1. All throwing implements must be weighed and checked at the shed located on the southwest corner of O'Brien Stadium
2. No throwing implements may be used without the official markings.
3. All throwing implements that are found to be non-regulation will be impounded until the completion of the event.
4. All field event athletes must check in with the first flight to receive specific instructions for competition.
5. A 10-minute general warm-up for all competitors will begin 20 minutes prior to the start of the event and be followed by 10-minute warm-up periods for each consecutive flight.

Combined Events (estimated times)

9:00am	Heptathlon	100H
9:45am	Heptathlon	High Jump
11:45am	Heptathlon	Shot Put
12:45pm	Heptathlon	200m
9:30am	Decathlon	100m
10:15am	Decathlon	Long Jump
11:15am	Decathlon	Shot Put
12:15pm	Decathlon	High Jump
1:30pm	Decathlon	400m

Field Events

1:00pm	Women's Hammer	Final
2:00pm	Women's Long Jump	Final
2:30pm	Men's Pole Vault	Final

4:00pm	Men's Hammer	Final
4:30pm	Men's Long Jump	Final

Running Events

5:00pm	Women's 400 hurdles	Prelims
5:25pm	Men's 400 hurdles	Prelims
5:45pm	Women's 1500	Prelims
6:00pm	Men's 1500	Prelims
6:15pm	Women's 200m	Prelims
6:30pm	Men's 200m	Prelims
6:45pm	Women's 10,000m	Final
7:30pm	Men's 10,000m	Final

Friday, May 10, 2024

Combined Events (estimated times)

9:00am	Decathlon	110mH
9:45am	Decathlon	Discus
10:45am	Decathlon	Pole Vault
12:45pm	Decathlon	Javelin
1:45pm	Decathlon	1500m
9:30am	Heptathlon	Long Jump
10:45am	Heptathlon	Javelin
12:00pm	Heptathlon	800m

Field Events

2:30pm	Men's Discus	Final
2:30pm	Women's High Jump	Final
2:30pm	Women's Pole Vault	Final
5:30pm	Women's Discus	Final
5:30pm	Men's High Jump	Final

Running Events

5:00pm	Women's 100m Hurdles	Prelims
5:20pm	Men's 110m Hurdles	Prelims
5:35pm	Women's 400m	Prelims
5:50pm	Men's 400m	Prelims
6:05pm	Women's 100m	Prelims
6:20pm	Men's 100m	Prelims
6:35pm	Women's 800m	Prelims
6:55pm	Men's 800m	Prelims

7:15pm	Women's 3000m Steeple	Finals
7:35pm	Men's 3000m Steeple	Finals

Saturday, May 11, 2024

Field Events

11:00am	Women's Shot Put	Final
11:00am	Men's Javelin	Final
11:00am	Women's Triple Jump	Final
2:00pm	Men's Shot Put	Final
2:00pm	Women's Javelin	Final
1:30pm	Men's Triple Jump	Final

Running Events

12:30pm	Women's 4x100m	Final
12:35pm	Men's 4x100m	Final
12:40pm	Women's 1500m	Final
12:50pm	Men's 1500m	Final
1:05pm	Women's 100m Hurdles	Final
1:15pm	Men's 110m Hurdles	Final
1:30pm	Women's 400m	Final
1:40pm	Men's 400m	Final
1:45pm	Women's 100m	Final
1:55pm	Men's 100m	Final
2:05pm	Women's 800m	Final
2:15pm	Men's 800m	Final
2:25pm	Women's 400m Hurdles	Final
2:35pm	Men's 400m Hurdles	Final
2:45pm	Women's 200m	Final
2:50pm	Men's 200m	Final
3:00pm	Women's 5000m	Final
3:30pm	Men's 5000m	Final
4:00pm	Women's 4x400m	Final
4:05pm	Men's 4x400m	Final
4:15pm	Graduation recognition	
4:30pm	Award Ceremony	

Section 5: Awards

Team Trophies. The men's and women's champions of the Outdoor Track & Field Championship shall receive a team trophy. The championship team also shall receive commemorative t-shirts. Each member of the championship team will receive an individual championship medallion.

