



Eastern Michigan University Triangular Meet vs. UDM and Oakland

Friday, 1/10/14 @ Bowen Fieldhouse

Field Events

- 4:00 PM Men's Weight Throw (Women to follow)
 Men's Pole Vault
- 5:30 PM Men's and Women's Long Jump (Triple Jump to follow; Men on North Pit; Women on South Pit)
 Men's Shot Put (after WT; Women to follow)
 Women's Pole Vault (after Men's PV)
- 6:00 PM Men's High Jump (Women to follow)

Running Events (Rolling; Men first)

- 6:00 PM Mile
- 6:20 PM 60m High Hurdles
- 6:50 PM 400m
- 7:10 PM 60m
- 7:30 PM 800m
- 7:40 PM 200m
- 8:00 PM 3000m
- 8:30 PM 1600m Relay

Meet Scoring:

Individual: 7-5-4-3-2-1

Relay: 7-5-4