

Updated 3/12/2026 12:00pm

Cowboy Relays Meet Schedule

Field Events

9:00 AM	Hammer	Men	Trials & Finals (East of football stadium)
10:30 AM	Hammer	Women	Trials & Finals (East of football stadium)
10:30 AM	Javelin	Women	Trials & Finals (Inside track)
12:00 PM	Javelin	Men	Trials & Finals (Inside track)
11:00 AM	Long Jump	Women	Trials & Finals
1:00 PM	Triple Jump	Women	Trials & Finals
11:00 AM	Long Jump	Men	Trials & Finals
1:00 PM	Triple Jump	Men	Trials & Finals
12:00 PM	Shot Put	Men	Trials & Finals
1:30 PM	Shot Put	Women	Trials & Finals
11:00 AM	Pole Vault	Women	Final
1:00 PM	Pole Vault	Men	Final
2:00 PM	Discus	Men	Trials & Finals
To Follow Men	Discus	Women	Trials & Finals
1:30 PM	High Jump	Women	Final
2:45 PM	High Jump	Men	Final

Running Events

12:00 PM	National Anthem	
12:10 PM	2000mSC	W then M
12:40 PM	4x200m relay	W then M
12:55 PM	4x800m relay	W then M
1:20 PM	400m Hurdles	W then M
1:40 PM	4x100m	W then M
2:15 PM	3000m	W then M
2:25 PM	100m	W then M
2:55 PM	Sprint Medley (2,2,4,8)	W then M
3:15 PM	100m Hurdles	W
3:30 PM	110m Hurdles	M
3:45 PM	1500m	W then M
4:15 PM	Senior Presentation	
4:45 PM	4x400m relay	W then M

**Men's Discus will start warmup as soon as Women's Javelin is complete*

**A Tentative Schedule will be released before the meet*

**Schedule is subject to change.*