Event Champion Medallions. The top three (3) male and female finishers in each event shall receive medallions. First place finishers will be recognized as First Team All-Conference performers and all second place finishers will be recognized as Second Team All-Conference performers.

Medal Ceremonies. At the conclusion of each event, volunteers will be on hand to lead medal-winners to the podium. Medal ceremonies will take place approximately 15 minutes after the conclusion of each event.

Freshman of the Year. The highest point-getting freshmen shall determine the male and female Freshman of the Year.

Athlete of the Year. A coach's vote shall determine the male and female track and field specific Athlete of the Year.

Athlete of the Championship. The highest point-getting athletes at the conclusion of the championship shall determine the male and female Athlete of the Championship.

Coach of the Year. A coach's vote at the conclusion of the championship shall determine the men's and women's Coach of the Year.

Championship Awards Ceremony. A championship awards ceremony will take place approximately 15 minutes following the conclusion of the final race. Team and individual awards will be distributed at that time.

Section 6: Championship Administration

Administration. Administration of the event is the responsibility of the Commissioner or designee of the Ohio Valley Conference and she shall delegate duties and responsibilities to conference office staff members, as necessary, to assure the efficient administration and promotion of the meet.

The Games Committee. The OVC Outdoor Track and Field Championship Committee will consist of USA Track & Field Certified officials. The primary function of the Games Committee is to give specialized assistance and guidance when questions and problems arise during the conduct of the meet where authority for resolution of such problems is not covered by this guideline, the NCAA Track Rules, or the regulations of the Conference.

Section 7: Championship Format

Rules. NCAA Track and Field Rules shall govern all competition.

Championship Determination. The Conference champion will be determined by the results of the Conference meet.

Event Schedule. Practice times will be available from 1:00-7:00 p.m., Wednesday, May 8. The Coaches Meetings will take place Wednesday, May at 6:00pm. Competition events will begin on Thursday, May 9. Please refer to Section 4 of the participant manual for the complete schedule of events.

Parking. All Teams, spectators and media will park in the O'Brien parking lot or J lot located adjacent to Grant Ave.

Scoring. The OVC Outdoor Track and Field Championship Meet will implement the following scoring system:

If six (6) or more institutions field a team for the championship (per gender), all events for that gender shall be scored to eight (8) places utilizing the following scoring: 10-8-6-5-4-3-2-1.

If five (5) or fewer institutions field a team for the championship (per gender), all events for that gender shall be scored to six (6) places utilizing the following scoring: 10-8-6-4-2-1. (*amended 2/8/2012*)

Events

High Jump	Discus
Long Jump	Shot Put
Javelin	Hammer Throw
Triple Jump	Pole Vault
4 x 400-M Relay	3,000-M Steeplechase
110-M Hurdles (M)	100-M Hurdles (W)
5,000-M Run	200-M Dash
400-M Dash	800-M Run
100-M Dash	1,500-M Run
10,000-M Run	400-M Hurdles
4x100-M Relay	Heptathlon (W)
Decathlon (M)	

Section 8: Championship Site

Championship Site: The 2024 OVC Outdoor Track and Field Championship will take place at O'Brien Stadium on the campus of Eastern Illinois University.

Section 9: Credentials

All-Access Credentials. Three (3) All-Access Credentials will be provided for each institution's coaching staff. If any institution requires additional wristbands for coaches, please request through Katie Risewick at the OVC office. Administrators (Athletic Director, Senior Woman Administrator, etc.) and their guests will be provided with All-Access credentials upon request.

Participant Credentials. Thirty-two (32) Participant wristbands will be provided for each institution's student-athletes, managers, trainers, etc.

Team Entrance. All teams participating in the 2024 OVC Outdoor Track and Field Championship will enter from the gate on the south side of the main grandstand.

