



***Palmetto Classic
Friday, March 11, 2010
Park West, Mt. Pleasant, SC
Co-Hosted by the College of Charleston and The Citadel***

Eligibility: NCAA, open men and women, unattached. High school athletes will not be allowed to compete.

Entry Fee:

\$150 per gender, \$300 for both men's and women's teams. Teams are defined as 14 or more athlete per gender. Unattached and teams with less than 14 are \$20.00 per individual. No entry limits. Entry fees are non-refundable.

Make Checks Payable To:

The Citadel, track and field. Payment is due at packet pick-up.

Entries:

Entries will be handled by Cleon Fowler at www.cfpitiming.com. Entries will open February 28 and close March 8, 2011 at midnight. No changes will be allowed the day of the meet.

Opening heights:

Opening heights will be determined at the event site.

Jumps and Field Events:

Four attempts each, no finals. All attempts will be measured.

Check-ins:

Check in at least 30 minutes before the event.

Warm-up area:

The infield of the track will be available for warm ups.

Results:

Results will be posted.

Facilities:

Restrooms are available in the gym. No showers or locker rooms will be available.

Implements:

All teams must provide their own implements, ie, shots, hammers, javelins, etc.

Parking:

Ample parking is available around the track and adjacent fields.

Trainers:

Trainers will be available for minimal assistance, ice bags and fluids.

Directions:

From the North: Take Hwy. 17 South, as you approach Mt. Pleasant you will pass through the intersection for Wando high school (Faison Rd.). The next light will be the entrance to Park West, turn right into Park West and enter the circle, exiting on the opposite side. Take the fourth entrance on the left, Recreation Drive and go straight back you will see the track. Cario middle school will be on the left and it will be the next left.

From the South: Take Hwy. 17 North, go over the Cooper River bridge (the BIG one) and continue towards Myrtle Beach. You will pass Hwy. 41, you will come to a traffic light and see the entrance to Ivy Hall on the left and a Super WalMart on the right, it will be the next traffic light. Turn left into Park West and enter the circle, exiting on the opposite side. Take the fourth entrance on the left, Recreation Drive and go straight back you will see the track. Cario middle school will be on the left and it will be the next left.

From the West: Take I-26 East, then take I-526 towards Mt. Pleasant. You will cross two large bridges and continue to Hwy. 17, North towards Myrtle Beach, left at the traffic light. You will pass Hwy. 41, you will come to a traffic light and see the entrance to Ivy Hall on the left and a Super WalMart on the right, it will be the next traffic light. Turn left into Park West and enter the circle, exiting on the opposite side. Take the fourth entrance on the left, Recreation Drive and go straight back you will see the track. Cario middle school will be on the left and it will be the next left.

