NORTHWESTERN STATE UNIVERSITY

DEMON TRACK AND FIELD

Head Coach **Mike Heimerman** 318-357-4030
Assistant Coaches **Wes Miller** 318-357-4472**, Chad Leath** 318-357-4290, **Nathanial McReynolds** 318-357-4472
www.nsudemons.com * Athletic Fieldhouse * Natchitoches, LA 71497 * FAX 318-357-4221

NSU Pre –Conference Cross Country Meet

Place: Northwestern State University Recreation Complex

Date: Monday, October 6, 2014

Race Times: 4:00 p.m. – Women
4:45 p.m. – Men

Distance: Women: 6K
Men: 8K

Course: NSU Golf Course; Flat with some rolling hills; All-grass course

Entry Fee: $50.00 per team or $100.00 per school (unlimited entries)
(Entries must be made through www.DirectAthletics.com)

Entry Deadline: Thursday, October 2, 5:00 p.m.

For more information or questions,

Contact Coach Nathanial McReynolds

318-357-4472 (office)

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