Team Seating and Coaches' Area. Team camp areas will be designated in the bleachers of the main grandstand. Camps can also be set up in the grass tailgate area or inside the indoor field house. Only meet officials and participants are permitted in the competition areas. Coaches must remain in their designated areas during all events. The primary warm up area is located in the indoor field house or in grass area adjacent to the javelin runway.

Hospitality Area. Coaches, staff, and volunteer hospitality area will be available in the tented area at the SE corner of the stadium.

Media Credentials. All working media will be provided with an appropriate credential with access to media areas including the hospitality room upon request. Media credentials can be requested through the Eastern Illinois University Communications Office.

Section 10: Facility Amenities

Restrooms. Spectator restrooms are available inside Gate 1 at the stadium. Participants may utilize the concourse bathrooms or portable restrooms near the team camps.

Concessions. Concessions will be sold inside Gate 1 at the stadium.

Stadium Lights. Lights will be on and active as needed during the championship.

Laundry. Laundry facilities are available upon request. \$30 per load. Cash only.

Section 11: Entry Procedures

Entry Deadline. The entry deadline is **Tuesday, May 7th by 4:00 p.m. CT.**

Final Declarations. Flights and heating shall be done by the fully automatic timing crew hired to run the track and field meet. The final entries shall include all athletes in all events for all days of competition. No additions can be made after the Tuesday deadline. Each institution may declare no more than four (4) athletes in individual events, no more than three (3) in the multi-events and no more than one (1) relay team. (Note: declarations of the relay team can include up to eight (8) potential athletes until the relay

card is turned in). Any athlete who is declared or qualifies for an event must compete or he/she will be disqualified from subsequent events in the meet.

Seed Marks. Coaches shall list their athlete's best performance from this outdoor season as it appears on the TFRRS performance lists for the purpose of seeding. Any seed marks NOT listed on the TFRRS performance list will not be considered without verification. (*amended 2/8/2012*)

Heat Sheets. Heat sheet will be distributed at the coaches' meeting.

Section 12: Heat, Flights, Qualifying Procedures and Stagers

Track Events. Electronic timing and photos shall be official. Official pictures under protest will be viewed only by the referee. The jury and the coach involved in the protest may view the pictures with the referee's consent. Eight (8) athletes will qualify for finals in all events with preliminaries. The number of finalists shall be determined by the number of lanes available within a minimum of five. Some races will be run in two heats against time, slowest heat first (balanced or slow-fast).

Non-Scoring Competitors. Competitors from non-sponsored sports will not be allowed to compete in the OVC indoor and outdoor track and field championships (*adopted 3/4/05 per the OVC Directors of Athletics 8/4/04*).

Procedures. NCAA outdoor track and field heating, flighting and qualifying procedures shall be followed for all events, with the following conference addendums (*amended 2/2014*):

Mile (indoor) and 1500 meters (outdoor)

- a. The mile and 1500 meters shall be run as finals only. If 15 or fewer competitors report, the event shall be run as a single race final. If more than 15 competitors report, then 12 competitors shall run in the fast section and the remainder of the entries (up to 15) shall run in the slow section. If more than 27 competitors report, then 12 shall run in the fast section, 12 shall run in the next fastest section, and the remainder shall run in 3rd section. Heats will be run slow section to fast section. Heats will be adjusted if necessary after competitors check-in.

15 or fewer	1 heat
16-27	2 heats 12 in fast section, up to 15 in slow section
28+	3 heats

- b. If 15 or fewer competitors report, the event shall be run as a single race final **on the last day of competition**. If more than 15 competitors report, then run prelims to qualify 12 to the finals. If 16-27 report, run 2 sections qualifying top 5 per heat, plus next 2 fastest times. If 28-39 report, run 3 sections qualifying top 3 per heat, plus next 3 fastest times. If over 39 report, run 4 heats qualifying top 2 per heat, plus next 4 fastest times. Seeding for sections are serpentine with random heat order and random lane position.

