

# 2016 Rebel Invite

**Date:** Friday, September 9<sup>th</sup>, 2016

**Time:** 7:00 PM: Women's 5k  
7:30 PM: Men's 6k

*The course will open for inspection and warm-ups at 5:00 PM.*

**Location:** FNC Park – 328 Old Sardis Rd, Oxford, MS 38655

**Course:** Flat and fast course that is a mixture of both grass and dirt. The course starts and finishes on soccer fields, and includes a long loop around adjacent farmland.

**Teams:** Ole Miss (M & W)  
SE Missouri (M & W)  
Jackson State (M & W)  
Southern Miss (W)

**Entries:** Unlimited entries allowed – all entries will be done on **Direct Athletics**, and are due by Tuesday, September 6<sup>th</sup> @ 12 Noon. Entry lists will be emailed to all participating teams by Wednesday, September 7<sup>th</sup>.

**Packets:** Packet pick-up will be offered on-site at the course starting at 5:00 PM on race day.

**Timing:** The race will be timed using chips – please ensure all chips are returned to CFPI Timing before leaving the meet.

**Medical:** Ole Miss athletic trainers and team doctor will be on-site during competition. The medical area will be set-up by the finish line.

**Results:** Results will be posted after the conclusion of the competition by the finish line area. Results will also be available online at <http://www.cfpitiming.com> and <http://www.olemisssports.com>.

**Questions:** Please contact Coach Ryan Vanhoy at (662)-816-1247 or [rvanhoy@olemiss.edu](mailto:rvanhoy@olemiss.edu).

**Course Map:** See attached.



## Women's 5k



- 1) The start line is by the green marker on map. The runners will run straight out and head into the loop (clock-wise).
- 2) After completing the loop twice, runners will exit left at the end of the loop and head back onto the soccer fields, heading straight to the finish (red marker).

Start Line to Loop: 437m

Loop Distance: 2162.5m (completed twice)

Loop End to Finish: 238m



## Men's 6k



- 1) The start line is by the green marker on map. The runners will run straight out and head into the loop (clock-wise).
- 2) After completing the loop twice, runners will exit left at the end of the loop and head back onto the soccer fields to complete a finishing loop.
- 3) The finishing loop circles the fields and turns back into a straightaway at the finish (red marker).

Start Line to Loop: 437m

Loop Distance: 2162.5m (completed twice)

Finishing Loop: 1238m