15 or fewer	1 heat as final
16-27	2 heats
28-39	3 heats

39+ 4 heats

3000 meters (indoor), 5000 meters (indoor) and 3000 steeplechase (outdoor)

- a. The 3000 meters and 5000 meters (indoor) and 3000 steeplechase shall be run as finals only. If 18 or fewer competitors report, the event shall be run as a single race final. If more than 18 competitors report, then 14 competitors shall run in the fast section and the remainder of the entries shall run in the slow section. Heats will be adjusted if necessary after competitors check-in.

18 or fewer 1 heat

19+ 2 heats 14 in fast section and all others in 2nd section

5000 meters (outdoor)

- a. The 5000 meters shall be run as finals only with only one heat regardless of number of entries.

10000 meters (outdoor)

- a. The 10000 meters shall be run in one heat as finals only.

Pole Vault and High Jump:

- a. The Games Committee shall determine the starting heights/minimum heights utilizing the current national TFRRS lists and present for review to the head coaches at the pre-championship meeting Wednesday evening.

Section 13: Hospitality

Administration. Each school’s administrator will be given an All-Access pass for the championship upon request.

Media. Members of the Media will receive a media credential for the championship upon request. Media credentials can be requested through Associate AD for Media Relations – Rich Moser rlmoser@eiu.edu.

Hospitality Tent. Coaches, staff, and volunteer hospitality area will be available in the tented area at the SE corner of the stadium. Lunch and Dinner will be available Thursday and Friday. Lunch only on Saturday. Meal times will be posted. Credentials are required to gain access to the hospitality area.

Section 14: Inclement Weather Policy

Published start times on days one and two of the championship shall be followed unless delayed by weather (no event shall start earlier than published unless due to weather concerns). Day two start times may also be revised in the instance where weather has postponed events from the previous day and those events must now be accommodated by the day two schedule. In the instance where day one events must be run on day two, the following guidelines should be adhered to:

- a. The integrity of the order of events shall be maintained, with an allowance for some flexibility based upon the host institution's facilities.
- b. Any track events not completed on day one will be run as heats against time. Should an event from day one be postponed after it has already begun, the heats will be reseeded for the following day.
- c. The 10,000 meter run will be scheduled in the late evening on day one.

Additionally, no event shall begin after 10:30 p.m. local time on day one of the Outdoor Track and Field Championship.

Section 15: Lodging

Team Lodging. The host institution has recommended housing for the championship at selected properties throughout the area. The visiting teams are NOT required to stay at those properties. Each team is responsible for making its own reservations, and is also responsible for all hotel costs (see Appendix Section C).

Section 16: Medical/Training Room Information

Medical/Training Tent. Athletic Training area with tables will be located in the large tent at SE corner of the stadium. Teams traveling without a certified AT should communicate with Jim Nave, jmnave@eiu.edu prior to the event.

Section 17: Official Travel Party/Squad Limitation

Travel Party List. All participating institutions must complete and submit the official travel party list (Appendix Section E) to the Conference office no later than **Thursday, May 2, 2024, at 12:00 noon CT.** This list should include all eligible student-athletes, coaches, managers, athletic trainers and support staff.

Section 18: Participant Gift

Participant Gift. Each participating student-athlete in an Ohio Valley Conference championship shall receive a commemorative memento from the conference office.

Section 19: Protests

Protests. There shall be a protest table with an official present at all times. Protest forms will be made available for this purpose. All protests will be made and handled in accordance with the NCAA Track and Field Rules, which spell out this procedure. A fee of \$25 collectable at the time the protest is filed shall be assessed for all protests, with the fee refunded if the appeal is successful. (*Revised 7/4/05*)

Section 20: Responsibilities of Participating Teams

Pre-Championship Meeting. There will be a mandatory pre-championship meeting of participating coaches, available officials, athletic trainers and OVC staff. This meeting will take place on **Wednesday, May 8 at 6:00 p.m.** in the Lantz Club Room.

Uniform. Each institution's athletes will wear only the university's official equipment (warm-ups and competition equipment) as covered in the OVC Rules. Extra equipment, hats, etc., will be allowed only if reasonable and causing no objections from other competing student-athletes and their coaches.

Contestant Numbers. Eastern Illinois will provide contestants hip numbers.

Post Championship Survey. Championship participants (coaches, student-athletes, and administrators) are encouraged to complete the online OVC Post Championship Evaluation following the event. Instructions will be emailed to coaches the week of the championship.

Section 21: Sports Information Procedures

Results. Results will be emailed to each school's SID at the conclusion of each day. Printouts will be available in the press box following various events, and live results will be posted available throughout the meet.

Section 22: Sportsmanship

The Ohio Valley Conference requires officials to enforce all rules regarding unsportsmanlike conduct by coaches and student-athletes. There will be no tolerance of negative statements or actions between opposing teams, including verbal abuse, physical abuse, taunting or baiting. If such comments or behavior is observed, a penalty will be immediately assessed. If any coach protests an unsportsmanlike penalty, he/she will be ejected from the contest. We have been instructed not to issue warnings during the competition. It is strongly suggested that you remind your participants of this policy.

It is expected that institutional administrators create an environment of hospitality for visiting teams. Ohio Valley Conference administrators must develop the attitude that the treatment of a visiting team and its fans will be in a fair and equitable manner.

Section 23: Ticket Policies

Ticket Prices. All Session - \$25, Single Day - \$10. Tickets can be purchased at Gate 1.

Team Credentials. Credentials will be provided to teams at the coaches' meeting.

All access wristbands will be provided to each coaching staff.

Athletes not competing in the event on the track will not be permitted inside the track.

Athletes not competing will not be allowed on the infield.

Spectator Areas. Seating will be available in the stands of O'Brien Stadium. There is no field access to or from the stands.

Section 24: Transportation and Parking Procedures

Team Parking. Busses and vans will be parked in the lot of O'Brien Stadium or the J lot adjacent to Grant Ave.

Spectator Parking. Spectator parking is available in the large O'Brien lot or the J lot adjacent to Grant Ave.

Section 25: Video

Web Content. The 2024 OVC Outdoor Track and Field Championship will be streamed live via ESPN+.

Section A: Campus Map

Link to Campus Map <http://www.eiu.edu/map/>

GPS Address: Division Street & Grant Ave, Charleston, IL 61920

EASTERN ILLINOIS UNIVERSITY

CAMPUS MAP

ILLINOIS ROUTE 16 LINCOLN AVENUE

RESIDENTIAL
ACADEMIC/ADMINISTRATIVE

1. Old Main
2. Pemberton Hall
3. Blair Hall
4. Multicultural Center
5. Burl Ives Art Studio Hall
6. Student Services
7. Physical Science
8. McAfee Gym
9. Martin Luther King Jr. University Union
10. University Police Department
11. Doudna Fine Arts Center
12. Commemorative Courtyard
13. Ford Hall
14. Gregg Triad
15. McKinney Hall
16. Booth Library
17. Waller Hall
18. Life Science
19. H.F. Thut Greenhouse
20. Buzzard Hall
21. Greenwood School
22. Tarble Arts Center
23. Klehm Hall
24. Lumpkin Hall
25. Coleman Hall
26. Taylor Hall
27. Human Services
28. Lawson Hall
29. Andrews Hall
30. Thomas Hall
31. University Court
32. Ninth Street Hall
33. Greek Court
34. Dr. Louis M. Grado Textbook Rental Building
35. Renewable Energy Center
36. Center for Clean Energy Research & Education
37. University Apartments
38. Observatory
39. Lincoln/Stevenson/Powell-Norton Halls
40. Student Recreation Center
41. Lantz Arena
42. O'Brien Field
43. Darling Tennis Courts
44. Lakeside Field
45. Coaches Stadium - Monier Field
46. Campus Pond
47. Williams Field
48. Campus Pavilion
49. Disc Golf Course
50. Intramural Fields
51. Panther Trail Building
52. Booth House
53. Linder House
54. Brainard House
55. Physical Plant
NQ: North Quad
LQ: Library Quad
SQ: South Quad

SIGN UP FOR A VISIT! EIU.EDU/VISIT

@eiu eiu iameiu



Campus Map and Directions

Directions from the North of Charleston on I-57 (Chicago, IL)

Take I-57 South to Exit 190 for Hwy 16. You will take the second exit to your right and the exit will merge you onto Hwy 16 heading east towards Charleston. Charleston is approximately 7-8 miles from I-57. You will go through a series of stoplights once you enter Charleston. You will take a right onto Division St, which leads you straight to O'Brien Stadium.

Directions from the South on I-57 (Mt. Vernon, IL)

Take I-57 North to Exit 190 for Hwy 16. You will take the first exit to your right and the exit will merge you onto Hwy 16 heading east towards Charleston. Charleston is approximately 7-8 miles from I-57. You will go through a series of stoplights once you enter Charleston. You will take a right onto Division St, which leads you straight to O'Brien Stadium.

Directions from the East on I-70 (Indianapolis, IN)

Take I-70 West from Indianapolis towards Terre Haute, IN and St. Louis, MO.

At Greenup, IL you will take Exit 119 for Hwy 130 north to Charleston. As you exit I-70, you will come to a stop sign, turn right at the stop sign onto Hwy 130 North.

The first stoplight in Charleston is Lincoln Ave/ Hwy 16. Take a left to drive to campus. Take a left on 4th Street and a right at Grant Ave. O'Brien Stadium will be on left.

Directions from the West on I-70 (St. Louis, MO)

Take I-70 East to Effingham, Illinois. South of Effingham, I-70 East will merge with I-57 North. North of Effingham, you will follow I-57 North to Chicago (take an exit from left lane). Continue on I-57 North until Exit 190 for Hwy 16 in Mattoon, IL. You will take the first exit to your right and the exit will merge you onto Hwy 16 heading east towards Charleston. Charleston is approximately 7-8 miles from I-57. You will go through a series of stoplights once you enter Charleston. You will take a right onto Division St, which leads you straight to O'Brien Stadium.

Hotel & Restaurant List

A list of hotels and restaurants is provided in the EIU Visiting Team Guide (Page 7) that is available online at the following link:

https://eiu_ftp.sidearmsports.com/custompages/eiu_visitors-guide.pdf



**OHIO VALLEY CONFERENCE OUTDOOR TRACK AND FIELD CHAMPIONSHIP
OFFICIAL TRAVEL PARTY AND ELIGIBILITY LIST**

INSTITUTION:

MEN:

WOMEN:

Each participating team may be provided passes limited to each member of the official travel party. These passes are not transferable.

PARTICIPANT GIFTS/AWARDS: 35 participant gifts will be provided to the entire championship travel party. Only members of the official travel party listed below will be announced and presented with an individual championship award (35 medallions) during the awards ceremony.

IN ALPHABETICAL ORDER, PLEASE LIST THE 30 STUDENT-ATHLETES

NAME (First & Last)

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28.	
29.	
30.	

NAME (First & Last)

AFFILIATION (e.g. Coach, Manager, ATC)

31..		
32.		
33.		
34.		
35.		

Affirmation of Eligibility: By signing below, I acknowledge the above student-athletes' eligibility for participation in this OVC championship have been certified per applicable NCAA, OVC, and institutional rules. (Compliance officer or FAR may type their name or print, sign and scan signature)

Head Coach's Cell:

Date form was completed:

FAR or Senior Compliance Officer:

PLEASE TYPE AND RETURN THIS FORM TO KATIE RISEWICK, OVC OFFICE,
EMAIL KRISEWICK@OVC.ORG

**OHIO VALLEY CONFERENCE
Outdoor TRACK & FIELD CHAMPIONSHIP
PROTEST FORM**

Date _____ Heat _____ Flight _____

Event _____ Time of Protest _____

Student-Athlete _____

Number _____ Institution _____

Describe circumstances fully:

Coach's Signature

Referee's Decision:

Referee's Signature